



مدرسة القديسة مريم الكاثوليكية الثانوية - دبي
ST. MARY'S CATHOLIC HIGH SCHOOL, DUBAI
P.O. Box : 52232, DUBAI - U.A.E. Tel. : +(971) 4 3370252 Fax : +(971) 4 3368119
E-mail : maryscol@emirates.net.ae. website : www.stmarysdubai.com

'CHANGING THE TIDE'

Date : Wednesday, 25th October 2017

To : Parents of students from Year One - A-Level - OCTOBER 2017 UPDATES

Dear Parents,

Greetings from St. Mary's Catholic High School, Dubai. We would like to share some important information with you'll and also keep you posted about some upcoming events and local competitions .

GRADUATION CEREMONY FOR THE CLASS OF 2017: The Graduation Ceremony for the class of 2017 has been scheduled for Thursday, 9th November 2017 at 5:00 pm. Kindly check the school website www.stmarysdubai.com for an important notice regarding the Graduation Ceremony as well as the rehearsal for students scheduled for Saturday, 4th November 2017. All timings and other details are in that notice and attendance at the rehearsal is compulsory.

PINK DAY AT SMCHS, DUBAI - THURSDAY, 26TH OCTOBER 2017: The St. Mary's family will be celebrating 'Pink Day' at school in support of Breast Cancer Awareness on Thursday, 26th October 2017. All children are invited to come to school in their 'happiest shades of pink' and wear a pink ribbon in support of this cause. A little reminder to our young ladies to come modestly dressed.

YEAR SIX IPLSC EXAMINATIONS : All parents of year six students kindly be informed that students of year six will be sitting their IPLSC Board Examinations in MAY-JUNE 2018 in English Language, Math and Science. We will be updating you on these exams through the year.

SCHOOL UNIFORM SHOP TIMINGS : All parents are asked to take note that the uniform shop in school will be open from Sunday through Thursday from 7:00 am until 9:00am only and on Saturdays from 9:00 am to 11:00 am only.

CLINIC UPDATES: We are sending out an important request to all parents to kindly **NOT** send any medication with your child to school. Students MUST not carry or share medicines while at school. However, if your child is on a course of antibiotics, then kindly write a note to the doctor in the diary and send a copy of the prescription as well.

EMIRATES AIRLINE FEESTIVAL OF LITERATURE 1st -10TH MARCH 2018: This popular literary festival kicks off on the 1st of March 2018, but the competitions have already begun and so we are calling all budding poets and writers to get started and submit their entries as follows.

Taaleem Award

The theme for the 2018 Taaleem Poetry Writing Award is **Memories**.

Entries can be submitted online until 16th November 2017.

<https://www.emirateslitfest.com/competitions/young-peoples-competitions/taaleem-award/>

The Oxford University Press Story Competition

The theme for the 2018 Oxford University Press Story Competition is **Memories**.

Entries can be submitted online until 16th November 2017.

<https://www.emirateslitfest.com/competitions/young-peoples-competitions/oxford-university-press-story-writing-competition/>

We strongly encourage our students to take this opportunity and be part of this exciting event by putting pen to paper and letting their creativity and talent flow.

PRIMARY SPORTS DAY YEARS 1-4 : We are happy to invite our parents from Years 1-4 for the Annual Sports Meet on Wednesday, 1st November 2017 at 8:00 am at school.

DUBAI FITNESS CHALLENGE : There are lots of fun free activities this weekend at Kite Beach as part of the Dubai Fitness Challenge, you might like to enjoy some of those with your children.

WEEKEND CARNIVAL AT KITE BEACH

Head down to the beach for Dubai Fitness Challenge Pack your sunscreen and head to the beach on the weekend of 27-28 October, as the Dubai Fitness Challenge Weekend Carnival takes over Kite Beach. Turn a day at the beach into a chance for the whole family to get active, with two days of activities, classes and competitions scheduled. Making live appearances at both days of the event will be fitness instructor and YouTube star Cassey Ho, who has nearly 4 million subscribers to her channel, Blogilates. Cassey's exercise class, POP Pilates, began online, but now has over 3,000 classes at gyms all over the world. The fun starts early on Saturday, with Dubai City Swim kicking off at 7:30am, but the main event starts at 1pm.

