

YEAR 4 – PSHE

Subject	PSHE
Class/ Division	Year 4 A-F
Week	4 (13th April to 16th April, 2020) – 14th April 2020, Tuesday (Students work on with their task.) – Morning Learning
Work send to students via	Group Email
Total number of lessons per week	1
Lesson	Topic - <u>Coping with Stress</u> Learning Objective - Discuss ideas on how to deal with worries and problems. In this lesson, we will learn how to deal with our daily problems.
Tasks	<ul style="list-style-type: none">• Read page 20 from PSHE File.• Write in your PSHE notebook any 2 of your daily problems and how you deal them.
Resources	PSHE File