

**Year 11 A-F PSYCHOLOGY**

<b>Subject</b>	<b>Psychology</b>
<b>Class/ Division</b>	<b>Year 11 A-F</b>
<b>Week</b>	<b>3</b> <b>Term 2 (14<sup>th</sup> Feb to 18th Feb)</b>
<b>Work sent to students via</b>	<b>Zoom Meeting and Google Classroom</b>
<b>Total number of lessons per week</b>	<b>3 Zoom Classes( Synchronous)</b> 1 GC
<b>Topic (Term 1 Lesson)</b>	<b>Psychological Problems</b>
<b>Lesson Topic</b>  <b>Content in Psychological Problems</b>	<ul style="list-style-type: none"> <li>• <b>Psychological Problems</b></li> </ul> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"> <li>a. Describe the symptoms and features of unipolar depression that diagnose this as a mental health problem.</li> <li>b. Explain how the number of people diagnosed with unipolar depression has changed over time.</li> <li>c. Discuss how unipolar depression can affect individual people and society in general.</li> <li>d. Evaluate the Genetic explanation of unipolar depression</li> <li>e. Evaluate the Cognitive theory as an explanation of depression</li> <li>f. Discuss CBT as a treatment for depression</li> </ol>

<p><b>Task</b></p>	<ul style="list-style-type: none"> <li>g. Discuss Drug therapy as a treatment for depression</li> <li>h. Describe the symptoms, features, incidence and influence of addiction</li> <li>i. Evaluate the Genetic explanation of Addiction</li> <li>j. Discuss learning theory as an explanation of addiction</li> <li>k. Evaluate CBT as a treatment for addiction</li> <li><i>l.</i> Discuss drug therapy as a treatment for addiction</li> <li><i>m.</i> Explain the study of Caspi et al (2003) and Young (2007) studies.</li> <li><i>n.</i> Evaluate the strengths and weaknesses of the studies.</li> </ul>
<p><b>Resources</b></p>	<ul style="list-style-type: none"> <li>o. Discuss the nature and nurture debate</li> <li>• <b>Learning Outcomes:</b> <ul style="list-style-type: none"> <li>a. Outline the symptoms and features of unipolar depression.</li> <li>b. Describe how the number of people diagnosed with unipolar depression has changed over time.</li> <li>c. Explain how unipolar depression can affect the individual people and society in general.<sup>2</sup></li> <li>d. Describe the Genetic explanation of unipolar depression</li> <li>e. Describe the Cognitive theory as an explanation of depression</li> <li>f. Explain CBT as a treatment for depression</li> <li>g. Explain Drug therapy as a treatment for depression</li> <li>h. Describe the symptoms, features, incidence and influence of addiction</li> <li>i. Explain the Genetic explanation of Addiction</li> <li>j. Describe learning theory as an explanation of addiction</li> <li>k. Explain CBT as a treatment for addiction</li> <li><i>l.</i> Describe drug therapy as a treatment for addiction</li> <li><i>m.</i> Explain the study of Caspi et al (2003) and Young (2007) studies.</li> </ul> </li> </ul>

n. Explain the strengths and weaknesses of the studies.

o. Summarize the nature and nurture debate

**Task 1:** Marzia has missed a lot of school recently and her parents are very worried about her. She is sleeping a lot more than normal, but constantly feels tired. On days when she does not go to school. Marzia spends most of her time in bed, not even getting up to eat regularly. When her parents try to talk to Marzia about how she is feeling, she usually ends up in tears and says she just feels so sad all the time.

Her parents take her to see the doctor, who says Marzia is showing some symptoms of depression.

Using your knowledge of unipolar depression, explain why Marzia's symptoms might lead her doctor to think she is suffering from depression.

(To be done during GC)

**Task 2:** Homework to be written and uploaded on to GC

Jeremy and Lucy are brother and sister. They have recently had to move house and change schools because their dad got a new job in a different town. Jeremy has adjusted really well but Lucy is feeling very down since the move.

Using your knowledge of the Caspi et al. study, explain how a difference in their genes could explain the difference in their reaction to their recent move.

TB. Psychology Book Edexcel GCS4E (9-1) 1 pp. 48-77