

MORAL EDUCATION FOR WEEK 13- YEAR 7	
Subject	Moral Education
Session	ZOOM SESSION
Class/ Division	Year 7(A – F)
Week	13 (22 nd NOVEMBER- 26 th NOVEMBER)
Work send to students via	Google Classroom
Total number of lessons per week	2
Unit 5	MENTAL HEALTH
Lesson 4	ASKING FOR HELP
Learning Objective	<ul style="list-style-type: none"> • Know how to access structured support such as peer support and formal counselling.
Tasks (Day 1)	<p><u>Explain</u></p> <ul style="list-style-type: none"> • Support • Seeking help • Counselling • Mindfulness <p><u>Discuss</u></p> <ul style="list-style-type: none"> • Think of an area where you might need help. (exercise on page 54/55/56/57) • What skills should a good counsellor have?
Resources	<ul style="list-style-type: none"> • Power point presentation • Text book

MORAL EDUCATION FOR WEEK 13- YEAR 7	
Subject	Moral Education
Session	GOOGLE CLASSROOM
Class/ Division	Year 7 (A –F)
Week	13 (22 nd NOVEMBER- 26 th NOVEMBER)
Work send to students via	Google Classroom
Total number of lessons per week	2
Unit 5	MENTAL HEALTH
Lesson 4	ASKING FOR HELP
Learning Objective	<ul style="list-style-type: none"> Know how to access structured support such as peer support and formal counselling.
Tasks (Day 2)	<u>ACTIVITY</u> Excercise 4 on page 58 (to be turned in) Excercise 5 (discussion)
Resources	Power point presentation Lesson uploaded in GC