ST. MARY'S CATHOLIC HIGH SCHOOL

P.O. Box: 52232, DUBAI - U.A.E.



حرسة القديسة مريم الكاثوليكية الثانوية

ص.ب. ٢٢٣٢ه، دبي – الإمارات العربية المتحدة

بريد إلكتروني : maryscol@emirates.net.ae موقع ويب : www.stmarysdubai.com هاتف : ۳۳۷۰۲۵۲ ؛ ۹۷۱ فاکس : ۳۳٦۸۱۱۹ ؛ ۹۷۱

OUR REF:....

TRN No. 100483609200003

Date: Thursday, 9th November 2023

To: The Parents of students in Years 1-13 WEEKLY CIRCULAR BEFORE WEEK TWELVE

Dear Parents,

Greetings from Saint Mary's. We trust that this update finds you and your families safe and healthy. It was very fulfilling seeing the children's happiness and excitement today as they celebrated together. We hope to many more of these wellbeing initiatives to offer children the opportunity to enjoy various cultural events and develop a better connectedness with their Marian Family.

We would like to wish all our students and staff and their families celebrating Diwali, a truly Happy Diwali and may the festival of lights bring radiance and peace to your families and homes. Our heartfelt blessings to you all on this joyous festival.

NEW

- SCHOOL WELL-BEING VISION (Please see attachment).
- ANNUAL KHDA PARENT SURVEY please check the school website for the survey link.
- THE BIG GREEN LESSON Letter to Parents (Please see attachment).
- SIMS PARENT APP INVITATION New parents.
- FIRST TERM EXAMINATION TIMETABLE & PORTIONS Monday, 13th
 November 2023.
- FRIDAY, 10th NOVEMBER SCHOOL HOLIDAY & GRADUATION CEREMONY FOR THE CLASS OF 2023

ALL PARENTS PLEASE NOTE THAT THE DEADLINE FOR ALL FIRST TERM FEE PAYMENTS WAS 20TH SEPTEMBER 2023. ANY STUDENT WHOSE FIRST TERM FEES HAVE NOT BEEN PAID WILL BE CONSIDERED OUTSTANDING AND WE WILL NOT BE ABLE TO ISSUE CORRECTED ASSESSMENT PAPERS, OFFICIAL DOCUMENTS ETC. PLEASE RESPECT THE FEE PAYMENT DEADLINES.

1) SCHOOL WELL-BEING VISION:

We are happy to share with you all, the WELL-BEING VISION for our school. We had a representation of school governors, leaders, parents, teachers, administrative staff and students to work together to create a **WELL-BEING VISION** for our school. Please find below our staff WELL-BEING TEAM. Going forward, we will be looking to form a **Parent WELL-BEING TEAM** to support us in this vision.

SCHOOL STAFF & STUDENT WELL BEING TEAM

Wellbeing Governor	Dr. Alka			
Vice Principal & Wellbeing Champion	Ms. Lise-Ann			
Primary Section Head	Ms. Rose Libreja Yater			
Senior Counsellor	Ms. Samantha Bunyan			
Primary Counsellor	Ms. Natasha Joseph			
School Doctor	Dr. Dayani Pathirage			
Subject Leader for Psychology	Ms. Tabeetha Paul			
Primary Subject leader for Science	Ms. Lovey Ramos			
Subject Leader for PE	Mr. Christopher Chandra			
Teacher	Ms. Seena Varghese			
Teacher	Mr. Arun John			
WELL BEING STUDENT LEADE	RS (YEAR 12) & WELLBEING			
CHAMPIONS ACROSS ALL YEAR GROUPS				

2) ANNUAL KHDA PARENT SURVEY LINK:

Parents of students in YEARS 5-13 are invited to access the link on the school website. The deadline for the same is 30th November 2023.

Link: https://touch.khda.gov.ae/s/B620B1052A9F4AB39D839DB2AEB75756

3) THE BIG GREEN LESSON:

We are participating in this transformative initiative empowering students to drive positive change for a better world. Developed by the United Arab Emirates Ministry of Education, this programme focuses on the Sustainable Development Goals (SDGs) with a keen emphasis on tackling climate change, a critical global issue. Please see the attached letter for parents. Please collaborate with us in our aim to make children more sensitive to the value of Sustainability.