Day 1

- 1:00pm – DJ's welcome note
- 1:45pm – Les Mills SH'BAM workout
- 2:30pm – Football Freestylers show
- 4:10pm – Flywheel Barre session
- 4:15pm – Let's Move with Malika Varadan
- 5:55pm – Les Mills CXWORX Core Training class
- 7:55pm – Metafit high-intensity interval training (HIIT) workout
- 8:45pm – Finale challenge competition and prize ceremony

Day 2

- 1pm – DJ's welcome note
- 1:45pm – Beginners' hatha yoga class
- 2:30pm – Football Freestylers show
- 3:40pm – Capoeira demonstration
- 3:55pm – Boxercise by Elevation Fitness
- 4:55pm – Gold Gym's Zumba Fusion class
- 6:05pm – Body Jam class
- 7pm – Finale challenge competition and prize ceremony

The carnival will be split into two sections – one dedicated to sports and another for training and fitness – leaving you plenty of chances to try something new. You can take to the water to try out kite surfing or paragliding, or stay on dry land where there will be pull up challenges, battle rope challenges, and 45-minute beach boot camp classes.

The kids can join in the fun while they're there, trying out classes in ultimate frisbee, beach cricket, bossaball and more. There will also be Les Mills exercise classes specifically for children from ages 2-12.

Over both days, there will be shows from the Football Freestylers live on stage, as well as breath-taking demonstrations in capoeira and rhythmic gymnastics. There will also be competitions, exercise classes and appearances from celebrities, some of whom are yet to be announced.

ONE ROOT ONE COMMUNI-TREE: NEWSPAPER/PAPER/MAGAZINE COLLECTION FOR ONE ROOT ONE COMMUNI-TREE INITIATIVE

The EEG will be rolling out its 2017 cycle of the tree Planting Project, " **One Root, One Communi-Tree**" will be flagged under this initiative and our school would like to be part of this project. To that end, we have to contribute 2,000 kilos of paper and we therefore urge all parents to support us in this campaign. Kindly send in your old newspapers with your children and if you wish you may also drop larger amounts of paper directly to the school on Saturdays. We look forward to our students bringing in paper from tomorrow itself and we are hoping that we will meet this target as quickly as possible. A tree will be planted in the name of 'St. Mary's Catholic High School, Dubai', if we are able to meet this target. **THIS YEAR ONE CLASS IN PRIMARY AND ONE CLASS IN SECONDARY WITH THE HIGHEST COLLECTION IN KILOGRAMS WILL BE AWARDED A SPECIAL COLOURED CLOTHESE DAY AND A CLASS PARTY . THE HIGHEST INDIVIDUAL CONTRIBUTOR FROM PRIMARY AND SECONDARY WILL ALSO RECEIVE A SPECIAL PRIZE. STUDENTS WILL BE INFORMED ABOUT WHERE TO DROP OFF THEIR PAPER FOR IT TO BE RECORDED.**

OUR GRATITUDE: On the 14th of October 2017, our school successfully hosted the sixth Annual Education Conference of the Saint Mary's Group of Schools and we had over five hundred and fifty delegates at school . We would like to thank our senior student volunteers for their remarkable effort and skill which helped make the conference a huge success. We are grateful to their parents as well for encouraging them to be part of this event. Our deepest gratitude to all of the St. Mary's family for your generous offering for the labour camp. On the 27th of October 2017, sixty students will be visiting a labour camp in Sonapur to bring smiles to many faces thanks to your kindness, God bless your generosity !

OUR HEARTY CONGRATULATIONS : We would like to offer our hearty Congratulations to 22 of our students from Years 12 and 13 who represented our school at the Model United Nations hosted by the Winchester School attended by several leading school in Dubai. Our school **WON BEST DELEGATION AND EMERGED AS CHAMPIONS** along with a host of individual awards.

We will keep you updated on all further events and we wish you a pleasant weekend with your children. Thank you for your continued support and collaboration .

Yours sincerely,



**Mr. Paul Asir Joseph
(Principal)**

