



OUR REF :

TRN : 104153998000003

Friday, 10th October 2025.

To : The Parents of Students in Years 1-13

WEEKLY CIRCULAR BEFORE THE MID-TERM BREAK

Dear Parents,

Greetings from Saint Mary's. We trust that this update finds you and your families safe and healthy. Please read on to find out important information that is relevant to your child and their year group.

NEW UPDATES:

- **MID-TERM BREAK: 11TH -19TH OCTOBER 2025** -School will be closed for all students and staff. (Some re-tests have been scheduled for those with longer medical leave).
- **FIRST TERM EXAMINATION TIMETABLES AND PORTIONS** - All classes - Please see separate circular.
- **COLOURED CLOTHES DAY - 20TH OCTOBER 2025:** Celebrating Diwali with all those of our Marian family who will be celebrating.
- **PREDICTED GRADES AND PREDICTED GRADE POLICY** - Please see separate circular.
- **ANNUAL ATHLETIC MEET 2025-2026 TRY OUTS (Years 5-13):** Please see separate circular.
- **OCTOBER 2025 CALENDAR-UPDATED AS OF 10TH OCTOBER 2025.**
- **LIBRARY APPLICATION FORM (Years 5-8):** Will be emailed to all children and sent to the SIMS Parent App.

THE SCHOOL'S MID-TERM BREAK IS FROM 11TH TO 19TH OCTOBER AND WE WILL RE-OPEN ON MONDAY, 20TH OCTOBER 2025. The school office will be closed which will also include emails to all senior leaders and staff members.

1) FIRST TERM EXAMINATIONS-TIME TABLES/ PORTIONS/ RULES AND REGULATIONS/ COPING WITH EXAM RELATED STRESS (All year groups): We have attached a separate circular to this weekend communication. Please go through this very carefully.

2) COLOURED CLOTHES DAY ON 20TH OCTOBER 2025: Parents, please note that 20th October will be a coloured clothes day as several of our Marian family members will be celebrating Diwali on that day. The school community extends blessings and wishes to all of our Marian Family members –staff, students and parents on this Festival of Lights. May God bless you all.



Please ensure that girls DO NOT wear makeup on Coloured clothes days and that all student's dressing is respectable, modest and meets the cultural laws of the UAE.

3) PREDICTED GRADE POLICY – Parents and students of Year 12: Parents are requested to please see the attached letter. This is an important document for your child's pre-university decisions.

4) ATHLETIC MEET 2025-2026 (Years 5 to 13): Please see the attached circulars. Try outs will begin after the term break. It would be nice for those athletes who are interested in competing to use the term break to work on their fitness levels so that they are not suddenly faced with a 100 or 200 m run and so on.

5) OXFORD UNIVERSITY PRESS STORY WRITING COMPETITION- (EMIRATES LITFEST): Calling all writers! A reminder that the competition closes on 14th October 2025.

Link: <https://stmarysdubai.com/wp-content/uploads/2025/08/LETTER-WRITING-STORY-WRITING-COMPETITION-2025.pdf>

6) PEARSON EDEXCEL EXAM REGISTRATION FORMS FOR YEARS 11 & 13: Parents of students in Years 11 and 13 are reminded to please check the Pearson Edexcel Exam Registration forms that have been sent with the children last week. Payment for London Board Exams must be made through Skiply. Please send the forms with the relevant documents (mentioned on the form) and the printed Skiply receipt. **The final deadline is 5th November 2025.**

7) SIMPLY BOTTLES RECYCLING PLASTIC WATER BOTTLES: We are inviting parents to please support the children in this campaign as we really would like them to value the importance of recycling. In addition to prizes from Simply Bottles, we will be awarding three classes (YEARS 1-4/ YEARS 5-8/ YEARS 9-13) with the highest number of bottles recycled with a picnic day out in January 2026. Please send the empty plastic water bottles collected with your child each day. This campaign will run until December 2025. Last Year our school won the **FIRST PRIZE** among all other participating schools for this.

8) READING BINGO (YEARS 2-10): An exciting reading challenge for students from years 2-10. Please see attached flyers for details.

9) GRADUATION CEREMONY FOR THE CLASS OF 2024-2025 (Current Year 12 students and parents) SAVE THE DATE 7TH NOVEMBER 2025 evening ceremony: Parents are requested to kindly save this date. Please see attached flyer.

