

Year 11 G-H PSYCHOLOGY

Subject	Psychology
Class/ Division	Year 11 G-H
Week	3 (14th Feb to 18th Feb)
Work sent to students via	Zoom Meeting and Google Classroom
Total number of lessons per week	3 Zoom Classes(Synchronous) 1 Google Classroom
Topic (Term 1 Lesson)	Sleep and Dreaming

Lesson Topic	<ul style="list-style-type: none"> • Symptoms and explanations of Sleep disorders • Freud's (1990) theory of dreaming
Content in Sleep and Dreaming	<p>Learning Objectives:</p> <ul style="list-style-type: none"> • Outline symptoms and explanations of sleep disorders, including: <ul style="list-style-type: none"> a. insomnia b. narcolepsy • Evaluate the Freudian theory of dreaming (Freud, 1900), including strengths and weaknesses of the theory: <ul style="list-style-type: none"> a. manifest content b. latent content c. dreamwork
Task	<p>Learning Outcomes:</p>
Resources	<ul style="list-style-type: none"> • Describe symptoms and explanations of sleep disorders, including: <ul style="list-style-type: none"> a. insomnia b. narcolepsy • Discuss the Freudian theory of dreaming (Freud, 1900), including strengths and weaknesses of the theory: <ul style="list-style-type: none"> a. manifest content b. latent content c. dreamwork

Task 1:

Do the Apply it question on Pg 179

(To be done during GC session)

Task 2: Homework

Answer the following question:

Mike woke up and remembered his dream. He had dreamt that he was climbing a mountain which was covered in snow made out of shredded paper. Every time Mike got halfway up the mountain, he was pushed down to the bottom again by a large panda bear. Mike told his friend at work about the dream and she said it must have some hidden meaning. However, Mike does not believe his dream has any meaning. How would Freudian dream theory explain what Mike can remember of his dream? How would activation synthesis theory explain Mike's dream?

TB. Psychology Book Edexcel GCSE (9-1) 1 pp. 235-239