



EVENTS FOR GIRLS

YR.5 & 6 Sub-Junior	Born on or After 1-1-2008	100mts	200mts	400mts	Long Jump	Shot Put	4x100m Relay
YR.7 & 8 Junior	Born on or After 1-1-2006	100mts	200mts	400mts	800mts	Long Jump	Shot Put 4x100m Relay
YR.9 & 10 Senior	Born on or After 1-1-2004	100mts	200mts	400mts	800mts	Long Jump	Shot Put 4 x 100 m Relay
YR 11, 12 & 13 Super Senior	Born on or Before 31-12-2000	100mts	200mts	400mts	800mts	Long Jump	Shot Put 4 x 100 m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay. .(Either two track & one field or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
- All heats / events will be done during the activity period or the sports period.
- Any over age students shall be shifted to the next higher appropriate division.

Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)
 - ❖ Points will be awarded as follows
 - First Place - 05
 - Second Place - 03
 - Third Place - 01
 - ❖ For the relay Event
 - First Place - 10
 - Second Place - 06
 - Third Place - 02
- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.
- ✓ A special Trophy will be awarded to the best house in March Past.

Mr. Christopher Chandra
HOD -P E



Mr. Paul Asir Joseph
Principal



ST. MARY'S *Catholic High School, Dubai*



**ANNUAL
SPORTS MEET**

2019-2020

GIRLS EVENTS SCHEDULE

DAY	DATE	EVENT	PERIOD	YEAR
SUNDAY	20/10/2019	SHOTPUT & LONG JUMP	BREAK	YR. 11 & A LEVEL
SUNDAY	20/10/2019	100M, SHOTPUT & LONG JUMP	8th	YR. 9 A,D & E
MONDAY	21/10/2019	800M & 100M	BREAK	YR. 11 & A LEVEL
MONDAY	21/10/2019	200M, SHOTPUT & LONG JUMP	6th	YR. 8 A,D & E
MONDAY	21/10/2019	100M, SHOTPUT & LONG JUMP	8th	YR. 10 A, D, E & G
TUESDAY	22/10/2019	800M	BREAK	YR. 9 & 10 A, D, E & 10G
TUESDAY	22/10/2019	200M, SHOTPUT & LONG JUMP	5th & 6th	YR. 5 A, D& E
TUESDAY	22/10/2019	800M & 100M	7th & 8th	Yr. 7 & 8 A, D & E
WEDNESDAY	23/10/2019	400M & 200M	BREAK	YR. 11 & A LEVEL
WEDNESDAY	23/10/2019	200, SHOTPUT & LONG JUMP	5th	YR. 6 A, D & E
THURSDAY	24/10/2019	400M	BREAK	YR. 9 & 10 A, D, E & 10G
THURSDAY	24/10/2019	200M, SHOTPUT & LONG JUMP	7th	YR. 7 A,D & E
SUNDAY	27/10/2019	200M	8th	YR. 9 A, D & E
MONDAY	27/10/2019	200M	8th	YR. 10 A, D, E & G
TUESDAY	28/10/2019	400M & 100M	5th & 6th	YR. 5 A,D & E
TUESDAY	28/10/2019	400M	7th	Yr. 7 & 8 A, D & E
WEDNESDAY	29/10/2019	400M & 100M	6th	YR. 6 A, D & E





EVENTS FOR BOYS

GR.5 & 6 Sub-Junior	Born on or After 1-1-2008	100m	200m	400m	Long Jump	Shot put	4x100m Relay			
GR.7 & 8 Junior	Born on or After 1-1-2006	100m	200m	400m	800m	Long Jump	Triple Jump	Shot put	4x100m Relay	
GR.9 & 10 Senior	Born on or After 1-1-2004	100m	200m	400m	800m	1500m	Triple Jump	Long jump	Shot put	4x100m Relay
GR 11,12&13 Super Senior	Born on or Before 31-12-2000	100m	200m	400m	800m	1500m	Long Jump	Triple Jump	Shot put	4x100m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay.(Either two track & one field or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
- Any over age students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)
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 - Second Place - 03
 - Third Place - 01
 - ❖ For the relay Event
 - First Place - 10
 - Second Place - 06
 - Third Place - 02
- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.
- ✓ A special Trophy will be awarded to the best house in March Past.

Mr. Christopher Chandra
HOD -P E



Mr. Paul Asir Joseph
Principal



BOYS EVENTS SCHEDULE

DAY	DATE	EVENT	PERIOD	YEAR
Sunday	03/11/2019	Longjump ,shotput	Break	YR 11,12,13
Sunday	03/11/2019	Longjump ,shotput	7th	YR 9 B,C,F
Monday	04/11/2019	800m	Break	YR 9&10 B,C,F,H
Monday	04/11/2019	Longjump shotput	7th	YR 10 B,C,F
Tuesday	05/11/2019	100m,400m	1 st	YR 10 B,C,F
Tuesday	05/11/2019	100m,800m	Break	YR 11,12,13
Tuesday	05/11/2019	100m,400m,Shotput	5&6th	YR 5 B,C,F
Wednesday	06/11/2019	100m,400m	6th	YR 6B,C,F
Wednesday	06/11/2019	100m,400m	7&8th	YR 7&8B,C,F
Thursday	07/11/2019	Triple jump,200m	Break	YR 11,12,13
Sunday	10/11/2019	1500m	Break	YR 11,12,13
Sunday	10/11/2019	triple jump	5th	YR 7 B,C,F
Sunday	10/11/2019	100m,400m	7th	YR 9 B,C,F
Monday	11/11/2019	Triple jump,200m	7th	YR 10 B,C,F
Tuesday	12/11/2109	400m	Break	YR 11,12,13
Tuesday	12/11/2109	200m,Longjump	5&6th	YR 5 B,C,F
Wednesday	13/11/2019	200m,Longjump,Shotput	6th	YR 6B,C,F
Wednesday	13/11/2019	200m,800m	7&8th	YR 7&8B,C,F
Sunday	24/11/2019	1500m	Break	YR 9&10 B,C,F,H
Sunday	24/11/2019	200m,Triple jump	7th	YR 9B,C,F
Monday	25/11/2019	400m	Break	YR 11,12,13

Long jump, Shot put, Triple jump for Year 7 and Year 8 during sports periods.