10) IBT ARABIC A & B (ARABIC A- Years 5-10) (ARABIC B – Years 5, 7 & 9): Please see link to circulars

https://www.stmarysdubai.com/wp-content/uploads/2025/09/IBT-LETTER-ARABIC-A.pdf#new_tab

https://www.stmarysdubai.com/wp-content/uploads/2025/09/IBT-LETTER-ARABIC-B.pdf#new_tab

11) FOURTH SUBJECT DROP (GCE / IAL SUBJECTS ONLY) –YEAR 12 STUDENTS:

We have been receiving subject drop forms signed by parents and these are being duly processed where required evidence of the requirement of only three subjects has been provided. Once a subject has been dropped it cannot later be re-taken due to a loss of curricular hours. Parents are therefore requested to carefully consider this decision There is no deadline for dropping the fourth subject.

12) GL CAT-4 TEST FOR YEARS FOUR, SIX, EIGHT AND TEN ONLY: Parents of students in Years Four, Six, Eight and Ten are requested to kindly check the separate attachment to this circular regarding the GL CAT4 examination. Please email the Skippy receipt indicating payment for the same to your child's class teacher. **CHILDREN MUST BRING A FULLY CHARGED DEVICE – ONLY A TABLET OR LAPTOP (THE TEST WILL NOT RUN ON A MOBILE PHONE) ON THE DAY THE TEST HAS BEEN SCHEDULED FOR THEIR CLASS. Please find the schedule below.**

MONDAY, 20th October	Years 4A, 4E, 10B, 10C, 10F
TUESDAY 21st October	Years 4D, 4F, 6B, 8A, 8B, 8F
WEDNESDAY, 22ND OCTOBER	Years 4B, 4C, 6D, 8C,
THURSDAY, 23RD OCTOBER	Years 6A, 6C, 6F, 8D,
FRIDAY, 24TH OCTOBER	Years 6E, 8E, 10A, 10D, 10E

13) ENOUGH WATER TO BE SENT WITH CHILDREN OR A FEW AED 1 COINS TO PURCHASE WATER FROM THE MACHINES: Parents of students especially those in lower primary are requested to kindly send enough drinking water with your child or one or two AED 1 coins so they can be assisted with getting water from the machines. For reasons of hygiene and safety there are no drinking water fountains.

14) BREAKFAST/ SNACK FIRST THING IN THE MORNING: We recognise that many children, especially those travelling on long bus journeys to reach school every morning, find it difficult to have their breakfast so early in the morning and some suffer travel illness. We would like to inform parents that its perfectly alright to send a packed snack or breakfast with your child so that they may eat it in class first thing in the morning when they reach school. This is a much healthier option than children being on an empty stomach for long hours.

15) INAPPROPRIATE USE OF SOCIAL MEDIA & CYBERBULLYING: Please see the link to the circular.

16) SOCIAL MEDIA FREQUENT CHECKS BY PARENTS FOR SECONDARY & UPPER PRIMARY CHILDREN:

Parents of secondary and upper primary children are strongly encouraged to kindly make frequent checks of your child's use of Social Media. We have seen in many cases that minor children are being sought out on Instagram, Snapchat and other platforms by much older individuals for chats and conversations. It is important for parents to know who their children are conversing with to protect them from any potential safeguarding issues. We would also like to remind parents about your children's use of inappropriate content and language on Social Media Platforms which you will be aware of only if you make frequent checks of the same. Please have your child remove himself/herself from private social media groups that are not encouraged or recommended by us at St. Mary's. The school cannot take responsibility for private groups started by students, and we strongly discourage the formation of these groups as well as discourage student participation in them. It is once again important here that ALL PARENTS check your children's digital activity frequently including group activity if your child is part of private groups created by students.

17) ADMISSION TO A-LEVELS (PARENTS OF CURRENT YEAR 11 STUDENTS):

Parents of Year 11 students are requested to kindly go through the separate circular on A-Level admissions. [Link here.](#)

18) UNIFORM INFRACTIONS: Parents are hereby notified that we have been very disappointed with the large number of uniform infractions, especially among senior students.

These include very long and unruly hair of boys (kindly ensure that proper haircuts are undertaken this weekend) , long hair of girls untied, coloured and highlighted hair of girls (we have specifically reminded parents at the end of last year that this is strictly not allowed), multiple ear piercings for girls, shorter than acceptable skirt lengths , long fingernails of both boys and girls, heavy make -up on girls. What is even more disappointing is the lack of collaboration from parents when we correct students for the same. Parents are requested to please check on your children before they leave home in the morning. Please refer to the uniform policy.