4) SIMS PARENT APP INVITATION:

The IT Department will be sending out the SIMS PARENT APP Invitation to new parents to your child's school email ID. Please follow the steps provided in the email. For existing parents, please use your regular student email login credentials to access your SIMS PARENT APP. If you are facing any difficulty, please send in an email to IT.

5) FIRST TERM EXAMINATIONS AND PORTIONS:

Following feedback and requests from parents to send these documents earlier, we will be sending you'll the First Term Examination Timetables and Portions on Monday, 13th November 2023.

6) LIBRARY MEMBERSHIP (STUDENTS IN YEARS 9-13):

We will be sending a library membership circular and application form to your child's school email. Please have them to show it to you.

7) FIRST REPORT DAY -TUESDAY, 28TH NOVEMBER 2023 -2:30 - 5:30 PM: Parents, places understand that we have always tried our best to schedule

Parents, please understand that we have always tried our best to schedule Parent-Teacher days on Saturdays but this time we have faced difficulties due to non-availability of Saturdays. Please bear with us this time. This is why we gave parents advance notice as regards the report day so that you'll can make some arrangements.

NON-AVAILABILITY OF SATURDAYS WHICH COMPELLED US TO CHOOSE ANOTHER DAY FOR THE PARENT-TEACHER REPORT DAY

Sat,25 th November	Mandated full day training and conference for all staff, organised by the Vicariate
Sat, 2 nd December	National Day
Sat, 9th December	School closed for Winter Break

8) SIMPLY BOTTLES RECYCLING PLASTIC WATER BOTTLES (Type 1 or PET plastic) RECYCLING CAMPAIGN 6th November to 8th December:

We are inviting parents to please support the children in this campaign as we really would like them to value the importance of recycling. In addition to prizes from Simply Bottles, we will be awarding three classes (YEARS 1-4/ YEARS 5-8/ YEARS 9-13) with the highest number of bottles recycled with a picnic day out in January 2024. Please send the empty plastic water bottles collected with your child each day.

9) FRIDAY, 10th NOVEMBER- SCHOOL HOLIDAY FOR ALL STUDENTS & GRADUATION CEREMONY FOR THE CLASS OF 2023:

Please be reminded that Friday, 10th November is a school holiday for all students. The class of 2023 will have their Graduation Ceremony in the evening at 5:00 pm. Graduates must be on the premises by 3:00 pm sharp. All instructions and details were conveyed to students at the rehearsal on 2nd November 2023.

10) FRIDAY, 17TH NOVEMBER- COLOURED CLOTHES DAY:

As part of or student well-being initiatives, we invite students to come dressed in coloured clothes on 17^{th} November as part of World Children's Day which actually falls on 20^{th} November.

11) COLLECTION OF GCE/ IAL/ GCSE/ IGCSE CERTIFICATES:

Please see the separate circular.

12) SPORTS MEET 15TH FEBRUARY 2024 (YEARS 5-13) TRY OUT SCHEDULE:

Parents are requested to kindly check the schedule of try outs for the Sports Meet scheduled for 15th February 2024. Children who are going to take part in the try outs are advised to undertake some basic fitness training in advance so that you do not suffer any sudden impact from running a hundred or two hundred metre sprint after a long period of inactivity.

13) BREAKFAST/ SNACK FIRST THING IN THE MORNING:

We recognise that many children, especially those travelling on long bus journeys to reach school every morning, find it difficult to have their breakfast so early in the morning and some suffer travel illness. We would like to inform parents that its perfectly alright to send a packed snack or breakfast with your child so that they may eat it in class first thing in the morning when they reach school. This is a much healthier option than children being on an empty stomach for long hours.

14) ADMISSION TO A-LEVELS (PARENTS OF CURRENT YEAR 11 STUDENTS): Parents of Year 11 students are requested to kindly go through the separate circular on ALevel admissions attached to this weekly notice. Parents are reminded that we do not admit NON-ST. MARY'S STUDENTS TO OUR A-LEVEL PROGRAMME.

