



Saints Times



Volume 1 | September - December | 2016-17

A Message from The Principal : Mr. Paul Asir Joseph

My Dear Parents,

I write to you with much joy and pride as we are so close to saying farewell to 2016. It has indeed been a packed three and a half months at St. Mary's Catholic High School , Dubai and as days quickly pass the children leave us in total wonderment at their capacity to be highly driven and energetic. We have a lot to learn from them too and I therefore invite you to read on what started as simple student suggestions to have a newsletter to share with their parents glimpses of their life at school. I would like to thank all those who have worked on the newsletter and offer them our encouragement and support for subsequent issues.



In keeping with our theme for this year, 'Make Happiness Happen', we at St. Mary's are making every effort to ensure that learning is fun and that every child enjoys coming to their 'home away from home.' I would like to thank each and every one from the Saint Mary's Community - Staff, Students and Parents for their positivity and support for all our initiatives. As you all know our school will be inspected by the DSIB from the 9th to the 12th of January 2017 and the

children will be the best ambassadors for their school during the inspection.

Christmas is my favourite time of the year. The bright lights and tinsel that decorate the Christmas tree are reflected in the young ones' excited and expectant eyes. The rest of us choose perhaps to remember the magic of our own childhood days while focusing on how to best use the spirit of the season to remain in harmony and peace with one another.

This is a joyous time, a time for reflection, a time to celebrate the achievements of our children and a time to be hopeful for a year ahead that will be filled with endless opportunities for learning and for them to showcase their many talents.

I wish you all Seasons' Greetings , Merry Christmas and a very Happy New Year !

*Mr. Paul Asir Joseph
(Principal)*



Green Hope Conference

It was a sunny Saturday , the 3rd of September 2016, when I woke up feeling excited ...I was going to represent my school at the “Peace and Sustainability” workshop that was being conducted by the Green Hope organization.

I met my friends Shania, Jessica, Izza and Kushali at the Apple International School where we registered ourselves with the volunteers – who like us – were students as well.



We were given t-shirts to wear and guided to the hall. It was there that I realized that we were going to be part of something important.

We were introduced to the Founder of the Green Hope Organization - Kehkashan Basu – she highlighted an important message - that by ending poverty, protecting the planet and ensuring that money is shared by all, we can contribute to global peace and harmony.

The workshop began with a Peace song composed and performed by the Green Hope team after which there were interactive presentations and discussions.

Shania and myself were grouped with 5 other students from the North American School and Apple International School – we discussed and presented our views on the need for equal rights for men and women that can help bring about prosperity and peace.....it felt good to have my views heard and even better to be able to speak on stage about it. We may have been the youngest members of the team but we had a lot to say!

This was followed by a painting competition to convey the theme of Peace and Sustainability - our friends Jessica and Izza's team presented a painting that got the 3rd prize!

By the end of it, we had learned so much as we realized that we too had the responsibility to spread awareness amongst children and youth about the need for peace to help save the environment.

I will always be grateful to my school for the opportunity given to me to be a part of this workshop and I hope that like Kehkashan, I too can make this world a better place with small but meaningful efforts.



Isha Vaidya (Year 7A)

Saint Mary's Welcomes in New Admission Students

As the new scholastic year 2016- 2017 was ushered in, Saint Mary's warmly welcomed new students into their nest. As they settle into a different atmosphere, we decided to ask them how their experience at school was so far.

Saint Mary's Catholic High School, once again warmly welcomes:

- Eryn, Year 12
- Bianca D'souza, Year 10
- Tamanna Raje, Year 10
- Walsh D'costa, Year 5
- Saiesha D'souza, Year 2

Q1) What was your first impression of Saint Mary's?

Eryn: To me, Saint Mary's always seemed like a calm and peaceful place with a lot of respected people.

Bianca: The first day I walked into school, I thought I would be intimidated by the people and their already strong built friendships. However everyone here at Saint Mary's had a friendly and welcoming nature, including the teachers.

Tamanna: My first impression of Saint Mary's was that, it took academics very seriously and the students it taught were especially smart.

Walsh: My first day at school was very interesting, because I met new students and teachers. I went around checking various places in school and also met many old friends.

Saiesha: My first day at school was fun, met new friends.

Q2) How are the people in Saint Mary's?

Eryn: The people in Saint Mary's are some of the friendliest people I have ever met! They have a lot of talent and enthusiasm, which often tends to make my day amazing. The best part is that they have taken me in as their own and have helped me settle in. Most news students take a while to fit into their new school, whilst it took me only a few seconds to feel right at home.

Bianca: The people at Saint Mary's are quite outspoken and easy to converse with. It wasn't a hard time getting comfortable with everyone here; they were also pretty helpful getting around.

Tamanna: The people at Saint Mary's are kind, helpful and fun to be with!

Walsh: My classmates are very helpful! They made me feel at home. We had fun during P.E and break!

Saiesha: They play and talk with me

Q3) Is school something you look forward to everyday?

Eryn: In my opinion, school is really fun even though it can be stressful at times, but it is a really productive place; learning new things and becoming more creative together with your friends! When I'm at home, I get lazy and mope around all day. So yes, I do look forward to going to school every day.

Bianca: School is in fact something I look forward to everyday, but that's not until I get up in the morning.

Tamanna: Yes, personally school is something I look forward to almost every day.

Walsh: I enjoy coming to school to study, play and make friends. I also enjoy music and art & craft!

Saiesha: Yes, I enjoy coming to school!

Q4) What do you like about Saint Mary's that wasn't at your old school?

Eryn: In my old school the environment was a typical UAE weather, with its heat and sand, whilst Saint Mary's has a much greener environment, which is quite refreshing to look at! It is pretty relaxing to sit outside, surrounded by greenery, which makes studying or doing work much easier.

Bianca: In my old school we did not have lockers or zip-up hoodies. Activity periods too, were cancelled for us.

Tamanna: What I like about Saint Mary's is that it takes its academics very seriously.

Q5) Describe Saint Mary's in one word.

Eryn: FUN!

Bianca: Interesting

Tamanna: Amazing!

Walsh: Enriching

Saiesha: Awesome!

ANNUAL VICARIATE CONFERENCE

On the 8th of October 2016, Teachers of the Saint Mary's Group of Schools from around the U.A.E. gathered at St. Mary's Catholic High School Dubai for the Annual Vicariate Conference. This was to ensure that all teachers refreshed necessary skills to enlighten the young minds they educate.



The teachers were required to register into their respective batches that served as individual workshops throughout the day. The day's event reversed the roles of the volunteering students in which they marked the attendance of the teachers, while assisting them in navigating through the maze of unfamiliar corridors.

Along the way, a few obstacles were encountered such as the late arrival of teachers at St. Mary's Fujairah, some qualms about which batch the teachers would fall into and a rather hilarious experience of watching teachers ask if they could be put in the same batch as their colleagues, much like us students. The rest of the day passed smoothly with the teachers reliving their youth life of being a student.

As the saying goes,

"In teaching, we learn and in learning, we teach."



Christina, Shehani and Annryca

A VISIT FROM THE SISTERS
OF ST. JOSEPH CHAMBERY -
20TH OCTOBER 2016





BE GRATEFUL

Our school has prepared several ways to serve our community: preparing packs of goods, delivering these goods to labour camps, assisting in the jumble sale and cleaning the cemetery.



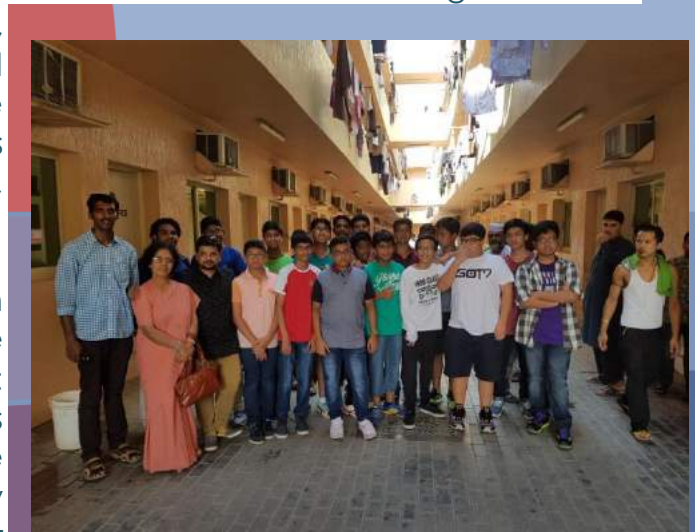
All these are great experiences for us, the students-particularly the delivery of goods to the labour camp. There is no doubt that each activity helps the community; but only this one is where you can interact, see the happiness you make them feel, and see how others' living conditions are.

