Year	3	Α	-	Ε	-	Science
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Subject	Science				
Class/Division	Year 3 A-E				
Week	9 (25th October to 28th October, 2020)				
Work sent to	Group email/Zoom classes				
students via					
Total number					
of lessons per	4 (3 Synchronous and 1 Asynchronous)				
week					
Unit-2	Movement and feeding				
Lesson 1 and 2	Topic: Movement and feeding				
	Learning objective:				
	Know that humans need to eat the right amounts of				
	different types of foods				
	Learning outcome:				
	By the end of the lesson, students can				
	 Explain that humans need the right types of nutrition, which they get by eating a balanced diet 				
	 Understand the right proportion of food to be taken daily 				
	Define balanced diet				
Resources:	1. Power Point Presentations for the live zoom lessons (child friendly/self explanatory)				
	2.Video links				
	https://www.youtube.com/watch?v=0KbA8pFW3tg				
	3. Active learn:				
	Diets through history				
	https://www.activelearnprimary.co.uk/resource/362544				
Task	Movement and feeding, workbook pages 6 and 7				

Lesson 3	 Learning objective: ➤ Identify what happens if we over- / under-eat and/or eat too much of the wrong things. 				
	Learning outcome: By the end of the lesson, students can -				
	 Explain the consequences of over- / under-eating. Understand that eating too much of the wrong things make us unhealthy. List foods that are high in fat, yet healthy. 				
Resources	1. Power Point Presentations for the live zoom lessons (child friendly/self explanatory)				
	2.Video links https://www.youtube.com/watch?v=9Fa30MsxFKY				
Task	Movement and feeding, workbook pages 8 and 9				