19) STUDENT SCHOOL EMAIL ID: Your child's school email will be a focal point for our communication to you. **We will use a parent's email only to communicate outstanding fee or disciplinary issues.** A **CLASS GROUP EMAIL** has been created using the students' official email ID for every class. This is for the dissemination of information daily from the class teacher to the parents of this class and we request parents not to write back to this address. We recommend that every parent checks this email after 6:00 pm everyday, for important updates. New students will receive their school email IDs on Monday.

20) BOARD EXAMINATION FEES: We would like you to be informed well in advance that **PEARSON EDEXCEL LONDON BOARD EXAMINATION FEES** will be collected in the month of **NOVEMBER 2025** for students in years **ELEVEN** and **THIRTEEN**. We trust that this will help you to budget accordingly. You can check your **KHDA Parent-School contract** for the **BOARD EXAM FEE AMOUNT** for each year group.

21) FINANCE-RELATED EMAILS:

1) fee-smchs@smgeducation.org

ALL FEES Related matters (payments): Kindly make sure to send the transaction details with the required SUBJECT Header for quick validation of your concerns and attached proof of payment.

(Mode of Payment / Particulars/ Amount / Student ID)

SKIPLY/ TERM 1 FEES/ 4,800 Dhs / 002563 / Kiandra Smith / 11A

SIMS Student Registration Number Request must also be sent to the email above.

2) finance-smchs@smgeducation.org

ALL INVOICE, ACCOUNTS RECONCILIATION, TC and other related matters.

Kindly make sure to send the transaction details with the required SUBJECT Header for quick validation of your concerns and attached proof of payment.

(Particulars/ Student Details)

Request for Pro-Forma Invoice / 002536 / Kiandra Smith / 11A

22) APPROVED KHDA CALENDAR FOR ACADEMIC YEAR 2025-2026: Parents are requested to check the approved KHDA School Calendar for the Academic Year 2025-2026 that has been attached to this circular for your easy reference. This will help you plan ahead. If the regulators make any changes to the same, we will inform you immediately. Please note that only

emergency medical / bereavement leave will be approved during school days. Leave for family holidays and celebrations must coincide with the school holidays as per the KHDA calendar.

Leave for events like graduations, weddings, parties etc will not be granted during school days and if absences like this occur during exams, there will be no re-exams in that case. We expect parents to respect these dates and not request leave during school days.

KEY DATES IN THE APPROVED KHDA CALENDAR

Parents are strongly reminded not to plan holidays/ celebrations and other events outside the approved holiday slots in the calendar as these will not be approved.

23) INTERNATIONAL BENCHMARK TESTS FOR THE ACADEMIC YEAR 2025-

2026 AND APPLICABLE PAYMENTS: Parents are requested to kindly go through this table carefully so that you will be aware of which International Benchmark tests are applicable to your child. Payments will be via Skiplly and will be advised as these come up.

PRIMARY SCHOOL

YEAR GROUP	NGRT	CAT-4	GL	IBT ARABIC A	IBT ARABIC B
YEAR 1	NA	NA	NA	NA	NA
YEAR 2	YES	NA	NA	NA	NA
YEAR 3	YES	NA	NA	NA	NA
YEAR 4	YES	YES	YES	NA	NA
YEAR 5	YES	NA	YES	YES	YES
YEAR 6	YES	YES	YES	YES	NA

SECONDARY SCHOOL

YEAR GROUP	NGRT	CAT-4	GL	IBT ARABIC A	IBT ARABIC B
YEAR 7	YES	NA	YES	YES	YES
YEAR 8	YES	YES	YES	YES	NA
YEAR 9	YES	NA	YES	YES	YES
YEAR 10	YES	YES	YES	YES	NA
YEAR 11	NA	NA	NA	NA	NA
YEAR 12	NA	NA	NA	NA	NA
YEAR 13	NA	NA	NA	NA	NA

PLEASE CHECK ERRATUM CORRECTED NOW IN BOTH RED BOXES ABOVE.