As people living in a rich country, experiencing all the luxuries of the modern world, we tend to live very fast paced lives. Too fast to appreciate anything. We also tend to want things which are the 'newest', 'latest', and 'greatest', want things we don't already have-just to fit in with the society.

I heard this once in a priest's homily: "I once remembered when I was frustrated when I didn't get shoes, then I saw someone who doesn't even have feet."

These people, who live in around five in a room, live in such different living conditions as we do. To the eyes of the outside world, Dubai is synonymous with comfort, riches and luxuries. It's because they don't get to see the other side of Dubai. To these labourers, UAE is their only source of their families' money, happiness and their only source of living.

Questions from my fellow classmates even spark up a stronger contrast between these standards of living. Even the silliest question: "Do you guys have a swimming pool?" shows how big skyscrapers and attractions obscure these labour camps and make the society oblivious to the fact that Dubai isn't all about extravagance.



Although, through this act of offering workers basic goods (rice, oil, toothpaste, tea, lentils, sugar, etc.), we light up their faces. Seeing this is more than enough to make our day to see how our trip to their homes and the simple things like giving them these bags (which our school had prepared) has given their lives happiness and the sense of friendship and love even when their loved ones are far away from them.

Anthony, Year 9B

MATHALON-2016



Mathematics. To me, it's the root of all the subjects that we study. Math has been the fundamental push behind the enhancement of each and every subject that exists. With our increase in ability to solve more and more complex algebraic problems, our understanding of science and how the world works was enhanced without doubt. Hence, when we were told about a competition in math which allows us to solve interactive problems, we could hardly contain our excitement.

Mathalon was a math quiz competition organized by the Faculty of Computer Science and Engineering of the University of Wollongong in Dubai, on 15th of October, 2016. It was a national competition with schools from all over UAE participating and it also offers a brilliant opportunity for pupils from across the country to meet each other, talk to other math enthusiasts and understand more about their own abilities by competing against each other. It has been conducted since 2006 and aims to bring students under one roof where they can test their skills, meet new friends, and compete in a healthy environment. Furthermore, the competition is an enjoyable way to promote the uptake and application of mathematics amongst school children.

From our school, six students from Year 13 participated in the competition, and we were divided into three groups of two people each: Taslim, me, Eyosyas and Neomi, and Shania and Samiksha. Now about the competition, it wasn't as easy as expected. The time! Solving 24 sums in an hour is not a simple task. However it was interactive, and we managed to crack the code for quite a few. But it was not enough, as we ended up in 5th position. It wasn't a bad result and we were awarded the top 10 participating schools award and Mr. Warren, our coach, was in the top 10 coach's award. However, it was only later that we realized that three questions were right in our grasp, but we just couldn't get the answer during the quiz. So close, yet so far.

On the whole however, it was a great learning curve for the six of us. We were exposed to and posed questions which we wouldn't otherwise have come across and it was a great experience. We met quite a few former St. Mary's students and we were in fact given a campus tour by one of them as well. It was a truly pleasant experience getting to know the surroundings and how university life is like. Not to forget, we also had an extraordinary buffet after the competition was over, especially the kebabs, out of this world. After that, all of us, along with the other competitors, enjoyed a fun team building workshop with the Dubai Drums Entertainment group, led by a very enthusiastic, fun-loving man who got the whole crowd's attention with no time at all. It was a great opportunity to take our minds off math and to just relax. After that, the results were announced and we later went home to a well-deserved rest.

Ebbin Binny (A-Levels, Year 13)

Prefect Investiture Ceremony - 2016



On the 16th of October, a hundred of our senior students were given the title of Senior Prefect of Saint Mary's Catholic School, for the academic year of 2016 to 2017.

The solemn entrance of the students from both Year 11 and 12 commenced the reverent ceremony of badging the selected Prefects, Sports Captains, Assistants, and the Head boy and Head girl. The Head Girl Rose Jose and the Head Boy Kyle D'Souza confirmed their positions through the traditional oath, while holding the school flag, in which they promised to satisfy the responsibilities in leading the school whole-heartedly; willingly accepting the authority and duty of inspiring and motivating each and every student

In order to help the chosen prefects dedicate themselves to their given tasks, our Assistant Head Girls – Marisha Perera and Shania Fernandes – and Assistant Head Boys - Harish Manoharan and Rohan D'Souza – swore their newly-elected positions to ensure aid was given to prefects in their times of need.



The Sports' Captains too followed the badging and oath-taking ceremony, promising to utilize their leadership qualities and determination to bring out the best of abilities within their Houses.



The 'Immortal' Phoenix is led by Captains, Rishika Fernando and Anishka George, along with the assistance of the Vice Captains Ernest and Nicole Pinto, with a united sense of unwavering pride.

The 'Legendary' Gryffon had its flag held high by the Captains Bonnaventure Travasso and Samantha Cosio, who carry out their duties with the undivided assistance of Vice Captains, Vihan and Shehani Siripala.



Haseeb Ahmed and Reanisa Mendonca submitted themselves to honour the 'Swift Pegasus' along with Vice

Captains, Lance Fernandes and Charlene Dharmai, who actively partake in building a stronger reputation. Finally the 'Magical and Peaceful' Unicorn celebrated its Captains, Colin Pereira and Christina Lawrence, who alongside, Vice Captains Mahishan Salgadoe and Mahima Ahsan aim to honour the House name.

After this prestigious commemoration, the remaining prefects raised their hands to act with integrity, obedience, selflessness and responsibility. As they did so, they accepted the power and authority to satisfy what was expected of their title.

Once done, our Head Girl Rose Jose delivered a truly mesmerising and deeply powerful message that resonated strongly in the hearts of every student present; in which we decided to better ourselves and help others while doing so. Our Head Boy proceeded to deliver a comical yet motivating speech that emphasized on the duty of the Prefects, meanwhile quoting the 'Legendary Optimus Prime' to push the leaders.

The ceremony ended as a flawless success. The seniors walked in as students and left as prefects with a heightened sense of respect for school rules, discipline and criteria that they will live up to. With this in mind, they hope to 'make happiness happen' in every aspect of the scholastic year.



Kyle D'Souza and Rose Jose

Primary Prefects Investiture Ceremony



Primary Prefects Investiture Ceremony (PPIC) of St. Mary's Catholic High School was held on 23rd October 2016 and it was the most auspicious and memorable day for me and for my school. The ceremony was graced by the honourable chief guest, Mr. John Turner, accompanied by the Senior Leadership Team. The selection was a rigorous and democratic process and was based on leadership qualities, work responsibility and personality.

After we paraded to the stage, we proudly chanted the U.A.E National Anthem, followed by the prayer which was led by Micko, the ex-Primary Captain (Boys). We then, as Captains, Vice-Captains and other Prefects pledged to be responsible and to be able to fulfil all our duties to the best of our abilities.



The chief guest for the ceremony Mr. John Turner, addressed the gathering with an inspiring and thought provoking speech then joined in a melodious tune carolled by a few of the grade 5 and 6 students. Both the captains of the Primary Section orated the speech on their reaction of being selected as Primary Captains.

We were privileged to watch the Grade 5D students performing their best to the tunes of “Closer” and we then summoned the end by a series of vote of thanks which was led by the ex-Primary Captain of the girls.

Leaders are not born, they are made. Every leader stands as an example of commitment and dedication. It is a stepping stone for us as young, dynamic Marians to commence another chapter and uphold the discipline and guard the honour of the school.