15) SOCIAL MEDIA FREQUENT CHECKS BY PARENTS FOR SECONDARY & UPPER PRIMARY CHILDREN:

Parents of secondary and upper primary children are strongly encouraged to kindly make frequent checks of your child's use of social media. We have seen in many cases that minor children are being sought out on Instagram, Snapchat and other platforms by much older individuals for chats and conversations. It is important for parents to know who their children are conversing with to protect them from any potential safeguarding issues. We would also like to remind parents about your children's use of inappropriate content and language on Social Media Platforms which you will be aware of only if you make frequent checks of the same. Please have your child remove himself/herself from private social media groups that are not encouraged or recommended by us at St. Mary's. The school cannot take responsibility for private groups started by students, and we strongly discourage the formation of these groups as well as discourage student participation in them. It is once again important here that ALL PARENTS check your children's digital activity frequently including group activity if your child is part of private groups created by students.

16) APPROVED KHDA CALENDAR FOR ACADEMIC YEAR 2023-2024:

Parents are requested to check the approved KHDA School Calendar for the Academic Year 2023-2024 that has been attached to this circular for your easy reference. This will help you plan ahead. If the regulators make any changes to the same, we will inform you immediately. Please note that only emergency medical leave will be approved during school days. Leave for family holidays and celebrations must coincide with the school holidays as per the KHDA calendar. Leave for events like graduations, weddings, parties etc will not be granted during school days and if absences like this occur during exams, there will be no re-exams in that case. We expect parents to respect these dates and not request leave during school days.

KEY DATES IN THE APPROVED KHDA CALENDAR

Parents are strongly reminded not to plan holidays/celebrations and other events outside the approved holiday

slots in the calendar as these will not be approved.

10 th NOVEMBER 2023	Holiday for all students / GRADUATION CEREMONY
1st DECEMBER 2023	Martyr's Day
11 th DECEMBER 2023 - 1 ST	Winter Break
JANUARY 2024 (Inclusive)	
2 nd JANUARY 2024	School re-opens after the Winter Break
16 ^{t h} JANUARY – 1 ST FEBRUARY	First Term Examinations in the morning. Regular lessons
2024	after break. Students will not be allowed to go home after
	the morning's exam.
2 nd FEBRUARY 2024	Term break for all students
15th FEBRUARY 2024	Sports Day Years 5-13 (subject to change)
23 rd FEBRUARY 2024	Sports Day Years 1-4
11 th -22 nd MARCH 2024	Mock Examinations years 11 and 13
15th, 16th & 17th APRIL 2024	
25th MARCH – 5TH APRIL 2024	Spring Break
(inclusive)	
9 th to 12 th APRIL 2024	Eid Al Fitr (subject to government declaration)
15 th & 16 th MAY 2024	Final exams in parallel with regular lessons
17 th MAY 2024	Study Holiday
20 th to 31 st MAY 2024	Final Exams and students go home at 11:00 am
17 th & 18 th JUNE 2024	Eid Al Adha (subject to government declaration)
28th JUNE 2024	Report Day & Last working day for students and teachers

Please note that the GL EXAMS usually take place during the month of May and <u>lune.</u>

17) PREDICTED GRADES POLICY FOR YEARS 12 & 13:

Please refer to previous circulars.

18) SUBJECT CHANGE POLICY, YEARS 9 TO 13:

Please refer to previous circulars.

19) URGENT QUERIES AND CONCERNS:

If you have any urgent queries and concerns, kindly send an email to our Vice Principal, Ms. Lise-Ann on l.pinto-smchs@smgeducation.org and she will get back to you. Please include your telephone number in case she needs to call you. As shared with you today, Lise-Ann is also our school's Wellbeing Champion and so she may be contacted via email for any wellbeing issues that you would like to urgently discuss.

We take this opportunity to wish each and every one of you a safe and happy weekend.

Yours sincerely

Mr. Paul Asir Joseph (Principal)



Vision:

Mellbeing

As a Marian Family,

We constantly strive to nurture a strong sense of community, recognizing and valuing the holistic approach to wellness, happiness and health thereby, creating progressive and resilient learners and educators - capable of turning any adversity into an opportunity for growth. We aim to create a happy and caring support system to build each other and create life-long relationships.











Letter to Parents

Dear Parents and Guardians,

We're excited to share that our school is participating in The BIG GREEN Lesson, an initiative that focusses on meaningful actions to shape a better world. This initiative centres on the Sustainable Development Goals (SDGs), particularly addressing climate change, a critical issue facing our planet.

