

## PSHE YEAR 2 LONG TERM PLAN with CURRICULUM STANDARDS

YEAR 1	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
Term 1	<a href="#">Module 1</a>		<a href="#">Module 2</a>		<a href="#">Module 3</a>		<a href="#">Module 4</a>	
	<b>All About Me</b>		<b>I Am Good At...</b>		<b>School Rules - Why Do You Need Them?</b>		<b>How Well Do You Know Your Friends?</b>	
	<i>Learning Obj</i> Identify specific characteristics of their own self.		<i>Learning Obj</i> Recognize one's own potential and capacity and appreciate it.		<i>Learning Obj</i> Realize the importance of following school rules .		<i>Learning Obj</i> Identify what a good friend does.	
	WEEK 9	WEEK 10	WEEK 11	WEEK 12	WEEK 13	WEEK 14	WEEK 15	WEEK 16
Term 1	<a href="#">Module 5</a>		<a href="#">Module 6</a>		<a href="#">Module 7</a>		<b>REVISION</b>	
	<b>Friend Or Bully?</b>		<b>Feelings And Emotions</b>		<b>Dealing With Dilemma's</b>			
	<i>Learning Obj</i> Examine differences between good and bad friendship's groups		<i>Learning Obj</i> Explain and elaborate upon their feelings.		<i>Learning Obj</i> Recognise the importance of standing up for what they believe in.			
YEAR 1	WEEK 17	WEEK 18	WEEK 19	WEEK 20	WEEK 21	WEEK 22	WEEK 23	WEEK 24
Term 2	<a href="#">Module 8</a>		<a href="#">Module 9</a>		<a href="#">Module 10</a>		<a href="#">Module 11</a>	
	<b>How Safe Are You?</b>		<b>Eating Healthy</b>		<b>Keeping Clean</b>		<b>Are You A Responsible Person?</b>	
	<i>Learning Obj</i> Discuss how the world keeps them safe and how the world threatens their safety.		<i>Learning Obj</i> Explain the importance of having a healthy breakfast, lunch and snacks to stay energized and focused at school.		<i>Learning Obj</i> Discuss the importance of hygiene in leading a healthy life.		<i>Learning Obj</i> Realise that to be successful in life they have to be accountable for their actions and effort.	
	WEEK 25	WEEK 26	WEEK 27	WEEK 28	WEEK 29	WEEK 30	WEEK 31	WEEK 32
Term 2	<a href="#">Module 12</a>		<a href="#">Module 13</a>		<a href="#">Module 14</a>		<b>REVISION</b>	
	<b>How To Be A Responsible Citizen</b>		<b>How GREEN Are You?</b>		<b>Save Or Spend Pocket Money</b>			
	<i>Learning Obj</i> Discuss the importance of being a responsible citizen in the society		<i>Learning Obj</i> Value of taking care of nature and its resources		<i>Learning Obj</i> Explain the purpose of saving money and describe how they can save money.			

## PSHE YEAR 3 LONG TERM PLAN with CURRICULUM STANDARDS

YEAR 3	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
Term 1	<a href="#">Module 1</a>		<a href="#">Module 2</a>		<a href="#">Module 3</a>		<a href="#">Module 4</a>	
	<b>Who Am I?</b>		<b>Similarities and Differences</b>		<b>The Work People Do</b>		<b>Right and Wrong</b>	
	<i>Learning Obj</i> Value everyone's interest and acknowledge that everyone is special.		<i>Learning Obj</i> Identify how we are similar to and different from others.		<i>Learning Obj</i> Identify, describe and evaluate the work people do in the neighbourhood and school.		<i>Learning Obj</i> Reason out what is right and wrong in given situations.	
	WEEK 9	WEEK 10	WEEK 11	WEEK 12	WEEK 13	WEEK 14	WEEK 15	WEEK 16
	<a href="#">Module 6</a>		<a href="#">Module 7</a>		<a href="#">Module 8</a>		<a href="#">Module 9</a>	