Melissa, Year 6A

Entrepreneurial Skills Development at the American College of Dubai

On Monday, the 17th October 2016, the Year 12 Business Studies students attended an “Entrepreneurial Skills Development” Programme organised by the American College of Dubai. The second rendition of the programme was established to help students develop specific skills that will later help them cope with university and life at work. The 21 students that left Saint Mary’s came back filled with innovation and confidence to embark upon a new journey of life that was yet ahead of them.

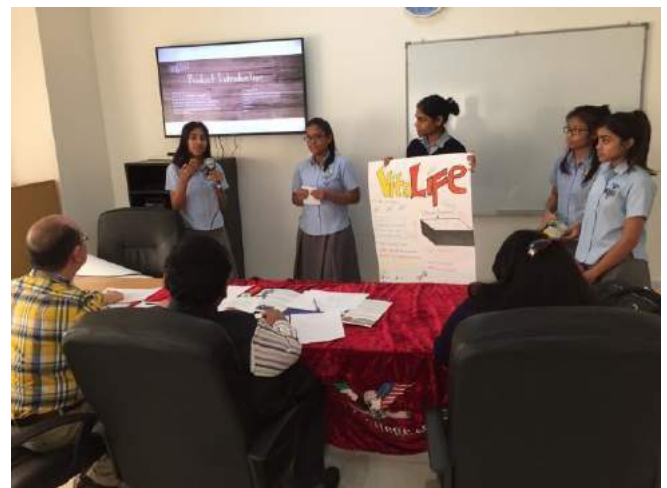
The programme started off with an introduction from the Dean of Administration and a few professors and field experts. We were then debriefed on what the programme was and what our plan for the eventful day ahead was. Following, we were then split into teams of 5 and given the topic around which we had to base our ideas on.

Each team had to design a product based on the idea “Substitute healthy drink for Adults”. Specifically, the teams had to design a prototype for the product, create a presentation on the product and craft a poster advert for the product they intended to sell. The teams had an hour and a half to complete the above tasks and then present this sales pitch to a panel of judges, that acted as potential venture capitalists.

The 2 winning teams and their respective participating students are:

1. Colin P. (Best Presenter), Sahil C., Marlon B., Nathan F., Thiranjaya W. – Winning Team
2. Nicole P. (Best Presenter), Micol D., Liz-Ann D., Julia B., Patricia D. – Runners Up

Marisha P., Reanisa M., Samantha C., Sasha D., Natasha R., Marion T., Bonnaventure T., Rose J., Mariam A., Maharu A., Clarissa D.



Marisha Perera, Colin Pereira – A-Levels (Year 12)

SKYLINE UNIVERSITY: TALENT HUNT COMPETITION DAY 1

Excited, we piled into our school bus awaiting the journey to Skyline. The one hour journey was packed with many rehearsals and last minute reviewing. Upon reaching skyline, we gulped down our nervousness, ready to face whatever came our way.



- The competition itself involved in three categories: the advertising category, where we had to design a poster and advertise a product given to us ***on the spot.***
- The other category was the new business proposition, where we had to invent a new product or service that fills in the market gap.
- The last but not least was the mobile application app, where participants had to invent an app that would be beneficial to the market. People were placed into groups of 3 and 4.

The groups were judged based on their presentation of the idea, creativity, and originality and how well they could persuade the judges.

The teams that enlisted for advertising are as follows:

- 1) **Don Edward, Hilary and Josephine Ratnayake, Alex Brijo**
- 2) **Nicole Pinto, Sasha D'sa, Anishka George**
- 3) **Ranishka Fernando, Dale Davis, Ethan Fernandes, Beenish Kidwai**
- 4) **Sahil Cardozo, Alexander John, Rykiel Pereira, Jeremy Dias**

The teams that enlisted for new business proposition are as follows:

- 1) **Karim Merchak, Harish Mano, Saaquib Merchant, Nirvan Gupta**
- 2) **Lance Fernandes, Annryca Ferrao, Kyle DSouza, Ebbin Binny**
- 3) **Reanisa Mendonca, Angela Sequeira, Marion Tolentino**

The teams that enlisted for mobile app are as follows:

- 1) **Colin Pereira, Johny Najar, Rohan Dsouza**
- 2) **LizAnn Dsouza, Sambhavi Thirupurasanthiran , Patricia Dejesus, Micol Dsouza**
- 3) **Marisha Perera , Dhanusha Sathiyaseelan, Natasha Rego, Julia Baretto**



After registering, we were assigned to rooms and awaited to be called to the stand.

Most groups finished off earlier whilst some were held back towards the end of the competition. All groups had a time constraint of 10 minutes, which was informed to us on the day itself. We could make use of presenting our models by a presentation. Lunch was provided to us at 12pm.

What we found unique about the university was that they had corridors dedicated to **legends** that brought forth innovations such as Steve Jobs and Bill Gates. This not only showed us that Skyline was a university of creativity but also a university that inspires its students to reach for the stars.

As each group went by finishing off their presentations and answering questions put forward, if the judges had any, the day came to an end.

Relieved that we had finished our work we anxiously awaited the results to be revealed at 6 pm on the day itself, on which teams would advance to the finals.

Just like how you may have noticed our school's always on time, so there wasn't much of a wait for the bus for a journey back home. We noted many other interesting attributes of the University all the while roaming its serene corridors and passing by walls of fame dedicated to hardworking students. The journey back home was an eventful one and it's a story to be told by each individual as each memory was definitely worth it.

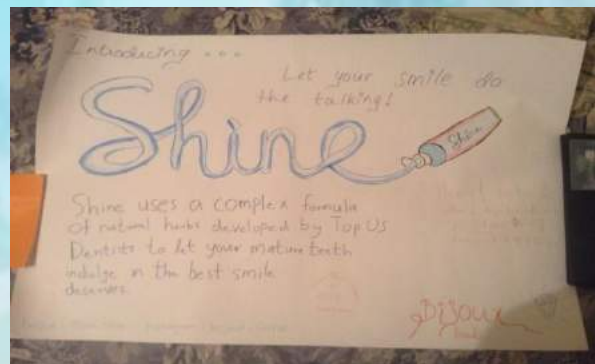


SKYLINE UNIVERSITY: TALENT HUNT COMPETITION DAY 2

After the preliminary round on the 18th of October, 2 teams representing Saint Marys Had entered the finals. One team consisting of **Don Edward, Hilary Ratnayake, Alex Brijo** and **Josephine Ratnayake** advanced to the finals for the Advertising category. The other team of **Lance Fernandes, Annryca Ferrao, Ebbin Binny** and **Kyle D'Souza** had progressed into the finals for the new business category.

So on the 20th of October, they fought it out against 12 other teams in each category, all from different schools around the Country.

The team competing for the advertising category got their topic of '**Shoe polish**'. They produced a remarkable project in the course of 30 minutes.



The other group was placed in the finals with their business called **Custom Formal Wear Dubai** (CFW Dubai). With one of the best presentations in the primary rounds, they almost definitely deserved that spot in the finals.

As each team played in their respective categories they faced a strong competition, each team putting up a tougher fight than the last. All the products of our work were judged by esteemed CEO's, prime staff of faculty and prestigious partners of The Skyline University.

Unfortunately our students were unable to secure any prizes, coming short of the overall winners and the runners up. However, they did not lose, as they walked away smarter and wiser, with their heads held high, knowing next time, they can put up a better fight. Every experience is a new opportunity to learn, and this was a perfect example of this to the students of Saint Mary's.

Reanisa Mendonca, Angela Fernandes and Kyle D'Souza (A-Level Commerce, Year 12)

Community Service At Jadaf Cemetery

On 28th of October, 2016, students of year 9 (sections C and D) participated in the clean up drive at Al Jadaf Cemetery in Dubai as a community service before all souls day.

Students all gathered in school at 7 am in the morning and later proceeded to Al jadaf Cemetery. We reached the cemetery around 9 am, as soon as we arrived we informed we had to head back by 10:45.

Whilst at the cemetery we were handed gloves, masks, shovels, rakes and brushes to clear up all the garbage and leaves that were present on the graves. The students were accompanied by two of our school teachers, who guided them throughout the day. Nevertheless there were other adults who had joined us in cleaning up the place.

