Year 7 -SCIENCE

DISTANCE LEARNING WEEKLY PLAN - WEEK 24

Subject	Science	
Class/	Year 7 A-F	
Division		Mode of
Week	$24 (7^{\text{th}} \text{ Feb to } 11^{\text{th}} \text{ Feb})$	teaching
No. of lessons	4	
Unit	Unit 7C Muscles and Bones	
Lesson 1	Chapter 7Ce Muscles and moving	
	Learning Objectives:	
	.How are muscles used in the locomotor system	
	Learning outcome:	
	• State the function of and the parts in the locomotor system	
	• Describe how antagonistic muscles work.	
	• List few pairs of antagonistic muscles.	Zoom Session
Task	Answer the Questions in pages 46-47	
	Active learn Text Book Exploring Science 7	
Resources	Active learn presentation, Work book pages- 34, 35.	
Lesson 2	Chapter 7Cd Drugs	
	Learning objectives:	
	How do drugs affect our Bodies	
	Learning out come-	
	• Recall how different drugs affect the body.	
Task		Zoom Session
	1. Know the differences between drugs and medicine.	
	2.Make notes on how stimulants and depressants affect our body	
	Active learn presentation	
Resources	Answer Question and Answers pages 50-51;Work sheets	
	pages36,37	
Lesson 3	Chapter 7Fa Hazards	
	Learning Objectives: How do we deal with hazardous substances	
	Learning outcome:	
	Recognize some common hazard symbols	
	• Explain why hazard symbols are necessary	
	Recognize some common acids.	
Task	Self study :	
	Students learn the lesson on their own.	
	Draw the hazard symbols and write the description of each symbol.	Zoom session
	Question and answers (Pages 86-87) discussed in the class.	
	Active learn Text Book Exploring Science 7	
Resource	Active learn presentation, Work sheets,	
Lesson 4	Work sheets of 7Cd, 7Ce and 7Fa, discussed and answers shared in	Google
	GC. Answers posted for difficult questions.	classroom

Note: Students to answer all the text book questions in the note book.