The BIG GREEN Lesson has been developed by the United Arab Emirates Ministry of Education as part of the launch of their Environmental Sustainability Toolkit. This launch is particularly significant as it aligns with the upcoming COP28 event hosted by the UAE in November. COP28 will mark a pivotal moment when global leaders assess the progress made towards the goals outlined in the Paris Agreement.

Through this programme, our students will be empowered to learn about the SDGs and Conference of the Parties (COP). The lessons are designed to inspire our students, guided by National and International Sustainability Ambassadors, to explore their perspectives on sustainability and to inspire young people to take action. By participating in The BIG GREEN Lesson, our students will contribute to creating a more sustainable, equitable and environmentally conscious world.

Our school embraces this opportunity, integrating lessons into our learning experience. Students will engage in The BIG GREEN Lesson this term, developed with partners such as National Geographic Learning, York Press, the World's Largest Lesson and the Emirates Center for Strategic Research and Studies.

We believe in fostering environmental responsibility and sustainability values beyond the classroom and we invite your support by discussing these topics at home and making a family pledge for a greener world.

Taking part in The BIG GREEN Lesson will positively enhance students' learning and global sustainability understanding. Thank you for your ongoing support as we embark on this journey together.

Warm regards,

Mr.Paul Asir Joseph

Principal

St.Mary's Catholic High School Oud Metha



ST. MARY'S CATHOLIC HIGH SCHOOL

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مدرسة القديسة مريم الكاثوليكية الثانوية

ص.ب. ٢٣٣٧ه، دبي - الإمارات العربية المتحدة

بريد الكتروني : maryscol@emirates.net.ae www.stmarysdubai.com

هاتف : ۳۳۷۰۲۵۲ ؛ ۹۷۱+ فاکس : ۳۳٦۸۱۱۹ ؛ ۹۷۱+

OUR REF :

TRN No. 100483609200003

Friday, 3rd November 2023

To Parents (Year One to Year Thirteen):

First Parent-Teacher Meeting / First Report Day/
PARENT - TEACHER MEETING DAY FACE-TO-FACE

Dear Parents,

Greetings from St. Marys. The first Parent-Teacher Meeting / Report Day of the academic year will be a wonderful opportunity for you and your children's class teachers to share insightful information about them. The First Parent-Teacher Meeting has been **SCHEDULED ON**

Tuesday, 28TH November 2023 from 2:30 pm until 5:30 pm.

Parents who wish to meet their children's class teachers may attend. Meeting slots are as follows.

Class SIMS ROLL ORDER LIST

 Numbers 1-10 (2:30 pm - 3:30 pm), 11-20 (3:30 pm - 4:30 pm), 21-30 (4:30 pm - 5:30 pm).

A-Level students will be given a different schedule in class and they will explain to you how that will work.

Report cards will be published on the SIMS PARENT APP in advance.

Parents are asked to kindly jot down important points you wish to discuss with your child's class teacher and to not spend more than five minutes with the teacher as a courtesy to other parents. However, if you feel you need to spend a longer time with the class teacher, then it is advisable to make a private appointment with the class teacher at a later date by contacting them via email so they will schedule an appointment based on their availability.

Please send a similar email to any particular subject teacher that you feel you might need to meet personally, and a private appointment can be made on another day.

Yours sincerely,

Mr. Paul Asir Joseph (Principal)





RECYCLE

WATER BOTTLES TO WIN







Help your school win prizes while saving plastic from going to landfill.

HOW TO TAKE PART

- **1.** Email **ella.clemits@dgrade.com** to confirm your school's participation.
- **2.** Schools collect as many water bottles (type 1 or PET plastic) as possible by **8**th **December**. Encourage all students, parents, and staff to bring their water bottles from home.

PRIZES

SCHOOLS THAT COLLECT THE MOST PLASTIC BOTTLES PER CAPITA WIN:

1st PLACE - AED 3000 of sustainable DGrade products

2nd PLACE - AED 2000 of sustainable DGrade products

3rd PLACE - AED 1000 of sustainable DGrade products

TOP 2 COLLECTORS OVERALL – AED 2000 each of sustainable DGrade products

Note: Per capita is measured by dividing the number of bottles collected by the number of students in the school.