Students were mainly working in groups in order to finish faster. Around 10:30 when most of us had finished clearing

up, we headed to eat some snacks. After filling our stomachs, we were given a small talk by the leader.

We headed back to the buses and returned back to school by 11 am.

Overall at the end of the day, we were all happy that we had the chance to contribute to the cleanliness of the cemetery and in one way or another to the community.

Darren Furtado, Year 9C



GREENHOPE CLIMATE CHANGE CONFERENCE

Saturday morning, October the 22nd, 2016. We hazily trudged into our school bus and made our way to Al Muhaisna, where the Northern American School and Green Hope awaited our arrival.

Upon arriving at the campus, we were greeted by GreenHope officials and divided into groups which represented the 17 UN Sustainability Goals. We quickly got to know our teammates, and the program began.

We were introduced to Kekashan Basu, founder of GreenHope, and then proceeded to engage in discussion with CEOs from companies which focused on sustainability.

The goal of the conference was to raise awareness and find solutions to climate change. We were able to achieve this goal through the diverse discussion panels who expressed varied ideas and methods of reducing the harmful effects in their businesses, sharing their expertise on waste management and maximizing resources.



The conference also arranged group discussions and activities that allowed us, the participants to share and explore different ideas that we as individuals could incorporate in our lives.

The highlight of the show was the talent show, which featured all the participating schools showing off their capabilities and talents in sync with the "Go Green" theme. Our own students, Shania, Anishka, Aaron, Claire and Lance, delivered a powerful slam poem, written by the team, on mitigating the effects of climate change.

Students Alistair, Tanya, Janine Malika and Ranudi, presented a captivating presentation on the effects of climate change on marine life, and surely captured the attention and hearts of all students and judges alike.

Our school proudly secured 4 trophies, two won by the seniors and two by the juniors. However, our win was motivated not by the desire to earn a trophy, but the desire to do better for our environment.

Thus, it is vital for each of us to harbour an interest in the environment as we are the future of our planet and we are the ones who can save it.

Lance Fernandes & Shania Fernandes (A LEVEL, YEAR 12)

SP JAIN: BRAIN SIM

After a challenging preliminary round conducted online, six Saint Mary's students were selected to take part in SP Jain's Brain Sim 2016 – a business simulation competition that pitted the brightest business minds of Dubai against each other.

Our school's delegation consisted of *Don Edward Priyan, Claudia Alonozo, Kyle D'Souza, Angela Bonita Sequeira, Patricia De Jesus and myself, Ethan Fernandes.*

The business competition had us thinking on our feet, trying our hardest to outsmart our opponents and make the highest profit. We were able to put the knowledge we had gained from years of studying business and economics into use in a practical situation thanks to the simulation.

In addition to the business simulation, there was a short team-building workshop where we were split up into teams randomly along with the other participants. We were given 15 minutes to come up with an innovative idea to solve a problem, followed by 5 minutes to present our idea.

At the end of the day, we went home with more than just certificates. We learned a lot of valuable lessons about what it's like to run a business and the importance of being able to work as a good team player.

Ethan Fernandes (A-Levels, Year 13)



Pink Day

‘Supporting the fighters, admiring the survivors, honouring the taken and never giving up hope.’

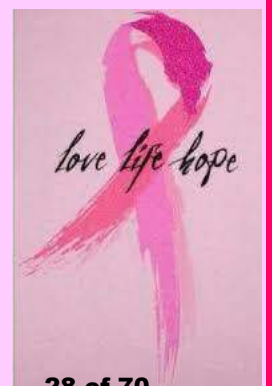


On October 30th, the entire school dressed in shades of pink to glorify those fighting breast cancer and in tribute to the fallen heroes. The morning assembly commenced with a fantastic lengthy routine in which the younger grades displayed the fierce determination of every breast cancer victim around the world, in the hopes of reminding us that thousands fight for survival on a daily basis and their efforts should be recognized. A short and faithful prayer followed, in which everyone asked for strength, hope and courage on behalf of all the victims. The assembly stopped with a few students giving out small ribbons to the rest to pin onto their outfits to support the cause.

Throughout the day, prefects went to every section to collect small donations for the different foundations that exist to fund the medical treatments and resistance against breast cancer. The total added to a remarkable amount and helped put a smile on everyone's face, proving admirations for the victims. Several charts were also put up on the walls of the corridors and classrooms that held inspiring quotes and powerful messages, redefining the human nature in positive terms of survival against breast cancer. Every year, the world dedicates an entire month to Breast Cancer and the Saints Family gives its fullest support to uphold the loss, wins and ongoing battles of this form of cancer because if one has it, the entire family does too.

Labeeba Sarah Omar

A-Levels, Year 12



Graduating Class of 2016



On 3rd November 2016, eager graduates-to-be, along with their parents and teachers, attended the O-level graduation of 2016 in the Main Hall. Everyone, and everything, was dressed to the nines. The girls donned their prettiest dresses, while the guys were all suited up.



Even the main hall had a makeover in the colours of the eveningblue and silver- from the balloons to the stage to the podium. The evening kicked off with the ceremonial procession in the hall, first the teachers in their blue robes, followed by the students in their customary black graduation caps and robes. After Mr. Warren welcomed the guests, a special video was played. A music video made by our very own professionals and it left the audience speechless!! By now, all the tension in the air, which one could've cut with a knife, had dissipated, and quickly replaced with laughter during another video; this time a compilation of photos- special events that the graduates will cherish forever. This also earned a few tears from the audience! When asked about her favourite moments at St. Mary's, this is what fellow graduate Harishwaran Manoharan



had to say: "Aside from graduation, I would say everything has affected me, but the most fun was prom. I liked prom the most." Everyone sat back and enjoyed the beautiful and energetic dance

performance. The choir entertained the crowd with their rendition of "Seasons of Love". However, the best part of the evening was not the fantastic entertainment, but honouring

each and every graduate for passing Year 11. Students, including the merit graduates, were rewarded scrolls, congratulating them, while the top three girls, and boys were awarded sashes for their outstanding grades- Dareen, Rose and Lynelle. Harish, Rohan and Tzoni. Mr Charles Miranda, senior History teacher said proudly about the merit list, "Hats off to them! They're shining examples and motivators for the current Year 11 batch." This evening was also filled with another integral component of graduations- speeches. The Vice Principal, Ms Lise-Ann, Bishop Paul, and Dr Al Kindi (sponsor of the school, who has never missed a graduation) all gave motivational words, the latter advising graduates to "improve the flavour of society, fill it with the rich aroma of brotherhood and peace." The Valedictorian Harishwaran Manoharan, reminisced about his eventful school lives, with Harish saying that "a part of us will always have St. Mary's stamped on it."



Graduation came to an end when students went outside and took part in the famous ritual of throwing their caps in the air, shouting in elation. Everyone was ecstatic to have finally graduated. Proving that the End does indeed, Crown the Work. And to move on to the next stage of their lives, A few words for them- "Good luck, and may the odds be ever in your favour!"



Merit Listers Boys (From left): Harishwaran Manhoran, Rohan D'souza, Tzoni Natzar, Dennies Benson, Shidhi Mohammed, Lance Fernandes, Gayath Fernando, Nirvan Bundhun, Mathew Kuriyan, Ed Joshua, Haseeb Ahmed, Mahishan Salgadoe, Abhin Manoharan, Colin Pereira



Merit Listers(From left): Mosammat Dareen Sanzana, Rose Jose, Lynelle Govias, Shehani Siripala, Sambhavi Thirupurasanthiran, Elisha Danthi, Mary Telen, Saba Zahir, Tiffany Gracias, Maryam Tahir, Natasha Madhu, Christina Lawrence, Angela Sequeira, Simone Fernandes, Shania Fernandes, Mahima Ahsan, Sakshi Keswani, Adeline Stephanie Raymond, Charlotte D'Souza

OTHER EVENTS



*Sunshine at
St. Mary's Catholic
High School*



IDP UNIVERSITY FAIR



Moving to Our Own Beat

At the Parish

**Chase That
Disco
Ball
Around**

November 18, 2016



Visit to the mosque

PhotoGrid

bring your own
SUNSHINE

At St. Mary's
Catholic
High School



**MARCH
To The
Beat Of
YOUR
OWN DRUM**



Parish Night



*Flag Day
at Zabeel Park 3
November 2016*



Flag Day



*Flag Day
at
Zabeel Park 3
November 2016*

EEG WORKSHOP AT THE RASHID SCHOOL FOR BOYS

A gust of cool air hit us as we entered the marvel of the Rashid Boys' School's colossal structure awing at the splendor of its interiors; wide carpeted passageways which led to either high-tech computer rooms, colourful classrooms or to little libraries stocked with a plethora of rainbow coloured books. However, it was not only the enormity and classic beauty of the place that impressed us: it was the promise that the school itself assured its visitors that it was solely devoted to – being green.

