

## YEAR 2 – PSHE

<b>Subject</b>	PSHE
<b>Class/ Division</b>	Year 2A,B,C,D,E
<b>Week</b>	25 (14 <sup>th</sup> – 18 <sup>th</sup> Feb 2021)
<b>Work send to students via</b>	Zoom
<b>Total number of lessons per week</b>	1
<b>Lesson</b>	<b>Topic – Eating Healthy</b>  <b>Learning Objective</b> - Explain the importance of having a healthy breakfast, lunch and snacks to stay energized and focused at school.  <b>Learning Outcome:</b> In this lesson, we will learn about the importance of eating healthy food and how it makes us healthy and strong.
<b>Tasks</b>	<ul style="list-style-type: none"><li>• <a href="https://youtu.be/p_0sdXy6Yf4">https://youtu.be/p_0sdXy6Yf4</a></li><li>• Discuss about the difference between healthy and unhealthy food.</li><li>• Write and draw healthy food and unhealthy .food</li><li>• PPT will be shown.</li></ul>
<b>Resources</b>	<ul style="list-style-type: none"><li>• <i>PSHE file</i></li><li>• <i>Video</i></li><li>• <i>PPT</i></li></ul>