

MORAL EDUCATION FOR WEEK 12- YEAR 7	
<b>Subject</b>	Moral Education
<b>Session</b>	<b>ZOOM SESSION</b>
<b>Class/ Division</b>	Year 7 (A to F)
<b>Week</b>	12 (15 <sup>th</sup> NOVEMBER- 19 <sup>th</sup> NOVEMBER )
<b>Work send to students via</b>	Google Classroom
<b>Total number of lessons per week</b>	2
<b>Unit 5</b>	MENTAL HEALTH
<b>Lesson 3</b>	CAUSES OF MENTAL DETORINATION AND ITS IMPACT ON THE INDIVIDUAL
<b>Learning Objective</b>	<ul style="list-style-type: none"> <li>Know how to access structured support such as peer support and formal counselling.</li> </ul>
<b>Tasks (Day 1)</b>	<p><u>Explain</u></p> <ul style="list-style-type: none"> <li>Active</li> <li>Exercise</li> <li>Physically fit</li> </ul> <p><u>Discuss</u></p> <ul style="list-style-type: none"> <li>How does the power and joy of sports unleash the human spirit?( activity on page 49-50)</li> <li>What role can a school play in encouraging a healthier lifestyle?</li> </ul>
<b>Resources</b>	<ul style="list-style-type: none"> <li>Power point presentation</li> <li>Text book</li> </ul>

MORAL EDUCATION FOR WEEK 11- YEAR 7	
<b>Subject</b>	Moral Education
<b>Session</b>	<b>GOOGLE CLASSROOM</b>
<b>Class/ Division</b>	Year 7 (A,to F)
<b>Week</b>	12 (15 <sup>th</sup> NOVEMBER- 19 <sup>th</sup> NOVEMBER )
<b>Work send to students via</b>	Google Classroom
<b>Total number of lessons per week</b>	2
<b>Unit 5</b>	MENTAL HEALTH
<b>Lesson 3</b>	CAUSES OF MENTAL DETORINATION AND ITS IMPACT ON THE INDIVIDUAL
<b>Learning Objective</b>	<ul style="list-style-type: none"> <li>Know how to access structured support such as peer support and formal counselling.</li> </ul>
<b>Tasks (Day 2)</b>	<b>ACTIVITY</b> Write a short paragraph about how the 5 ways could help you
<b>Resources</b>	Text book page 52- exercise 5