Apart from the thickets of green trees surrounding the school's perimeter, we were guided by large cardboard arrows put up in the winding passageways, guiding us as if seekers to a hidden treasure – a small, glass covered utopia with trees of sorts captured in its glass case, little gardens too, with sweet smelling colourful plants flanking the pathways; a paradise in itself – it was indeed a treasure we finally discovered before the large auditorium we were led to – the Emirates Environmental Group's (EEG) Sustainable Development Workshop.

After being given our badges – most obviously made of recycled paper (the practicality of recycling being quite evident, too), we were let into the large hall already buzzing with excitement and pleasant chatter, being seated at our designated tables, where there was a multitude of representatives from many schools– the St. Mary's team being split up in effort of the EEG's plan to ensure diversity amongst each group that was allotted randomly per student; a measure that clearly aimed to seal maximum creativity and strategy in all the discussions that was to occur – to make better decisions.

The events that had yet to come was indeed a blur; a haze of pioneering talks and establishing solutions for the future, but these were the highlights...

Our experience began with an excellent speech by Habiba al Marashi , EEG's Founder and Chairperson, who managed to uplift the profusion of the entire crowd with her passionate words and the immense zeal she expressed through her love for the environment – it was not doubtful that she struck a chord in every member of the audience.

The agenda distributed to each table had a range of activities lined out for the long day planned before us – from discussions about the UAE's 17 new Sustainable Development Goals (SDGs)– a part of the global 2030 agenda, which aims to guide policy and funding for the next 15 years, beginning with a historic pledge to end poverty – everywhere, permanently.

The concept of the SDGs was born at the United Nations Conference on Sustainable Development, Rio+20, in 2012. The objective was to produce a set of universally applicable goals that balances the three dimensions of sustainable development: environmental, social, and economic.

The Global Goals replace the Millennium Development Goals (MDGs), which in September 2000 rallied the world around a common 15-year agenda to tackle the indignity of poverty.

Furthermore, apart from the intervention of the breaks between the talks (where we were entertained with amazing food in an immaculately trimmed gardens which the school prided in), it seemed as though every group was rooted to their seats eagerly waiting for the next discussion over the next critical matter on the long list of global issues currently plaguing our planet - the same issues that have the capabilities to afflict our futures.

Most of the workshop unfortunately was talking, however, we were fortunate enough to achieve a forum for us to be inspired to support all our words with substantial work, where we exchanged personal experiences and observations as well as the true efforts of our respective schools in working against the catastrophe of climate change, indiscriminate of how tremendous or miniscule each one's efforts were.

Moreover, the amount of knowledge imparted to each one of us was immense – not only between one student to another, but also from experts to amateurs, where we had professionals from the DHA and ENOC enlighten us with their wisdom.

Nevertheless, with this holistic and wholly comprehensive experience, another boon we gratefully embraced with wide arms (besides the food), was our acquiring of new acquaintances and friends from other schools which made us all feel the efforts of the EEG 'harnessing the power of exchange and dialogues'; a lesson well learnt through personal experience.

All in all, we were a band of pioneers united by the call of circumstances; in this case, the EEG; bringing us together now, to help us correct what awaits our futures - consequences which may befall us due to decisions of our past.

At the bottom line, however, this entire seminar was a classic exemplar of active learning and an incentive, if not a wake-up call, for each and every one of us to not just be moved emotionally, but to be instantaneously moved to act, and to stand apart from all those that have been in authority before our generation – to make a difference.

Malaika Cornelio (11D) and Yaseen Shakil (11F).

Saintz Got Talent

Instrumental

- | | |
|--------------------------|---------|
| 1. Sam Sequeira | Year 5C |
| 2. Delisha Vaz | Year 6A |
| 3. Isabella Maria Joseph | Year 5A |

Solo Singing

- | | |
|---|---------|
| 1. Muthukuda Arachchige Don
Nethul Dulwan Gunasekara | Year 6F |
| 2. Nash Kristofer Dumanon Plaza | Year 5F |
| 3. Josna Ouseppachan | Year 6E |



Group Singing

1. Jasmin Mei Sevilla Madronero Year 5D
Oshadi Marissa Weeramanthri Year 5D

2. Ainjelle Louise Caragay Oandasan Year 5A
Janelle Althea Mercado Endoso Year 5A
Francina Joseph Year 5A
Reezcon Eunice Mendoza Vivo Year 5A

3. John Addison Mercado Endosa Year 6C
Kyle Jeremy Guinto Tarrobal Year 6C



Solo Dance

1. Hansi Madubhashinie Saputhanthri Year 5E
2. Shaivi Savio Cardoza Year 5A
3. Ruth Merin Biju Year 5D



Group Dance

- | | |
|---|---------|
| 1. Sliyana Tesfa Endale | Year 5D |
| Mia Angela Macasero Mabitad | Year 5D |
| Shanice Selena D'Sa | Year 5D |
| Maria | Year 5D |
| Ysa Louise Perez Villadelgado | Year 5D |
| Mischa Ann Lobo | Year 5D |
| 2. Dilan Arun Prakash | Year 5B |
| Shayne Nilesh Joseph Silva | Year 5B |
| Andrew Zachary Thomas | Year 5B |
| Kevin John Singh | Year 5B |
| Jovin Louise Julian Prabakaran | Year 5C |
| 3. Fatima Sameena Mohideen | Year 6E |
| Gurunnanselage Kumashi Sharuni Premachandra | Year 6E |
| Priyasha Chugh | Year 6E |
| Alyanna Dytioco Masahud | Year 6E |
| Walamunige Ranuki Vihindi | Year 6E |



SAINTZ VICTORY AT CFFA TOURNAMENT



Heads were held high as the saints marched to another astonishing victory at the CFFA tournament on November 19th 2016. Playing away from home was never an easy task because the odds were highly against them but their determination and spirit proved otherwise. Our boys and girls came home the glorious victors of that glowing trophy, lifting both the pride and our hearts up high.

The journey our fantastic team of athletes had undertaken although successful, was never easy. The under 16's had a team full of new faces. The tension as the bus left school could be cut with a knife, you could taste it in the air, and see it in the normally cool and collected player's faces. New team, new pitch, old foes. The task ahead seemed dangerous and daring, but our boys and girls had some fight in them and they were going to give it all they got.

The first match of the day was a breeze. A 5-1 thrashing by our under 14's left our opponents clueless. The nail biting match by our under 16's proved decisive as the two titans of Saints and oxford clashed head on, fighting till the very end, resulting in an epic tie. A quick succession of fleeting, awe inspiring victories propelled our under 14's straight to the finals.

Then the time came for our older boys to do the same. SMCHS vs Westminster. Black vs Blue. A brilliant display of passion and skill was about to ensue. It was anybody's game. Through a tense atmosphere, a stalemate was broken by a sudden, surprising shot by Westminster that threatened to destroy all hope. Nerves pulsing, sweat pouring, emotions rising. 2 minutes to defeat or victory. A last minute free kick deflected and was received by one of our strikers in the box. By an act of God, skill and training provoked him to smash the ball into the opposing net. The crowds roared in excitement. As the ball roared past the keeper, the boys hope resurrected. They still had a chance. Winning by penalties by just a close call...

