

AL2 PSYCHOLOGY

Subject	Psychology
Class/ Division	AL2
Week	16 (6th to 10th June 2021)
Work send to students via	Zoom Meeting and Google Classroom
Total number of lessons per week	2 Zoom Synchronous and 2 Asynchronous Sessions
(Term 2 Lesson)	Psychology University Study Skills
Lesson Topic	<u>Improving Study Skills through Psychological Science</u>
Psychology University Study Skills	<p>Learning Objectives:</p> <ul style="list-style-type: none"> • Describe the components of effective studying (attention, multitasking, working memory, learning strategies, metacognition). • Explain the study plan using effective study strategies. <p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Identify the components of effective studying (attention, multitasking, working memory, learning strategies, metacognition). • Design a study plan using effective study strategies.
Task	<p>Task 1: (Zoom session)</p> <ul style="list-style-type: none"> ➤ Discuss the components of effective studying (attention, multitasking, working memory, learning strategies, metacognition). <p>Task 2: (Zoom session)</p> <ul style="list-style-type: none"> ➤ Outline a study plan using effective study strategies
Resources	Ppt on <i>Improving Study Skills through Psychological Science</i>