## YEAR 3 A- E – Moral Education

| Subject                | Moral Education  |
|------------------------|--|
| Class/ Division        | Year 3 A- E  |
| Week                   | Wk 13 22/11/2020 - 26/11/2020  |
| Work send to           | GC (Morning Learning Task)   |
| students via           |  |
| <b>Total number of</b> | 1  |
| lessons per week       |  |
| Unit 4                 |  |
| Lesson 5               | <u>Topic -</u> Healthy Eating, Healthy Body  |
|                        | Diet, Balanced diet, Meal  |
|                        |  |
|                        | <u>Learning Objective</u> - Explain why it is important to be healthy and what one can do to maintain a healthy lifestyle to ensure emotional and physical wellbeing |
| Task                   | GC - Notes – Lets think about Healthy Food Planning a balanced lunch box   |
| Resource               | Moral Education Text Book. Internet resources.   |