A valiant effort by our courageous and talented girls lost the game but won our hearts, earning runners up. Finals. The penultimate showdown. The under 14's swept the opposing team off their feet, leaving no room for error resulting in a perfect 3-0 finale. Our under 16's looked at the JSS players in the pupils of their eyes and how this game was theirs to conquer. An intense battle showed the power of both teams, striking the ball with determination, resulting in a tie breaker. Our immovable goalie denied the opposing team a win. Our unstoppable juggernauts slotted the ball past the keeper. It finally hit us then. **We won!**

Calwyn Pereira, Year 11B

Driven Debaters!

As we made our way to Al Qadah Children's Development Centre on the 12th of November, 2016, we were considerably nervous, if not terrified. The idea of a debate excited us but also made us very curious about what was to come.

The fantastic four that represented St. Mary's Catholic High School on that fateful day were the very talented Jennifer George (Year 10 A), Prince Eze (Year 7 C), Reva Desai (Year 7 E) and myself, Tanya D'Souza (Grade 10 D). Additionally, we were accompanied by our very own Sir Trevor, with his wise words of support and encouragement - "Just RELAX"

From the very beginning, we all considered this debate to be a wonderful opportunity for us to express ourselves outside the confinement of



our classrooms. We wanted to test ourselves; see how effectively we could deliver a message to people we were not familiar with. Relatively enough, the Confident Communications Institute had a similar vision as well.

One of the main objectives of this Inter-school debate was to "establish a culture of competitive debating within schools in the UAE", and this was most evident that evening. The very idea of

several students from different schools across Dubai coming together and speaking out on various subjects really emphasizes the desire and drive for competitive and driven activities among students in the UAE.

Another objective of the debate was to "help prepare students to compete internationally at the Model United Nations (MUN) and/or public speaking events locally and internationally." This



objective proved to be more prominent, as we really felt the thrill of a full-fledged debate, even in this small competition.

The evening started off with the 8 to 11-year-old age group, and I, as a tenth grader, was genuinely surprised to see how confidently and self-assured the little debaters were! They spoke passionately and logically about issues like whether the use of phones should be entitled to children, and whether education is the only key to success. Needless to say, it made Jennifer and I considerably more intimidated.

Finally, the evening ended with the 12 to 16-year-old age group, and the intensity of the competition could really be perceived in this round. There were speeches about types of

communication (and which means was better), along with debates and rebuttal sessions on whether expatriates in the UAE have lost their roots. Having multiple students presenting such intelligent outlooks and opinions, I really had to take a moment to admire the passionate nature and fervor behind all the speeches.

From taking the small dreary steps to the podium, to clearing our throats in anticipation, to finally establishing an air of confidence and expressing ourselves to the fullest; the entire journey was a great learning experience. It gave us an opportunity to step out of our comfort zones, and take our debate and communication skills to a whole new platform.

Lastly, we would like to thank the Confident Communications Institute at the Al Qadah Children's Development Centre for making the opportunity of competitive debating possible for us students, and for welcoming us so warmly. We would also like to thank our school, St. Mary's, for their endless support and faith in us, and for finding us a platform to shine our talents on and be exposed to professional and competitive tournaments.

- Tanya Jessica D'Souza, Year 10 D



MBRU Campus



On the 14th of November, the Mohammed Bin Rashid University Campus held an open day for any student interested in pursuing medicine. And so, 14 aspiring doctors took the metro with our counselor, Mrs. Amy, to the recently



opened MBRU Medical Campus in Healthcare City. The campus was large and modern. On entering the medical wing, which is the newest part of the university, we were thrilled to see how up to date and

developed it was. From get that glows under UV light , to the most advanced mannequin available for use by medical students, the wing truly was exceptional with all its

top of the line equipment. The doctors who were on hand taught us a lot. We were taught how to properly wash our hands as doctors do to prevent infections transferring to the patients. We also learned how to -perform emergency hands-only CPR and the steps we must take to call help. A highly advanced mannequin called "Tom" allowed us hands on experience as we got to examine the "patients", his vital signs and diagnose him with Bronchitis. I'm glad to report that, Tom was very cooperated and was on the road to recovery now.

All in all, it was a very educational and interesting experience and we couldn't be more grateful and pleased that the school allowed us to undertake this trip to the lovely open day held by MBRU.



Ghazal Tannous, Alevel Year 13

PRIMARY LIFE

Learning is Fun In Primary

Children Live, Laugh Love & Learn In Primary

Classroom Expectations

We will:

- LEARN!
- Let others learn!
- Always try our best!
- Show respect with our words and actions!
- Be responsible for our words and actions!

Look at how Our Primary Rolls

Primary Poppets have fun at Primary School

Classroom Rules

- 1 Be Responsible**
Raise your hand
Complete all work
- 2 Be Safe**
Keep hands to yourself
Walk, don't run
Use materials wisely
- 3 Be Caring**
Use kind words
Take turns
- 4 Be Respectful**
Use good manners
Always be honest

This is how we Roll in Primary

Primary Rules

- 1 Be Responsible**
Raise your hand
Complete all work
- 2 Be Safe**
Keep hands to yourself
Walk, don't run
Use materials wisely
- 3 Be Caring**
Use kind words
Take turns
- 4 Be Respectful**
Use good manners
Always be honest

PRIMARY SPORTS DAY



ST MARY'S CHURCH KICKS OFF GOLDEN JUBILEE CELEBRATIONS

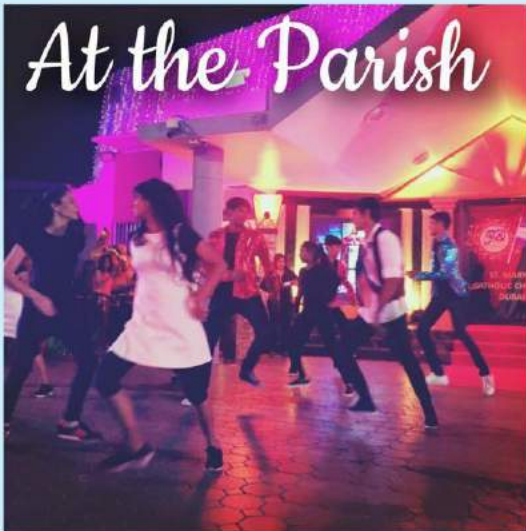
On the 18th of November, 2016, The St. Mary's Parish kicked off it's 50th Jubilee celebrations. To commemorate this joyous occasion, students of the St Mary's High School performed an array of stunning and captivating dances which highlighted their academic year.

**MARCH
To The
Beat Of
YOUR
OWN DRUM**



Parish Night





Chase That
**Disco
Ball
Around**



November 18, 2016

BEAT DIABETES WALK AT ZABEEL PARK DUBAI

Held on 18th November 2016, St Mary's Catholic High School shows its love and support to a notable cause as shown through the pictures



PEPSI FACTORY

On the 23rd of November, the Year 12 commerce students had the wonderful opportunity of visiting the 'PepsiCo' factory as part of a school trip in order to enhance students view and open their minds to the various methods and practises of business in the world.



37 of our students were awestruck as they saw the machines that clean, make and package the cans and bottles of Aerated drinks that we usually consume. We would have never thought that there is so much of work that goes into something so small, and begin given the chance to see it happening right before us, truly opened out eyes to how things work.

One thing that was truly astonishing, was the 'Filler' machine. This monstrosity filled and capped and pumped out a jaw dropping '90,000' cans an hour. Averaging at around '1,500' cans a minute, we looked on in awe as it shot out cans like bullet from a rifle.

The Factory works around the clock, producing a variety of drinks, ranging from Pepsi, to mountain dew and even ginger ale. All Different sizes, different tastes, different experiences.

We were led on this tour by the production manager who so kindly took time off his busy schedule to show us around a massive 100,000+ sq. Ft. Area, which has its net worth in the billions.

It all worked like clockwork. From the hair nets that was to be worn, till the disposal of faulty cans, the factory was in the highest state of hygiene, which is standard maintained around the world for any other factory held under the 'PepsiCo' name.

A truly eye opening trip with nothing lost, but a lot gained as the students all left the factory wiser, and with a can of Pepsi's product. A lot of fun for all the students as they had their friends along with them and we're accompanied by Our very own Principal Mr Paul and 2 of our business teachers, Mrs Marushka and Mrs Pallavi.

