

# SKILLS FOR LEARNING SMART



- Developing any skill takes time and effort
- Proficiency in learning is something that will help you all your life
- Lets look at 7 skills that will help you to learn in any environment



# Planning to succeed

- Have a single space allocated for your studies
- Have a schedule in place for study, play, socialising, reading for pleasure
- Purposefully planning for learning helps alleviate anxiety. Worrying about the many tasks that are to be done can be avoided

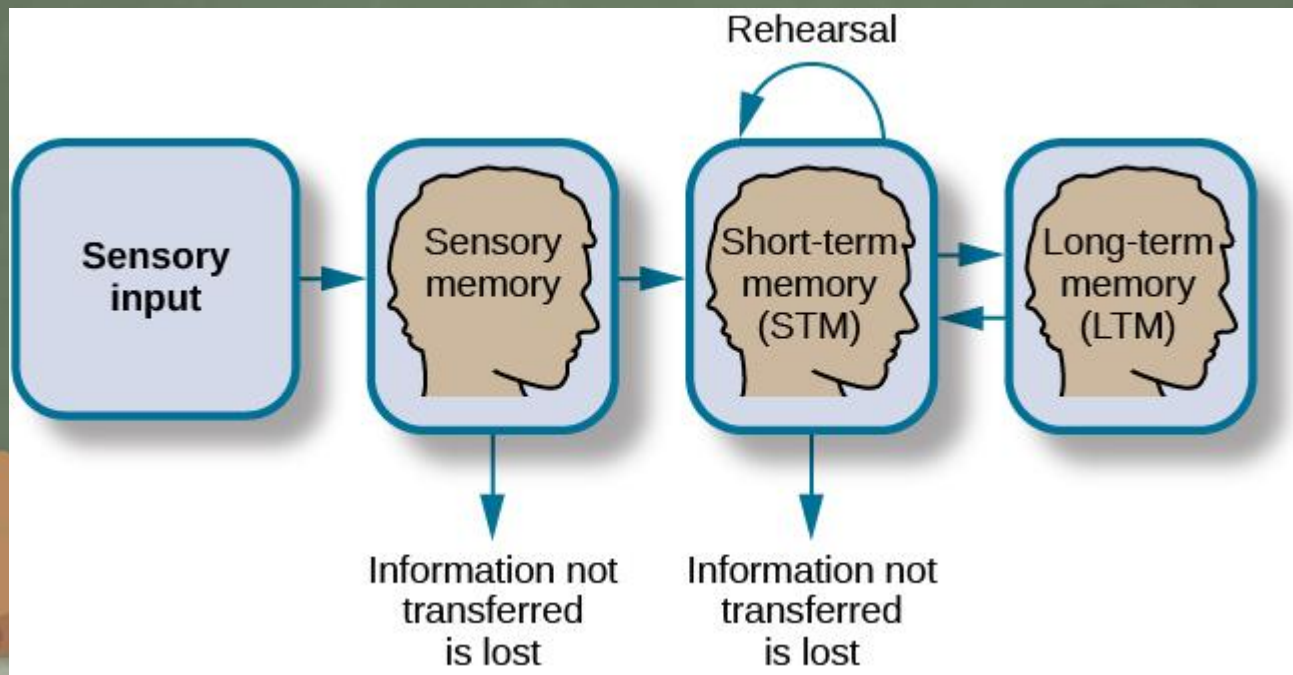


# Rehearse and Review

- Rehearse content within the day; enabling it to move to your long term memory.
- Review information periodically, so that it is retained better
- When reading large amounts of information- write down the things that you remember to check how much you have



# Simple diagram showing the importance of rehearsal



# Increasing Attention Span

The distractions caused by digital technology attacks our ability to concentrate on the task at hand.

- Develop the skill of maintaining attention despite the distractions around
- Multi-tasking – attention is severely strained when trying to do too many things at once
- A device free day...substituted with Reading, listening to other and understanding will help strengthen this skill





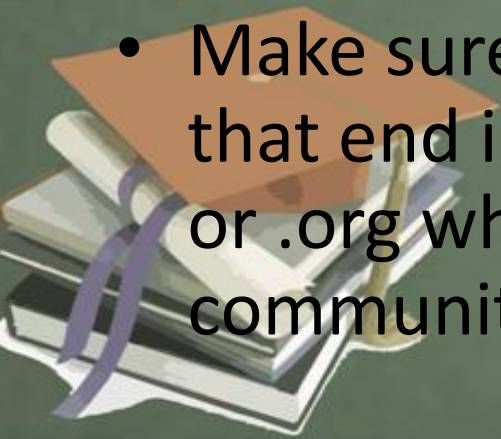
# Note taking

- Note taking is also a proven way to increase span of attention
- Making summary notes for your lessons while listening extends your ability to retain information
- Whether you are reading or listening, note taking requires actively engagement which contributes to successful retention



# Learning to Research Online

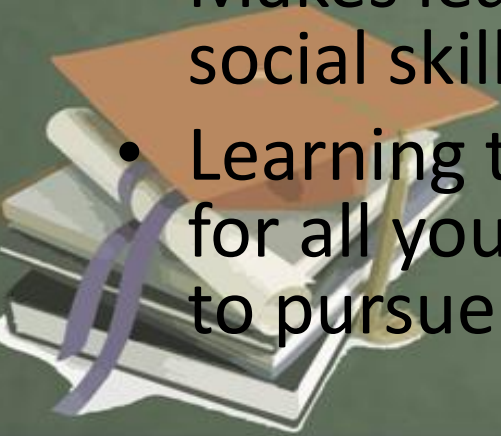
- Research using well known search engines such as Google- make sure your spellings are correct
- Narrow down your search-using specific and unique words
- Go through all the results to find the most relevant ones, not just the top few
- Make sure your sources are credible (domains that end in .edu showing educational institutions or .org which is mostly used by school, communities and not for profit organisations)





# Collaboration

- Learning the art of collaboration reaps great benefits for life.
- Collaborating in study groups helps you stay accountable and keep to a schedule.
- This vital skill aids in benefitting from each other's strengths
- Makes learning fun and help you develop key social skills
- Learning to work together is a skill you will need for all your life in whatever profession you choose to pursue



# Fall in love with learning

- Developing a love for learning is more an attitude than a skill
- Learn to fall in love with learning something new, knowing that it will keep you from getting complacent with what you know
- We are at a time in history when jobs keep changing, advancing technologies disrupt professions and some jobs disappear, the key to success is to have a love for learning
- On your own, you can learn more about any topic that interests you and that knowledge is power





The more that you read  
the more things  
you will know.

The more that you learn  
the more places you'll go.