24) PREDICTED GRADES POLICY FOR YEARS 12 & 13: We would like to remind all parents and students to carefully go through this Policy that is available on our school website. The situation that unfolded over the last few years made many children realise, albeit too late the true value of being consistent with their study habits and not waiting until the last minute before exams to prepare and study. It is always best for every child to be **CONSISTENT AND HIGHLY REGULAR** with their study and ensure that they maintain a good level of attainment across all their assessment opportunities and prepare as well as they can for their Board Examinations. This will also help them to achieve better predicted grades as every assessment and examination counts towards the calculation of the same.

25) SUBJECT CHANGE POLICY, YEARS 9 TO 13: We would like to request all parents of children in these year groups to please go through the Subject Change Policy which is available in the Parents' Info section of the school website.

26) NO DISTRIBUTION OF ANY ITEMS (cakes/ candies/ chocolate/ and even non-edible items) FOR BIRTHDAY CELEBRATIONS: Parents are reminded that while the class would be happy to sing for your child on his/her birthday, there should be **STRICTLY NO DISTRIBUTION** of any food/ sweets or even non-edible items like small toys etc on your child's birthday.

27) PARENTS TAKING PICTURES AND VIDEOS ON SCHOOL PREMISES: All Parents are reminded that taking pictures and videos of children on the premises is a strict violation of Child Protection Policies. We understand that as parents it is exciting to capture memories but when other children are involved, it goes against all Child Protection Policies. We will do our best to send you all memories of various activities captured in school.

28) GATE ACCESS TO THE PREMISES: Parents are requested to kindly not use the church gates to access our premises for drop off and pick up. GATE 4 and GATE 5 are the school gates to be accessed.

29) STUDENT ABSENCES MUST BE INFORMED BY PARENTS: All parents are requested to kindly inform the class teacher via email whenever a child is absent, even if it is just for one day. A simple email with the reason for the absence will suffice but is mandatory. Unaccounted for absences will be marked as unjustified and will be reflected on students' progress reports.

30) PARENTS' WHATSAPP GROUPS: While a WhatsApp group maybe very useful for sharing important information that can be very helpful – sometimes essential – for busy parents, it has increasingly been noticed that these groups seem to have become breeding grounds for gossip, Chinese whispers and criticism. We are noticing more and more that a personal experience of a child or a staff member has become fodder for public comment, and this has extended to even the very private medical information of children being openly discussed on parent groups. There's a broader societal issue here. This is all very new to us adults. We must reflect on the example we're setting. We talk about what our children are doing online, but we don't reflect on our own behaviour; we don't have an agreed etiquette. We would like all parents, especially those in primary school to do some reflection on the unchecked chatter and quite often the vilifying of staff members in the parents' WhatsApp groups over the past year and ask yourself if that is truly helping you or rather creating unwanted stress. As a school, we would like you to reach out to the teachers or to Ms. Lise-Ann (in more urgent cases) rather than allow what could be one parent's opinion or perspective or misinterpretation in many cases, cloud the perspectives of all the rest. Let us try not to micromanage the children but have more faith in their capacity for resilience and courage.

While we continue to encourage you to use emails as the official channels for communication, we would like to offer some useful guidelines for the ethical use of WhatsApp groups should parents still feel the need for them.

Groups can be used to share:

- Reminders about deadlines, school activities, and events.
- Questions about school activities or special events e.g. what date the science project is due in, uniform or non-uniform day, when the deadline to pay for something is, etc.
- Sharing important information already posted in a circular to help reach more parents e.g. alerts about sickness, school policies, etc.
- Sharing information which can be useful to the other parents in the group e.g. where to buy costumes for dressing up days, ideas for projects, etc.
- Foster a sense of community.
- Sharing relevant community notices e.g. road closures or new traffic lights in the local area, etc.

We **STRONGLY discourage** the use of the groups to:

- **Gossip.**
- **Voice grievances.**
- **Share personal problems.**
- **Point out another child's behaviour.**
- **Discuss the work of teachers: if a parent has a concern regarding the teacher, that parent should speak with him or her directly.**
- **Raise individual concerns or complaints: if a parent has a particular concern or complaint regarding the school or any member of the Staff, that issue should be raised directly with the school.**
- **Share political or religious posts or discussions.**

31) URGENT QUERIES AND CONCERNS: If you have any urgent queries and concerns, kindly send an email to our Vice Principal , Ms. Lise-Ann on l.pinto-smchs@smgeducation.org and she will get back to you. Please include your telephone number in case she needs to call you.

We take this opportunity to wish each and every one of you a safe and happy term break. We wish safe travels to those families travelling and some quality family time with the rest of our Marian families.