Kyle D'Souza
A-Levels, Year 12

Minerva Lab Trip

On the 14th November 2016, our year 13 Biology students had an after school trip to the Minerva Lab in Karama.

Upon reaching the main office, we put on lab coats and divided into 2 batches before entering the lab.

They were very particular when instructing us to wear gloves and face masks as to ensure that the environment is kept sterile and to keep us from contracting any pathogenic bacteria as well as from us contaminating any sterile apparatus.



The lab included state of the art machines such as centrifuges, a machine that measures blood count, incubators and fume cupboards. All of these were used to test blood, urine, and other substances from patients to help in diagnosis.



There was a specially enclosed part of the lab where microbiological tests are conducted. This room has to be kept as sterile as possible as to

achieve accurate results during testing. Here, the pathologist showed us samples of bacteria being cultured in various mediums such as blood agar, yeast agar and meat agar. We had the opportunity to see the microbiological techniques such as streak plating and inoculation that we previously only read about in our textbooks.

We were grateful for this opportunity to expand our practical knowledge and look forward to more educational trips in the near future.



Paulina Isabelle Cabrera

A level (Year 13)

My Trip To Dubai Museum

Dubai Museum is the main museum of Dubai that was opened by His Highness Sheikh Maktoum Bin Rashid Al Maktoum. Everyone in pairs. We travelled to the museum by the school bus and we came back by the school bus as well.

We had to wait outside for a bit, since, the museum wasn't open yet. But, I wasn't expecting to see portraits and copper jugs used by the Arabs living in that fortress. Inside the museum we saw probably, a one-hundred year old cannon. Beside it, we saw a few battered cannon-balls. There were different doorways leading into different corridors. One corridor showed us weapons of the people, who took shelter in that fortress. Then, there was also a little hut/house which had a small bed, an even smaller kitchen and a guest room. In the middle, of the inside of the fortress, stood a REAL WELL! It looked like coins were inside, but as I had assumed, they were just cans. There was another door way which led us through a long, winding corridor. I couldn't believe it actually took us outside. We had to go back through the entrance, with a teacher to get back inside the museum.

Everyone was really hungry, but, we weren't allowed to eat. Soon, our bus came though. Then, we went back to school. I was especially thankful to get a snack-box!



Daniela Adhikari

Year 5

UAE National Day Celebration

On the 29th of November 2016, Saint Mary's Catholic High School celebrated the National Day of the UAE. As a member of the community and as an Emirati, I felt honoured to be a part of this memorable celebration. We had an assembly where we demonstrated the country's traditions and culture, however it was not easy. As it took a lot of preparation and planning but it was worth every effort. It was the least I could do to express my deep love to my country.



We did the Yolla dance which requires an individual to display their dance skills with a stick. We also had a quiz, its purpose was to enlighten people and help them learn facts of the UAE and its rulers. Followed by a quote from His Highness- Sheikh Khalifa, which talked about tolerance, because during this time, with the events are occurring around the world, that require us to be tolerant, wise and most importantly patient.



Along with the assembly, years four, five and six brought us some special delights in the form of a food sale. That helped soothe the day as we were given an option other than the regular canteen food.

As I walked through the school corridors, I saw plenty of art pieces that are related to the UAE traditions and culture, what amazed me the most was the structures of the Burj Khalifa, the Sheikh Zayed mosque and the UAE flag made of recycled materials. It was well done and clever!

What made the day special to me was seeing almost everyone from different nations and cultures wearing the traditional clothes of UAE (the kandoorah for the boys and Aa'baiah for the girls) and they were happy to celebrate 45 years of independence and unity for this country.

Omar Khalid - A Levels (Year 12)

Eating Healthy?

“Eating healthy, it’s all about the vegetables, you have to eat many vegetables and only a little meats and breads,” if that is what you think healthy eating is all about then you may be quite ill informed.



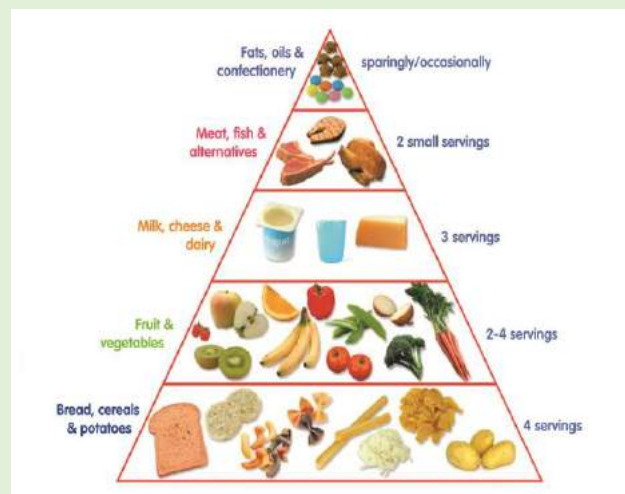
As I just mentioned healthy eating isn’t about just eating vegetables, it’s true that you need to eat vegetables but not only vegetables. A balanced diet consists of the whole food pyramid in its mentioned proportions.

Firstly, I would like to abolish the term diet. According to public conception a diet is cut down from your original eating habit, this is only partially accurate. As we in St. Mary’s learn in Year 8 and have forgotten is that the definition of a balanced diet is the inclusion of all food groups in the required amounts.

Secondly, I would like to back myself up with some fact for our better understanding. Think about proteins which are given by many foods but the main reason we eat meats in moderate amounts are because they are protein rich and then eat it with vegetables since

vegetables accommodate a different need such as minerals and vitamins and both different food groups complement each other together so one alone isn’t truly sufficient for our most basic needs.

What’s the point of eating



healthy when you feel problem free? Well because that problem free time will be short lived since healthy eating isn’t just to keep us healthy physically but also emotionally. “Eating more fresh fruits and vegetables, cooking meals at home, and reducing your

intake of sugar and refined carbohydrates, on the other hand, may help to improve mood and lower your risk for mental health problems.” -Lawrence Robinson, Jeanne Segal Ph.D.

Now about the actual eating healthy part, what do we need to eat to be healthy? Eating healthy doesn't mean we have to eat all our legumes, fruits and meats in one meal we just have to eat it all in a balanced manner throughout the day. For example, for breakfast, the most important meal of the day, eating a moderate amount varies from one person to another but the general is 1 - 2 eggs with two slices of toast, a cup of milk or

orange juice, this gives us proteins and healthy cholesterol some carbohydrates for the day and even vitamin C and calcium all in one meal. Eating in moderation is the key to success may it be becoming or staying healthy, a great method is home cooked meals and if your mother decided to give you home cooked meals 6 days a week and McDonalds on the 7th, it's actually the 6 days that was more rewarding to your body. This is mainly due to the control of what you're eating.

Drinking plenty of water in my opinion is the easiest method to a healthy diet, this helps flush our systems of waste products and toxins and keeps away dehydration (especially in Dubai).

Hirushan, A Level (Year 13)

Sports Newsletter

Volleyball

The Boys Senior team this year has taken part in the St. Mary's Church Sports Festival 2016. The team, including Mr. Moses (coach), reached the semi-finals and lost.

The school team also competed in the NIMS Tournament held by NIMS and won the tournament.



Football

Boys senior team 16/17. This young but capable squad is looking to challenge in all formats of the game. The school team took part in the Our Own Sharjah and the Skyline University but lost in the quarter finals. The coach, Mr. Yuvraj, hopes to add more trophies this year at the SAINTZ Annual Sports Festival



The girl's under sixteen team also displayed some stunning football at the recently concluded AI – Diyafah tournament securing the 3rd place and making all the Saintz proud.



Swimming – This year our school is participating in the inter school swimming meet organize by The Millennium School, Dubai. We had a try out on Thursday 6th October 2016. However, our marians were unable to secure any position.