Term 1	<b>Responsibilities</b>		<b>Communities</b>		<b>Growing and Changing</b>		<b>Harmful Materials</b>	<b>REVISION</b>
	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>	
	Define responsibilities and list the reasons why they are important.		1. Explain why community is important. 2. Identify the people who help in the community.		Identify the significant changes in one's life.		Name samples of harmful materials and identify ways on how to take responsibility for safety.	
YEAR 3	WEEK 17	WEEK 18	WEEK 19	WEEK 20	WEEK 21	WEEK 22	WEEK 23	WEEK 24
Term 2	<a href="#">Module 10</a>		<a href="#">Module 11</a>		<a href="#">Module 12</a>		<a href="#">Module 13</a>	<b>REVISION</b>
	<b>Dangerous Places</b>		<b>Help!</b>		<b>Things that Influence Us</b>		<b>Togetherness</b>	
	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>	
	Identify possible dangers that could happen in different places and how to avoid them.		Name ways and procedures in dealing with emergencies.		Recognise the things that influence them and how to react properly.		Discuss the importance of a family and the nature of relationships.	
	WEEK 25	WEEK 26	WEEK 27	WEEK 28	WEEK 29	WEEK 30	WEEK 31	WEEK 32
Term 2	<a href="#">Module 14</a>		<a href="#">Module 15</a>		<a href="#">Module 16</a>		<b>REVISION</b>	
	<b>What is a friend?</b>		<b>Other People's Feelings</b>		<b>Bullying</b>			
	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>			
	Define what a friend is and enumerate friendly qualities.		Define and describe ways that will show empathy.		Recognise a bully and name ways of dealing with them.			

## PSHE YEAR 4 LONG TERM PLAN with CURRICULUM STANDARDS

YEAR 4	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
Term 1	<a href="#">Module 1</a>		<a href="#">Module 2</a>		<a href="#">Module 3</a>	<a href="#">Module 4</a>	<a href="#">Module 5</a>	
	<b>Different Feelings</b>		<b>What makes me feel this way?</b>		<b>Points of View</b>	<b>I Can Do It</b>	<b>Talking About Issues</b>	
	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>	<i>Learning Obj</i>	<i>Learning Obj</i>	
	Recognise people's feelings and explain how to deal with them.		Analyse and discuss the cause of the different feelings.		Express their opinions and explain their views on issues that affect themselves and the society.	Develop children's sense of self – worth.	Encourage children to express their own ideas and feelings about issues of importance to them.	
	WEEK 9	WEEK 10	WEEK 11	WEEK 12	WEEK 13	WEEK 14	WEEK 15	WEEK 16
Term 1	<a href="#">Module 6</a>		<a href="#">Module 7</a>		<a href="#">Module 8</a>	<a href="#">Module 9</a>		<b>REVISION</b>
	<b>Doing the Right Thing</b>		<b>Making Decisions</b>		<b>Consequences</b>	<b>Growing and Changing</b>		
	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>	<i>Learning Obj</i>		
	Plan and demonstrate how to behave in a responsible way.		Develop an awareness of making the right decision.		Realise the consequences of antisocial and aggressive behavior on individual and the community.	Realise how our bodies and lifestyle changes.		
YEAR 4	WEEK 17	WEEK 18	WEEK 19	WEEK 20	WEEK 21	WEEK 22	WEEK 23	WEEK 24
	<a href="#">Module 10</a>	<a href="#">Module 11</a>		<a href="#">Module 12</a>		<a href="#">Module 13</a>		<a href="#">Module 14</a>

Term 2	<b>Leisure and Work</b>	<b>Exercise</b>		<b>Coping with Stress</b>		<b>Personal Safety</b>		<b>Influences</b>
	<i>Learning Obj</i>	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>
	Develop an understanding of the ways in which leisure activities can promote mental and physical health.	Value the benefits of exercise.		Propose ideas on how to deal with worries and problems.		Evaluate and explore feelings of discomfort when put under pressure.		Analyse what makes a healthy lifestyle and discuss how to make informed choices.
	WEEK 25	WEEK 26	WEEK 27	WEEK 28	WEEK 29	WEEK 30	WEEK 31	WEEK 32
Term 2	<a href="#">Module 14</a>	<a href="#">Module 15</a>		<a href="#">Module 16</a>		<a href="#">Module 17</a>		<b>REVISION</b>
	<b>Influences</b>	<b>Changing Friendship</b>		<b>Looking After Friendship</b>		<b>Family Fall-outs</b>		
	<i>Learning Obj</i>	<i>Learning Obj</i>		<i>Learning Obj</i>		<i>Learning Obj</i>		
	Analyse what makes a healthy lifestyle and discuss how to make informed choices.	Examine and discuss feelings caused by moving away from friends and family.		Propose ways of keeping in touch with friends.		Recognise the different views of the people.		