



ST. MARY'S Catholic High School, Dubai



ANNUAL ATHLETIC MEET 2025-2026

EVENTS FOR BOYS'

YEARS 5 & 6 Sub-Junior	Born on or After 1-1-2014	100m	200m	400m	Long Jump	Shot put	4x100m Relay		
YEARS 7 & 8 Junior	Born on or After 1-1-2012	100m	200m	400m	800m	Long Jump	Shot put	4x100m Relay	
YEARS 9 & 10 Senior	Born on or After 1-1-2010	100m	200m	400m	800m	1500m	Long jump	Shot put	4x100m Relay
YEARS 11,12&13 Super Senior	Born on or Before 31-12-2006	100m	200m	400m	800m	1500m	Long Jump	Shot put	4x100m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay. (Either two track & one field event or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
- Any overaged students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)

❖ Points will be awarded as follows

- First Place - 05
- Second Place - 03
- Third Place - 01

❖ For the relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.

Mr. Christopher Chandra
HOD -P E

Mr. Paul Asir Joseph
Principal



ST. MARY'S *Catholic High School, Dubai*

ANNUAL ATHLETIC MEET 2025-26

EVENT FOR BOYS'

DAY	DATE	EVENT	PERIOD	CLASS
MONDAY	27/10/2025	800M	BREAK	YR 11,12 & 13
TUESDAY	28/10/2025	800M	BREAK	YR 9 & 10 B, C, F
MONDAY	03/11/2025	LONG JUMP&SHOTPUT	BREAK	YR 11,12 & 13
TUESDAY	04/11/2025	LONG JUMP&SHOTPUT	BREAK	YR 9 & 10 B, C, F
MONDAY	10/11/2025	400M	BREAK	YR 11,12 & 13
TUESDAY	11/11/2025	400M	BREAK	YR 9 & 10 B, C, F
MONDAY	17/11/2025	800M	BREAK	YR 7 & 8 B, C, F
TUESDAY	18/11/2025	400M	BREAK	YR 7 & 8 B, C, F
MONDAY	24/11/2025	1500M	BREAK	YR 11,12 & 13
TUESDAY	25/11/2025	1500M	BREAK	YR 9 & 10 B, C, F
MONDAY	05/01/2026	200M	BREAK	YR 11,12 & 13
TUESDAY	06/01/2026	200M	BREAK	YR 9 & 10 B, C, F
MONDAY	12/01/2026	100M	BREAK	YR 11,12 & 13
TUESDAY	13/01/2026	100M	BREAK	YR 9 & 10 B, C, F

YEARS 5, 6, 7 & 8 EVENTS WILL BE CONDUCTED DURING SPORTS PERIOD