Girls Team

Boys Team



Jessica 7A, Jaella 7A,
Mikayla 7A, Archita 8E,
Sumiksha 8E, Tushinka
8E,
Jennifer 10A, Tamanna
10D
Muskaan 11A

Om Raje 7B, Collin 8B
Glenn 9B, Jason 9C
Praneel 10F, Rushad
10F

Basketball

The girls basketball team took part in the DPS Sharjah Tournament but lost in the semi-finals. The coach - Ms. Avelyn Jean



Senior Boys Basketball team 2016/17 participated in the TMS, DPS and Skyline University tournaments but lost in the quarter finals.



The team: Kyle, Alastair, Joshua Andrew, Daniell, Irving, Ron, Jonathan, Nicholas, Daniel, Aaron, Jude, Danushka, Joshua Lim. And the coach Mr.Chandra

Tryouts

The Sports Day 2016 – 2017 tryouts have recently wrapped up and already the sporting prowess and fierce competition of each of the houses was on display. The participation was overwhelming and the show of talent unbelievable! From Year 5 till Year 13 students competed in various disciplines including the 100 meters, 200 meters, 400 meters, 4x100 meters relay, 800 meters and 1500 meters. Events also consisted of shot put, long jump and triple jump. St. Mary's Catholic High School Dubai is proud to present the results for the some of the events that students have already secured medals in:

Boy's Events

YEAR 5 and 6

Shot put - Gold medal (Kien Paul - Pegasus)
Silver medal (Dylan Hovi - Phoenix)
Bronze medal (Arvindan Russel - Phoenix)

Long jump - Gold medal (Nathan Dcosta - Phoenix)
Silver medal (Jonathan Thomas - Pegasus)
Bronze medal (Cole Johann - Gryffon)

YEAR 7 and 8

Shot put- Gold medal (Deshan Darren - Unicorn)
Silver medal (Vernon Joseph - Phoenix)
Bronze medal (Alden Nazareth – Unicorn)

Long jump- Gold medal (Rahat Basher - Phoenix)
Silver medal (Abrar Arif - Unicorn)
Bronze medal (Wibhawith Gunawardana - Pegasus)

800 meters- Gold medal (Joshua Matthew - Unicorn)
Silver medal (Rehan Don - Phoenix)
Bronze medal (David Almeida - Pegasus)

Triple jump- Gold medal (Oshane Nathanael - Pegasus)
Silver medal (Adrian Fernandes - Unicorn)
Bronze medal (Rahul Thomas – Gryffon)

YEAR 9 and 10

Shot put- Gold medal (Rushad Patel - Phoenix)
Silver medal (Rizvi Koya - Phoenix)
Bronze medal (Nathan Nunes - Gryffon)

Long jump- Gold medal (Moinul Alam - Unicorn)
Silver medal (Keenan Noronha - Pegasus)
Bronze medal (Shawn Rodrigues - Phoenix)

800 meters - Gold medal (Ranasinge Mathisha Pasan - Phoenix)
Silver medal (Jeremy Emmanuel - Pegasus)
Bronze medal (Mohammed Khan - Gryffon)

Triple jump- Gold medal (Ranasinge Mathisha Pasan - Phoenix)
Silver medal (Moinul Alam - Unicorn)
Bronze medal (Alister Dias - Unicorn)

1500 meters- Gold medal (Shawn Rodrigues – Phoenix)
Silver medal (Nathan Nunes - Gryffon)
Bronze medal (Daniel Cardoz - Pegasus)

YEAR 11, 12 and 13

Shot put- Gold medal (Johny - Gryffon)
Silver medal (Ali Khan - phoenix)
Bronze medal (Hirushan - Gryffon)

Long jump- Gold medal (Jade Fernandes - Gryffon)
Silver medal (Noah Franco - Phoenix)
Bronze medal (Haseeb Ahmed - Pegasus)

800 meters- Gold medal (Stefan Crasto - Pegasus)
Silver medal (Sanket Chawla - Phoenix)
Bronze medal (Delwin Benson - Phoenix)

Triple jump- Gold medal (Noah Franco - Phoenix)
Silver medal (Jade Fernandes - Gryffon)
Bronze medal (Jadon Araujo - Gryffon)

1500 meters- Gold medal (Delwin Benson – Phoenix)
Silver medal (Stefan Crasto - Pegasus)
Bronze medal (Jason James - Pegasus)

Total points acquired by houses :- Pegasus = 32 , Gryffon = 17 , Unicorn = 31
, Phoenix = 64

Girl's Events

YEAR 5 and 6

Shot put- Gold medal (Jana Marie - Gryffon)
Silver medal (Hannah Patricia - Pegasus)
Bronze medal (Joelle Almeida - Gryffon)

Long jump- Gold medal (Jana Marie - Gryffon)
Silver medal (Jamie Camero - Pegasus)
Bronze medal (Hayley Viegas - Unicorn)

400 meters- Gold medal (Amelia Bout - Unicorn)
Silver medal (Miriam Moras - Gryffon)
Bronze medal (Mikylla Andrea - Gryffon)

YEAR 7 and 8

- Shot put- Gold medal (Selena Beverly - Phoenix)
Silver medal (Mariam Babu - Gryffon)
Bronze medal (Thesni Silva - Pegasus)
- Long jump- Gold medal (Nicole Mendes - Gryffon)
Silver medal (Adrienne Moral - Unicorn)
Bronze medal (Nilani Nisansa - Phoenix)
- 800 meters- Gold medal (Tara Philip - Phoenix)
Silver medal (Mikayla Rodrigues - Gryffon)
Bronze medal (Bianca Mammen - Phoenix)
- 400 meters- Gold medal (Adrienne Nicole - Unicorn)
Silver medal (Tara Philip - Phoenix)
Bronze medal (Bianca Mammen - Phoenix)

YEAR 9 and 10

- Shot put- Gold medal (Rachel D'souza – Phoenix)
Silver medal (Janine Fernandes - Pegasus)
Bronze medal (Michelle Thanjan - Phoenix)
- Long jump- Gold medal (Rachel D'souza - Phoenix)
Silver medal (Katlyn Sevilla - Gryffon)
Bronze medal (Jennifer George - Phoenix)
- 800 meters- Gold medal (Khole Marcelo - Phoenix)
Silver medal (Rachel D'souza - Phoenix)
Bronze medal (Andrea D'silva - Unicorn)
- 400 meters- Gold medal (Elizabeth George – Pegasus)
Silver medal (Khole Marcelo - Phoenix)
Bronze medal (Annora D'souza - Pegasus)

YEAR 11, 12 and 13

Shot put- Gold medal (Saba Zahiri - Gryffon)
Silver medal (Nilushi Bandara - Pegasus)
Bronze medal (Edilbert Kimberly - Gryffon)

Long jump Gold medal (Nicole Pinto - Phoenix)
Silver medal (Samantha Menezes - Gryffon)
Bronze medal (Samantha Cosio - Gryffon)

800 meters- Gold medal (Nicole Pinto – Phoenix)
Silver medal (Christina Lawrence - Unicorn)
Bronze medal (Charlene Manoel - Phoenix)

400 meters- Gold medal (Nicole Pinto - Phoenix)
Silver medal (Charlene Manoel - Phoenix)
Bronze medal (Alina Stanly - Phoenix)

Total points acquired by houses: Pegasus = 19 , Gryffon = 39 , Unicorn = 13 ,
Phoenix = 55

*** All other events will be conducted on Sports Day and we hope you are looking forward to the results**

Written by Stefan Crasto and Rohan D'Souza

Nativity Christmas Play 2016

12th December was a day filled with the true joy and spirit of Christmas as the children from the primary section brought the school to life with their energetic, meaningful and enthusiastic play. Here are some pictures to make sure you didn't miss anything.



EDITORIAL TEAM

**COLIN PEREIRA
REANISA MENDONCA
MAHIMA AHSAN
LANCE FERNANDES
KYLE D'SOUZA
PRIYANSH PAREKH
BONN SMITH COUTINHO
OMAR KHALID
LABEEBA SARAH OMAR
DANIELLE D'SOUZA
CLARISSA DARLEEN D'SOUZA
ROSE JOSE
NATASHA MADHU
SABBIR ALAM
SHEHANI SIRIPALA**



Volume 1 | September - December | 2016-17