

WEEKLY PLAN YEAR 8 (SCIENCE)

Subject	Science	Mode of teaching
Class/ Division	Year 8 A-F	
Week	2 (6 th September to 10 th September)	
No. Of lessons	4	
Unit	8A Food and Nutrition	
Lesson 1	Discussion of baseline test and covering up gaps.	Zoom lesson
Lesson 2	<p>Chapter 8Aa Nutrients Learning Objective : What does our food chain contain? Learning Outcomes: All can recall the nutrients we need in our diets. Most of the students can Interpret nutrition information labels. Few can recall the tests used to detect some nutrients.</p> <p>Task Complete the text book questions.</p> <p>Text book Exploring Science (Active Learn) Pages 6 and 7</p> <p>Resources Active learn slides and PowerPoint. Text book Exploring Science (Active Learn)</p> <p>HOMEWORK: Complete the Science worksheet 8 Aa – 9 super fibre bars</p>	Zoom lesson
Lesson 3	<p>Chapter 8Ab Uses of nutrients LO: Why do we need the different nutrients? Learning Outcomes: All can recall good sources of different nutrients. Most of the students can describe how factors change the amount of energy we need. Few can describe what each nutrient does in the body.</p> <p>Task Complete the text book questions.</p> <p>Resource Text book Exploring Science (Active Learn) Pages 8 and 9 Active learn slides and PowerPoint. Text book Exploring Science (Active Learn)</p>	Zoom Lesson

Lesson 4	<p>Chapter 8Ab Uses of nutrients LO: Why do we need the different nutrients?</p> <p>Learning Outcomes:</p> <p>All can recall good sources of different nutrients. Most of the students can describe how factors change the amount of energy we need. Few can describe what each nutrient does in the body.</p>	Google Classroom
Task	Complete the Science worksheet 8Ab-7 Food and energy	
Resources	Science worksheet file	

Note: Students to answer all the text book questions in the note book.