ST. MARY'S CATHOLIC HIGH SCHOOL

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مدرسة القديسة مريم الكاثوليكية الثانويا

ص.ب. ٢٢٣٢ه، دبي - الإمارات العربية المتحدة

برید الکترونی : maryscol@emirates.net.ae موقع ویب : www.stmarysdubai.com

هاتف : ۳۳۷۰۲۵۲ ؛ ۹۷۱ فاکس : ۳۳٦۸۱۱۹ ؛ ۹۷۱

OUR REF:.....

TRN No. 100483609200003

Friday, 27th October 2023

COLLECTION OF GCSE/ IGCSE/ IAL/ GCE CERTIFICATES SUMMER 2023

Dear Parents.

Greetings from Saint Mary's Catholic High School, Dubai. Please read the information below regarding the collection of **ORIGINAL GCSE/IGCSE/IAL/GCE CERTIFICATES FOR SUMMER 2023 SERIES.**

DATE FOR COLLECTION: 31st October 2023 onwards, strictly between 9:00 am and 12:00 pm

ON SCHOOL DAYS OR BETWEEN 8:00 and 11:00 am on working Saturdays (second and fourth Saturdays) ORIGINAL O-LEVEL CERTIFICATES for PARENTS' OF GCSE / IGCSE/ IAL/ GCE

CANDIDATES of JUNE 2023.

TIME: 9:00 am-12:00 PM . Please anticipate some waiting time.

WHO CAN COLLECT? ONLY A STUDENT, PARENT OR AN AUTHORIZED ADULT OVER THE

AGE OF 25 (When authorizing another person to collect the certificates, kindly send a signed authorization letter clearly stating the person's EMIRATES ID NUMBER and the person must be able to

produce the Emirates ID to validate.

WHICH ENTRANCE? ONLY BOYS GATE NUMBER 4

> PLEASE HAVE YOUR EMIRATES ID

Yours sincerely,

Mr. Paul Asir Joseph (Principal)





GCSE GRADUATION CEREMONY FOR THE CLASS OF 2022-2023



The GCSE GRADUATION CEREMONY FOR THE CLASS OF 2022-2023 will be held on FRIDAY, 10th NOVEMBER 2023 at 5:00 pm in the MAIN HALL AT ST. MARY'S CATHOLIC HIGH SCHOOL DUBAI.

There will be a rehearsal on Thursday, 2nd November 2023 from 2:00 pm until 4:00 pm in the Main Hall. Students will receive their invitations and Graduation Gowns on the day of the rehearsal. The cost of AED 250/-for the hiring of the Graduation Gown as well as 1 Graduation USB with the photographs and video should be paid on the day of the Rehearsal. Please bring the Exact Amount. Only TWO adults per graduate can be accommodated in the Hall. No exceptions can be made due to space constraints.

ALL STUDENTS WHO WISH TO ATTEND THE GRADUATION CEREMONY MUST COME FOR THE REHEARSAL. STUDENTS WILL ONLY BE ALLOWED TO COLLECT THEIR GOWNS FROM 12:00 PM -1:30 PM ON THE DAY OF THE REHEARSAL. PLEASE NOTE THAT THE REHEARSAL WILL BEGIN AT 2:00 PM SHARP. STUDENTS WHO DO NOT ATTEND THE REHEARSAL WILL NOT BE PERMITTED TO ATTEND THE GRADUATION CEREMONY.



RGS GUILDFORD LETTER WRITING COMPETITION

What is the next best thing to showing up personally at someone's door?

Sending them a letter of course!

The RGS Guildford Dubai Children's Letter Writing Competition

is here to bring some of that forgotten magic back into our world. The competition celebrates both the aesthetic of **handwriting** and that of a **well-crafted message**.

The theme for 2024 is 'Beginnings'.

And this year, you will have to write a letter to an author suggesting an alternative 'beginning' to their already published story/book.

