

## Year 2 A – E Science

Subject	<b>Science</b>
Class/Division	Year 2 A-E
Week	<b>4 (20<sup>th</sup> Sept --- 24<sup>th</sup> Sept)</b>
Work sent to students via	<b>Group email</b>
Total number of lessons per week	3
Unit 1	Health and Growth
Lesson 1	Topic: Health and Growth
Resources:	<p><b>Learning Objective:</b> Understand what is meant by a balanced diet</p> <p>1. Power point / video link:  <a href="https://www.youtube.com/watch?v=9VtxCxtsMAI">https://www.youtube.com/watch?v=9VtxCxtsMAI</a></p>
Task:	<p>Work sheet will be sent by the teacher- (Students may answer it in their note books)</p> <p>Learning Out comes:</p> <p>By the end of this lesson, all students must</p> <ol style="list-style-type: none"> <li>1. be able to identify the main food groups</li> <li>2. Some students will be able to name various foods that belong to the main food groups.</li> </ol>
Lesson 2	Topic: Health and Growth
Resources:	<b>Learning Objective:</b> Know the main food groups and be able to categorise food by type.

<p>Task:</p>	<p>1. Power point / video link:</p> <p><a href="https://www.youtube.com/watch?v=L9ymkJK2QCU">https://www.youtube.com/watch?v=L9ymkJK2QCU</a></p> <p>Work sheet will be sent by the teacher- (Students may answer it in their note books)</p> <p>Learning Out comes:</p> <p>By the end of this lesson, all students must</p> <ol style="list-style-type: none"> <li>1. be able to List foods that belong to the main food groups</li> <li>2. Some students will be Plan a diet for a 7year old child.</li> </ol>
<p>Lesson 3</p> <p>Resources:</p> <p>Task:</p>	<p>Topic: Health and Growth</p> <p><b>Learning Objective:</b> Understand the need for exercise to stay healthy</p> <p>1. Power point / video link:</p> <p><a href="https://www.youtube.com/watch?v=lqz67GIENs">https://www.youtube.com/watch?v=lqz67GIENs</a></p> <p>Work sheet will be sent by the teacher- (Students may answer it in their note books)</p> <p>Learning Out comes:</p> <p>By the end of this lesson, all students must</p> <ol style="list-style-type: none"> <li>1. Be able to explain the importance of exercise for staying fit and healthy.</li> <li>2. Some students will be able to describe what happens to the body when we exercise.</li> </ol>

