



OUR REF :

TRN : 104153998000003

DATE: 31ST October 2025

To: **KHDA – TALK ON POSITIVE PARENTING**

Dear Parents,

Greetings from Saint Mary's Catholic High School, Dubai.

This is to inform you that the Knowledge and Human Development Authority (KHDA) is pleased to invite you to a parenting talk on the topic "**Positive Parenting**".

This session, led by **Sophie Jones**, a child development professional specialising in supporting and advising parents across all areas of parenting. In her role, Sophie works with parents to address specific concerns or to help develop routines and strategies that best support the child and family. The session will equip parents with expert insights and practical strategies to enhance their parenting journey, strengthen family connections, and support student wellbeing.

Workshop overview

Parents will explore the core principles of Positive Parenting and learn actionable tools designed to:

- Build confidence in their parenting approach
- Strengthen communication with their children
- Foster positive behaviour and emotional development

This session will empower families with Positive Parenting skills, positively influencing students' growth and development both at home and in school.

Session details:

Date: Wednesday, November 5

Time: 10:00am – 11:00am

Registration: Click [here](#)

Session link: Click [here](#)

The session will be conducted in English.

We look forward to your support in making this session a success.

Yours sincerely,



Mr. Paul Asir Joseph
(Principal)