Yours sincerely,



Mr. Paul Asir Joseph
(Principal)





OUR REF :

TRN : 104153998000003

Date: Friday, 10th October 2025

To: Parents of Students in Years 1-13:

FIRST TERM EXAMINATIONS–JANUARY 2026

EXAMINATION TIMETABLES , EXAMINATION PORTIONS AND EXAMINATION RULES AND REGULATIONS and SOME TIPS FOR COPING WITH EXAM STRESS

Dear Parents,

Greetings from St. Mary's. Following requests from several parents, we are sharing all key information with regards to the First Term Examinations well in advance so that as parents you have ample time to help your children. This will also help children to prepare purposeful study plans without getting overwhelmed by any last-minute preparation.

This information is being shared with parents three months in advance of the First Term Examinations so that study time and revision can be set and structured at a proper pace and students are able to practice and review smaller chunks of information at a time.

EXAMINATION TIMETABLES: We have attached the examination timetables to this circular. Please go through them carefully. These will also be posted under the examination tab on the school website.

EXAMINATION PORTIONS: All examination portions will be posted under the examination tab on the school website. These will also be posted in your child's GC and sent to the class group email.

EXAMINATION RULES AND REGULATIONS (YEARS 1-10 & 12):

If your child is sick, please email the class teacher and inform him/ her if your child is going to or has missed an exam/s. Some re-exams might be scheduled over the weekend or on a regular school day, depending on the number of exams missed. If it is the weekend, you will be informed of the day and time to bring your child in for the same. However, children must be prepared to take a missed assessment as soon as they return to school given that they should have already been prepared in advance. Portions and timetables are being shared three months in advance of exams.

- a) **Any absence will require a medical certificate to reschedule the assessment, even if the absence is only for ONE DAY. In the absence of a medical certificate, an exam will not be rescheduled, and no marks will be credited for that missed exam. Examinations will not be credited for leave that is not justified.**

This will impact children's academic progress, and we urge parents not to schedule holidays during working days. LEAVE CAN ONLY BE JUSTIFIED FOR A MEDICAL EMERGENCY (OF THE CHILD IN QUESTION) WITH A MEDICAL CERTIFICATE CLEARLY SPECIFYING THE DAY/ DAYS OF LEAVE OR A BEREAVEMENT EMERGENCY (reasonable days as per government regulations)

- b) Students must carry their stationery in a transparent plastic case or pouch. No borrowing will be permitted so please ensure that you have the required pens, pencils, erasers and geometry items as needed.
- c) **NO SMARTWATCHES ALLOWED AT ALL !!!**
- d) Students must not have in their possession any electronic devices to include but not limited to mobile phones, smart watches, tablets, laptops, Bluetooth devices, iPod, mp3/4 players etc. If any of these items are found with a student during a test , they will be given a zero.
- e) Students must not have any unauthorised material during an exam – notes, chits of paper with written notes, any written notes concealed in the desk or on the person. If any of these are found with a student during a test, they will be given a zero (irrespective of the intent or the lack of it)

- f) Students must not resort to any form of malpractice during an exam; they must not speak to any other students during an exam. Any form of malpractice will lead to being given a zero for that particular exam.
- g) Students writing with pen **MUST ONLY USE A BLACK BALL POINT PEN.**
- h) NO ink erasers, correcting fluid or ink killers are permitted for examinations.
- i) Students must be on time for exams; no extra time will be given to late comers.
- j) Students will not be sent home after exams unless there is a medical certificate requiring early dismissal on an examination day.

EXAMINATIONS THAT TAKE PLACE AS PART OF A REGULAR LESSON SCHEDULE

- 1) Computing Practical First Term Examination for Years 1-6 will take place in the regular computing lessons in the computer lab from **24th to 28th November 2025.**
- 2) English Language Spelling Test for Years 1-6 will take place in the regular English Language lessons from **24th to 28th November 2025.**
- 3) Reading for Pleasure for years 1-10 will take place on Tuesday, 6th January 2026.

