

MORAL EDUCATION FOR WEEK 11- YEAR 7	
<b>Subject</b>	Moral Education
<b>Session</b>	<b>ZOOM SESSION</b>
<b>Class/ Division</b>	Year (7 A – F)
<b>Week</b>	11 (8 <sup>th</sup> NOVEMBER- 11 <sup>th</sup> NOVEMBER )
<b>Work send to students via</b>	Google Classroom
<b>Total number of lessons per week</b>	2
<b>Unit 5</b>	MENTAL HEALTH
<b>Lesson 2</b>	VIEWS ON MENTAL HEALTH
<b>Learning Objective</b>	<ul style="list-style-type: none"> <li>To understand that mental health issues can affect anyone. They are not something to stigmatise.</li> </ul>
<b>Tasks</b> <b>(Day 1)</b>	<u>Explain</u> <ul style="list-style-type: none"> <li>Gratitude</li> <li>Stigmatisation</li> <li>Destigmatisation</li> </ul> <u>Discuss</u> <ul style="list-style-type: none"> <li>What challenges might people who have mental health issues face? ( Activity on page 43-44)</li> <li>How could you deal with these challenges</li> <li>What are your attitudes to mental health (page 45)</li> </ul>
<b>Resources</b>	<ul style="list-style-type: none"> <li>Power point presentation</li> <li>Text book</li> </ul>

MORAL EDUCATION FOR WEEK 11- YEAR 7	
<b>Subject</b>	Moral Education
<b>Session</b>	<b>GOOGLE CLASSROOM</b>
<b>Class/ Division</b>	Year 7( A- F)
<b>Week</b>	11 (8 <sup>th</sup> NOVEMBER- 11 <sup>th</sup> NOVEMBER )
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<b>Unit 5</b>	MENTAL HEALTH
<b>Lesson 2</b>	VIEWS ON MENTAL HEALTH
<b>Learning Objective</b>	<ul style="list-style-type: none"> <li>To understand that mental health issues can affect anyone. They are not something to stigmatise.</li> </ul>
<b>Tasks (Day 2)</b>	<p><u>ACTIVITY</u></p> <p>Write a short paragraph to take notice of your thought and Think about how you feel today, what are you happy about? what are you grateful for? Are you worried about anything?</p>
<b>Resources</b>	Text book