General guidelines and important dates:

- The competition is divided into the following categories:
 - o Ages: 8-10
 - o Ages: 11-13
 - o Ages: 14-18
- The letter must be on a single side of an A4 sheet of paper, in your best handwriting.
- Write a letter to an author, suggesting an alternative 'beginning' to their story/book. Tell them why you want to change the original 'beginning' and why the new one would work better, in your opinion
- The recommended word limit is 200-400 words max.
- Entries can be in Arabic or English. To submit your letter in **Arabic**, please follow this link: https://www.elfdubai.org/ar/letter-writing-competition-ar
- Please be sure to check out further instructions, judging criteria and other details: https://www.elfdubai.org/en/letter-writing-competition

Watch the video of a workshop for effective letter writing here: https://www.youtube.com/watch?v=wPHavCW1uiY

Last date: 11 December 2023



EVENTS FOR GIRLS

2023-2024

YR.5 & 6 Sub-Junior	Born on or After 1-1-2012	100mts	200mts	400mts	Long Jump	Shot Put	4x100m Relay	
YR.7 & 8 Junior	Born on or After 1-1-2010	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4x100m Relay
YR.9 & 10 Senior	Born on or After 1-1-2008	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4 x 100 m Relay
YR 11, 12 & 13 Super Senior	Born on or Before 31-12-2007	100mts	200mts	400mts	800mtS	Long Jump	Shot Put	4 x 100 m Relay

RULES AND REGULATIONS

- ➤ Each student can participate in a maximum of 3 events excluding relay. (Either two track & one field or one track & two field events)
- ➤ Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for the relay team to represent their houses.
- ➤ All heats / events will be done during the activity period or the sports period.
- Any over-aged students shall be shifted to the next higher appropriate division.

Awards and Points Details

- ➤ All winners will be awarded First (Gold), Second (Silver) & Third (Bronze)
 - Points will be awarded as follows.

•	First Place	- 05		
•	Second Place	- 03		
•	Third Place	- 01		

For the relay Event

	V / TOTAL CO.	F150 3F
•	First Place	- 10
•	Second Place	- 06
•	Third Place	- 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their
 respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.
- ✓ A special Trophy will be awarded to the best house in March Past.

Mr. Christopher Chandra HOD -P E



Mr. Paul Asir Joseph Principal



ST. MARY'S Catholic High School, Dubai



2023-2024

GIRLS EVENTS SCHEDULE

DAY	DATE	EVENT	PERIOD	YEAR
WEDNESDAY	01/11/2023	800M	BREAK	YR 11,12,13
WEDNESDAY	01/11/2023	100M, Long JUMP	5 th	YR 8A, D & E
THURSDAY	02/11/2023	100M, Long JUMP	7 th	YR 7A, D & E
THURSDAY	02/11/2023	100M, Long JUMP	BREAK	YR 11,12,13
MONDAY	06/11/2023	100M, Long JUMP	6 th	YR 5A, D & E
MONDAY	06/11/2023	100M, Long JUMP	7 th & 8 th	YR 9A, D & E
TUESDAY	07/11/2023	100M, Long JUMP	3 rd	YR 6A, D & E
TUESDAY	07/11/2023	100M, Long JUMP	6 th	YR 10A, D & E
WEDNESDAY	08/11/2023	400M	BREAK	YR 11,12,13
WEDNESDAY	08/11/2023	200M, SHOTPUT	5 th	YR 8A, D & E
THURSDAY	09/11/2023	200M, SHOTPUT	7 th	YR 7A, D & E
MONDAY	13/11/2023	200M, SHOTPUT	6 th	YR 5A, D & E
MONDAY	13/11/2023	200M, SHOTPUT	7 th & 8 th	YR 9A, D & E
TUESDAY	14/11/2023	200M, SHOTPUT	3 rd	YR 6A, D & E
TUESDAY	14/11/2023	200M, SHOTPUT	6 th	YR 10A, D & E
WEDNESDAY	15/11/2023	200M, SHOTPUT	BREAK	YR 11,12,13
WEDNESDAY	15/11/2023	400M	5 th	YR 8A, D & E
THURSDAY	16/11/2023	400M	7 th	YR 7A, D & E
MONDAY	20/11/2023	400M	6 th	YR 5A, D & E
MONDAY	20/11/2023	400M	7 th & 8 th	YR 9A, D & E
TUESDAY	21/11/2023	400M	3 rd	YR 6A, D & E
TUESDAY	21/11/2023	400M	6 th	YR 10A, D & E
WEDNESDAY	22/11/2023	800M	5 th	YR 8A, D & E
THURSDAY	23/11/2023	800M	7 th	YR 7A, D & E
MONDAY	27/11/2023	800M	7 th & 8 th	YR 9A, D & E
TUESDAY	28/11/2023	800M	6 th	YR 10A, D & E





