



ST. MARY'S *Catholic High School, Dubai*

UNIFORM POLICY

REVIEWED: SEP 2023

2023-2024





ST. MARY'S Catholic High School, Dubai

SCHOOL UNIFORM

Girls' Shirt:

All girls will continue to wear the light blue blouse with the school logo. *We request parents to kindly make sure that the size selected for your daughter is appropriate with a slightly looser fit for a more modest appearance.*

Girls' Skirt :

Girls will also continue to wear the existing grey skirt, but we would appeal to all parents to make sure that the skirts purchased for your daughter, are worn modestly and are of appropriate length. (must cover the knees while seated). *It has been an unpleasant experience to have to constantly correct our young ladies for the often immodest length of their skirts and we strongly urge all parents to take strict cognizance of the same and to ensure that your daughters' skirts are well below the knee. Do take into account sudden gains in height when you purchase the skirts.*



Boys' Uniform :

Boys will also continue to wear the white T-Shirt with the school logo and navy blue trousers.

Boys' and Girls' Sports Uniform :

Boys and girls throughout the school will wear dark navy blue track pants and a T-shirt in their respective house colours with the house logo on the back and the school logo in front.



SHOES (GIRLS):

GIRLS will be allowed to wear sports shoes (ONLY FULL WHITE) on the days they have sports . On other days, all girls MUST wear BLACK SHOES with GREY SOCKS. **The BLACK SHOES MAY BE FORMAL OR EVEN SPORTS SHOES . In the past we used to mandate only formal shoes but after suggestions from parents and students about comfort and practicality , we will accept black sports shoes as well. A white sole will also be permitted but there must not be any other colour or design on the shoes.**

Sports shoes must be **regular white**. No additional colours, whatsoever will be accepted. If the shoes have laces, the laces must be the same plain colour as the shoes. **No converse or canvas shoes or boots will be allowed. We would ask you also not to allow your daughter to wear boys' shoes.**

SHOES (BOYS)

BOYS will be allowed to wear sports shoes (ONLY FULL WHITE) on the days they have sports . On other days, all boys MUST wear BLACK SHOES with BLUE SOCKS. **The BLACK SHOES MAY BE FORMAL OR EVEN SPORTS SHOES . In the past we used to mandate only formal shoes but after suggestions from parents and students about comfort and practicality , we will accept black sports shoes as well. A white sole will also be permitted but there must not be any other colour or design on the shoes.**

Sports shoes must be **regular white**. No additional colours, whatsoever will be accepted. If the shoes have laces, the laces must be the same plain colour as the shoes. **No converse or canvas shoes or boots will be allowed.**

We would advise parents to buy simple school footwear for your children. This will be more economical for you and will also ensure that the shoes are in keeping with the school regulations.

WINTER HOODIE :

The winter hoodie also continues to be the same. Year 12 and 13 students are allowed to wear their school Varsity jackets and those students on the school sports teams are allowed to wear the school sports team jacket.

Kindly note that on those days when students have sports they **MUST** wear the complete PE uniform and no excuses will be entertained. However, on all other days, students are not permitted to wear the PE uniform or even a combination of it with the regular school uniform. On days when students do not have sports and / or activities, they **MUST** wear the regular school uniform.

All boys **MUST** wear an under- shirt or vest. Kindly note that it **MUST** be **ONLY WHITE** in colour. Similarly, all girls **MUST** wear a vest or camisole that **MUST** be **ONLY WHITE** in colour.

We would also like all parents and students to be aware that uniform infractions will be dealt with very strictly . Parents will receive an email for a breach of uniform regulations (this includes the use of accessories, nail polish, hair highlights, tints or colour etc. which is not permitted). Three uniform infractions will result in students being asked to spend a day home under suspension which will also be reflected in their personal student record.

We appeal to parents to co-operate with us in ensuring that children leave for school in the morning in a uniform which is clean, orderly and worn with dignity. The way the children dress says much about the image of the school, and, quite frankly, the attitude of the children and their level of co-operation, in some cases, has been very disappointing and at times very frustrating. We also appeal to parents to make sure that all students maintain a good sense of personal hygiene and are particular about daily hygiene routines. **PLEASE MAKE SURE THAT NO HAIR COLOUR / TINTING / HIGHLIGHTING IS DONE OVER ANY HOLIDAY BREAKS FOR YOUR CHILD'S HAIR. WE WILL ASK YOU TO HAVE IT REMOVED if this is the case.**

Hair and Jewellery : BOYS

- Hair should be kept short, combed neat and tidy.
- No spiked hairstyles allowed; no gel and no tints.
- Boys are not allowed to wear jewellery; except for a simple wristwatch any other item will be confiscated.
- No piercings or tattoos are allowed.

Hair and Jewellery : GIRLS

- Hair must be neatly tied back with a white, navy blue or black hair-tie.
- **No coloured tints / or even full hair colour will be allowed. Kindly do not even allow your daughter to tint her hair for festive occasions and / or holidays as she will return to school with the same and that will not be permitted. Artificial hair colour takes a number of months to completely wash out and hence NO EXCUSES WILL BE ENTERTAINED TO THIS EFFECT.**
- Besides stud earrings and a simple wristwatch, no other jewellery or accessory is allowed. The earrings must only be worn in the regular lower earlobe area and not on any other part of the ear.
- No piercings or tattoos are allowed.

