

Subject	<u>Psychology</u>
Class/ Division	<u>Year 12</u>
Week	<u>30</u> <u>21st – 25th March 2021</u>
Work send to students via	<u>Google Classroom</u>
Total number of lessons per week	<u>3 synchronous</u>
Chapter 4 (Term 2 Lesson)	<u>Learning Theories</u>
Lesson Topic	<u>Treatments/Therapies for Phobias based on Learning Theories</u>
Content in Learning Theories	<p><u>Learning objectives:</u> <u>Explore various treatments and therapies for phobias that use the principals of either classical conditioning, operant conditioning and social learning theory.</u></p> <p><u>Learning Outcomes:</u></p> <ol style="list-style-type: none"> 1. Describe the use of systematic desensitization for treating phobias. 2. Explain the use of flooding (exposure therapy) as a treatment for phobia. 3. Describe CBT for treating phobias. 4. Describe other treatments and therapies based on learning theory principals. <ol style="list-style-type: none"> (a) Aversion therapy (b) Token economies 5. Describe the strengths and weaknesses of each treatment and therapy.

<p>Task</p>	<p>Task: (Done during the zoom session).</p> <p>Progress check 4.23 As well as classical conditioning, what are the other three theories/ areas in psychology that seem to be involved in systematic desensitisation as a treatment for phobias?</p> <p>Progress check 4.24 (students can do on the textbook) Share their responses and check answers with the teacher.</p> <p>Task 2: (Done during the zoom session).</p> <p>Progress check 4.25 (breakout session) Write out a vicious cycle for someone who has agoraphobia.</p> <p>Progress check 4.26 (students can do on the textbook) Share their responses and check answers with the teacher.</p>
<p>Resources</p>	<p><i>ppt</i></p> <p><i>Textbook pages 246-256</i></p> <p><i>Videos</i></p>