ST. MARY'S Catholic High School, Dubai



EVENTS FOR BOYS

2023-2024

GR.5 & 6 Sub-Junior	Born on or After 1-1-2012	100m	200m	400m	Long Jump	Shot put	4x100m Relay		
GR.7 & 8 Junior	Born on or After 1-1-2010	100m	200m	400m	800m	Long Jump	Shot put	4x100m Relay	
GR.9 & 10 Senior	Born on or After 1-1-2008	100m	200m	400m	800m	1500m	Long jump	Shot put	4x100m Relay
GR 11,12&13 Super Senior	Born on or Before 31-12-2007	100m	200m	400m	800m	1500m	Long Jump	Shot put	4x100m Relay

RULES AND REGULATIONS

- Each student can participate in a maximum of 3 events excluding relay. (Either two track & one field or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for the relay team to represent their houses.
- Any over-aged students shall be shifted to the next higher appropriate division.

Awards and Points Details

- ➤ All winners will be awarded First (Gold), Second (Silver) & Third (Bronze)
 - Points will be awarded as follows.

• ¥	First Place	- 05
· //	Second Place	- 03
• W	Third Place	- 01

For the relay Event

•	First Place	- 10
•	Second Place	- 06
•	Third Place	- 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.
- ✓ A special Trophy will be awarded to the best house in March Past.

Mr. Christopher Chandra HOD -P E



Mr. Paul Asir Joseph Principal





2023-2024

BOYS EVENTS SCHEDULE

TRACK & FIELD TRYOUTS 2023-2024

DAY	DATE	EVENT	PERIOD	YEAR
MONDAY	23/10/2023	100M, L. JUMP	BREAK	YR 11,12,13
MONDAY	23/10/2023	100M, L. JUMP	5 TH	YR 5B, C, F
TUESDAY	24/10/2023	1500M	BREAK	YR 11,12,13
WEDNESDAY	25/10/2023	100M, L. JUMP	6 [™]	YR 8B, C, F
THURSDAY	26/10/2023	100M, L. JUMP	5 TH	YR 10B, C, F
THURSDAY	26/10/2023	100M, L. JUMP	6 [™]	YR 7B, C, F
FRIDAY	27/10/2023	100M, L. JUMP	4 TH	YR 6F
FRIDAY	27/10/2023	100M, L. JUMP	6 [™]	YR 6B, C
FRIDAY	27/10/2023	100M, L. JUMP	6 [™] & 7 [™]	YR 9B, C, F
TUESDAY	31/10/2023	800M	BREAK	YR 11,12,13
WEDNESDAY	01/11/2023	200M, SHOTPUT	6 TH	YR 8B, C, F
THURSDAY	02/11/2023	200M, SHOTPUT	5 TH	YR 10B, C, F
THURSDAY	02/11/2023	200M, SHOTPUT	6 TH	YR 7B, C, F
FRIDAY	03/11/2023	200m	4 TH	YR 6F
FRIDAY	03/11/2023	200m	6 TH	YR 6B, C
FRIDAY	03/11/2023	200M, SHOTPUT	6 [™] & 7 [™]	YR 9B, C, F
MONDAY	06/11/2023	200M, SHOTPUT	BREAK	YR 11,12,13
MONDAY	06/11/2023	200M, SHOTPUT	5 TH	YR 5B, C, F
TUESDAY	07/11/2023	800M	BREAK	YR 11,12,13
WEDNESDAY	08/11/2023	400M	6 TH	YR 8B, C, F
THURSDAY	09/11/2023	400M	5 TH	YR 10B, C, F
THURSDAY	09/11/2023	400M	6 TH	YR 7B, C, F
FRIDAY	10/11/2023	400M	4 TH	YR 6F
FRIDAY	10/11/2023	400M	6 [™]	YR 6B, C
FRIDAY	10/11/2023	400M	6 [™] & 7 [™]	YR 9B, C, F
MONDAY	13/11/2023	400M	BREAK	YR 11,12,13
MONDAY	13/11/2023	400M	5 TH	YR 5B, C, F
TUESDAY	14/11/2023	1500M	BREAK	YR 9 & 10 B, C, F
MONDAY	20/11/2023	800M	BREAK	YR7 & 8 B, C, F
TUESDAY	21/11/2023	800M	BREAK	YR 9 & 10 B, C, F