Students should show respect for their uniform and they are also asked to keep their uniform and their shoes clean and tidy at all times.

PERSONAL HYGIENE :

Personal hygiene is to be strictly maintained by ALL students and we encourage you dear parents to ensure that students follow a daily routine of bathing and coming to school with their hair neatly combed, their uniform ironed and their appearance fresh and ready to start the school day. Keeping in mind the hot and humid weather conditions prevalent for a major part of the school year, it is advisable for older students to use a light deodorant after sports or outdoor lessons. **It must be noted here that students must not spray these in the classroom as it is often detrimental to some of their classmates who suffer from allergies or asthma.**

‘Coloured Clothes ‘ Days

On occasion, permission is given to students to dress down and wear coloured clothes to school.

Students are asked to observe the following guidelines :

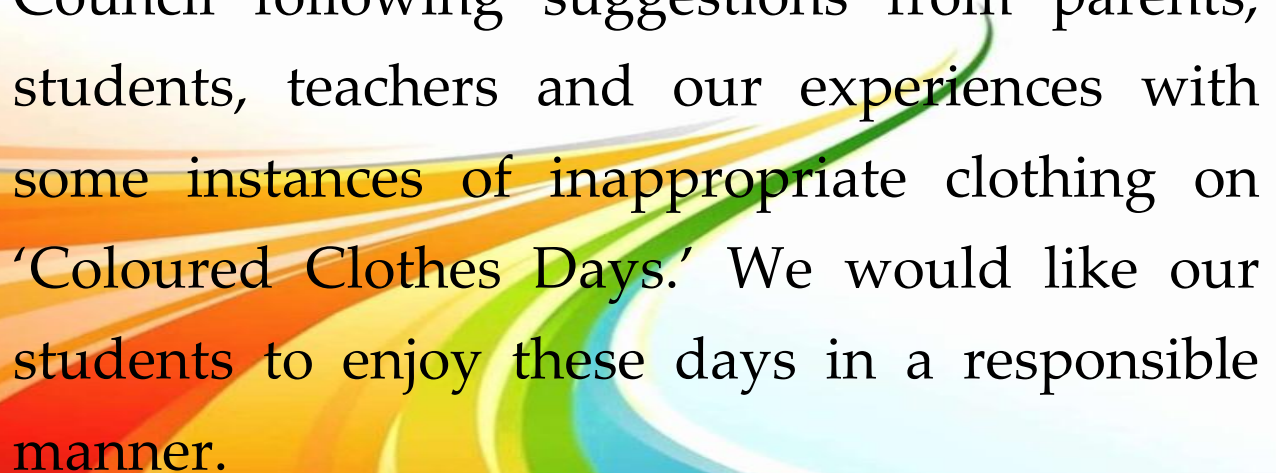
- Headgear of any kind (i.e. hats, caps, bandanas, sweatbands etc.) may not be worn. Halter, low cut, off-the-shoulder and transparent tops, those with spaghetti straps plus tank tops and muscle (sleeveless) shirts are not considered appropriate clothing for the school environment and **MUST NOT BE WORN ON ‘COLOURED CLOTHES’ DAYS.**
- Tops must be long enough to cover a student’s midriff.
- Any clothing displaying an inflammatory slogan, defamatory, suggestive or offensive language, or those promoting illegal activities or products (i.e. tobacco, drugs or alcohol) is prohibited.

Students who fail to observe these guidelines will not be allowed to attend classes and parents will be called to school to either bring appropriate clothing or to take the child home.



COLOURED CLOTHES DAY DRESS CODE

Together with the School's Senior Student Council, we have arrived at a **Coloured Clothes Day Dress Code** as a ready reference for both Parents and Teachers to have a clear idea of what is not acceptable for any student of the school to wear whenever the school invites students' to wear coloured clothes or on days like 'Ethnic Day', 'Talent Show' etc. We have worked with the Students Council following suggestions from parents, students, teachers and our experiences with some instances of inappropriate clothing on 'Coloured Clothes Days.' We would like our students to enjoy these days in a responsible manner.



IT IS NOT PERMITTED FOR ANY STUDENT TO WEAR THE FOLLOWING:

GIRLS

Any shorts, dress, skirt that is above the knee (All clothing must be below the knee)

No Jeans/ trousers that are RIPPED/ DISTRESSED above the knee

No RIPPED/ DISTRESSED Tights

No see-through/ transparent blouses/ t-shirts / dresses

No fish net / lace stockings (SIMPLE OPAQUE COLOURED STOCKINGS ONLY)

No low necklines

No off-shoulder tops/ blouses/ dresses/ any upper body wear

No upper body wear/ blouses/ tops/ t-shirts that are midriff revealing

No strappy/ spaghetti strapped tops/ blouses/ vests/ t-shirts/ dresses

No backless or strapped 'cholis' (worn with a sari)

No tattoos and extra piercings (other than earrings)

BOYS

No tank t-shirts (sleeveless t-shirts that are deeply cut in)

No inappropriate signs or slogans on clothing

No piercings and tattoos

No shorts above the knee (Short Pants must be below the knee)

Any student found not complying with the above will be kept in a private office area until a parent (who will be contacted) brings in some appropriate clothing.