



مدرسة القديسة مريم الكاثوليكية الثانوية - دبي
ST. MARY'S CATHOLIC HIGH SCHOOL, DUBAI

Lesson Plan

Subject	Psychology
Class/ Section	9
Week	19th September – 23th September
Work send to students by	Google classroom
Total number of lessons per week	4
Unit/Topic	Topic 1: Development – Dweck's mindset theory and the effects of learning development
Key Vocabulary	Mindset, Ability, Effort, Fixed mindset and Growth mindset
Lessons 1,2,3 –Live Zoom lesson along with face to face instruction for students present on a particular day Work will be assigned in google classroom which will be matched to the students ability.	<u>Specific Learning objectives</u> <ul style="list-style-type: none">• Explain the effects of learning on development using Carol Dweck's mindset theory, including strengths and weaknesses of the theory. <u>Specific Intended Learning Outcomes</u> <ul style="list-style-type: none">• Define the words: fixed mindset, growth mindset and ability and effort.• Distinguish between ability and effort.

Tasks

- Link back to the development of brain to discuss how learning creates and stabilizes neural pathways in the brain thus making learning and development interconnected.
- Evaluate the strengths and weaknesses of the use of mindset theory of learning on development.

Task 1: (During Lesson)

- Explain the meaning of mindset
- Discuss the definitions of fixed mindset, growth mindset, effort, and ability
- Identify the difference between ability and effort
- Explain the strengths and weaknesses of Dweck’s mindset theory

Task 2: (Homework -Google classrooms)

- Describe the role praise plays in learning, and what effects does mindset theory have on future development and success.
(Due Date: 27th September)

Task 3: (Homework – Google Classrooms)

- Fixed and growth mindsets: what they are, how can they be recognised? Create a poster promoting growth mindset theory or poster comparing growth mindset and fixed mindset.
(Due Date: 1st October)

**Assessment Criteria/
Essential questions**

Essential questions:

1. Define the words: fixed mindset, growth mindset and ability and effort.
2. Distinguish between ability and effort.
3. Link back to the development of brain to discuss how learning creates and stabilizes neural pathways in the brain thus making learning and development interconnected.
4. Evaluate the strengths and weaknesses of the use of mindset theory of learning on development.

Assessment Criteria:

AO1: Describe Fixed and Growth Mindset; Ability and Effort

AO2: Explain the how mindset affects development

AO3: Evaluate Dweck’s mindset theory – Strengths/Weaknesses

Resources

- **Textbook page 10 & 11**
- **PowerPoint**
- **Video (optional)**
<https://www.youtube.com/watch?v=X0mgOOSpLU>
<https://www.youtube.com/watch?v=NWv1VdDeoRY>
- **Article (optional):**
<https://www.tes.com/news/carol-dweck-whole-idea-growth-mindset-say-yes-they-can>