

Year 4 - PSHE

Subject	PSHE
Class/Division	Year 4 A-F
Week	24 (7 th FEB- 11 th FEB 2021)
Work sent to students via	ZOOM
Total number of lessons per week	1
Unit	UNIT 6- Leisure and Work
Lesson 1	<u>Topic:</u> Leisure and Work <u>Learning Objective-</u> Develop an understanding of the ways in which leisure activities can promote mental and physical health. <u>Learning Outcome-</u> <ul style="list-style-type: none">• To be able to strike a balance between work and leisure activities.• To realise that leisure and free time is extremely essential for our growth and development
Task-	Teacher discusses the following pointers with students <ul style="list-style-type: none">• The concept of work• Discuss with them to work not for our benefit, but because it gives them both dignity in a job well done today and the tools and character to win in the future as adults.• To understand that if you are a graduate from high school and your only skill set consists of playing video games, whining, and eating junk food it is of no use.• To understand that ALL PLAY AND NO WORK

Resources –

MAKES JACK A DULL BOY.

- **To teach them the importance of daily chores**

PSHE file, videos (The importance of work)

https://www.youtube.com/watch?v=GkIOPrn_5U4