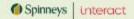


RESERVE YOUR SPOT!



Spinneys Cookalong Event



Free Spinneys Cookalong Event this Friday – Reserve your space!

As part of the Spinneys Farm to Table programme, we're excited to invite children aged 7-10 with their parent or caregiver to take part in a special Cookalong Event with Chef Russell at Sofitel The Obelisk

- completely free of charge. Together, you'll roll up your sleeves and prepare fresh, delicious recipes with the guidance of a professional chef
 a hands-on experience to share the joy of cooking and discover where your food comes from.
- III Date: Friday 10th October
- 🕒 Time: 2pm 4.30pm
- P Location: Sofitel The Obelisk
- Note that we will be with the second and the seco
- Reserve your place today spaces will go quickly!
 Spaces are limited. We will send confirmation emails to those who are selected to attend
 Sign up HERE to reserve your place:
 - https://docs.google.com/forms/d/e/1FAIpQLSed5BI6hRfZ2-9zvx9xZpNfZNKo4vH48ghFRxsZYEQnI4U7AA/viewform