FIRST TERM EXAMINATION RULES AND REGULATIONS **YEARS 11, 12 and 13 – JANUARY 2026**

- 1. **ALL CANDIDATES MUST REPORT AT 7:00 AM SHARP. Examinations will begin at 7:10 am. No extra time for later comers.**
- 2. **NO WRISTWATCHES ALLOWED AT ALL !!!** (This includes both smart watches and regular digital / analogue wrist watches as well). **NO ELECTRONIC DEVICES OF ANY SORT.** (Except a calculator) Any Bluetooth device found with a student during an exam will be considered as malpractice and will lead to disqualification.
- 3. Calculators **MUST NOT HAVE COVERS.**
- 4. Only **BLACK BALL POINT PENS** must be used.
- 5. Students must ensure that they have ample supply of their own stationery to include Black ballpoint pens, pencils (only for drawing), erasers, geometry equipment to include 30 cm rulers, protractors, compass, calculators (without covers), and tracing paper (for Maths) .
- 6. Cancellations of rough work or wrong answers must be made by cutting across them neatly with a **single line.**

7. The following are **STRICTLY PROHIBITED** : Correcting pens, correcting fluid or tape, erasable pens or blotting paper, highlighters or gel pens.
8. Students must not borrow or communicate in any way with, ask for help from or give help to another candidate while in the examination hall.
9. Students should raise their hands to attract an invigilator's attention.
10. If the fire alarm sounds, please remain seated and wait for instructions from the invigilator.
11. Only clear transparent plastic pouches or packets for stationery.
12. Water bottles must be transparent without any labels on it. Please remove the brand label if you are using commercial water bottles.
13. **FLASKS ARE NOT ALLOWED.**
14. Please note that any form of malpractice during the exams will lead to disqualification.
15. Students must be in proper school uniform. If you wish to wear a pullover / jacket inside the examination hall, please note that only the SCHOOL HOODIE or THE SCHOOL BRANDED VARSITY JACKET will be allowed. **However, during an exam, hoodies must not cover the ears or head.**
16. Students must not write any inappropriate , obscene or offensive material on paper.
17. If you leave the examination room unaccompanied by an invigilator before the exam has finished , you will not be allowed to return.
18. **ANY MALPRACTICE OF ANY KIND WILL LEAD TO DISQUALIFICATION.**

Please find attached some simple strategies to help students to cope with any associated Examination stress. Please remind children that they can always talk to their class teachers or the counsellor if they need help with preparing study plans or to help with time management.

Yours sincerely,



Mr. Paul Asir Joseph
(Principal)





FIRST TERM EXAMINATIONS – (YEARS 1 – 4) JANUARY 2026

DATE	DAY	YEAR ONE	YEAR TWO	YEAR THREE	YEAR FOUR
12 th Jan.	MON	English Writing	English Writing	English Writing	English Language
13 th Jan.	TUE	No exam	Arabic	UAE Social Stu.	Science
14 th Jan.	WED	Science	Moral Education	Arabic	Moral Education
15 th Jan.	THU	English Reading	English Reading	English Reading	English Lit.
16 th Jan	FRI	<i>A Day at the Park</i>	PSHE	Geography	Maths
19 th Jan.	MON	Maths	History	PSHE & History	Rel. Stu./ Values Ed./ Ctz
20 th Jan	TUE	Arabic	Maths	Maths	Arabic
21 st Jan	WED	<i>A Day of Science</i>	Science	Science	UAE Social Stu.
22 nd Jan	THU	Islamic Studies	Rel. Stu/Values Ed./ Ctz	Rel. Stu/Values Ed./ Ctz	History
23 rd Jan	FRI	<i>Favourite Book Character Day</i>	UAE SST	Moral Education	Geography & French
26 th Jan	MON	Class Outing	Class Outing	Class Outing	Class Outing



FIRST TERM EXAMINATIONS – (YEARS 5 & 6) JANUARY 2026

DATE	DAY	YEAR FIVE	YEAR SIX
12 th Jan.	MON	English Language	English Language
13 th Jan.	TUE	Moral Education & Art	Geography & French
14 th Jan.	WED	Geography	Rel. Stu./ Values Ed./ Ctz
15 th Jan.	THU	English Literature	English Literature
16 th Jan	FRI	Maths	Arabic
19 th Jan.	MON	History & French	UAE Social Studies & Art
20 th Jan	TUE	UAE SST	Moral Education
21 st Jan	WED	Rel. Stu./ Values ed./ Ctz	Science
22 nd Jan	THU	Arabic	History
23 rd Jan	FRI	Science	Maths
26 th Jan	MON	Class Outing	Class Outing



FIRST TERM EXAMINATIONS – (YEARS 7 & 8) JANUARY 2026

DATE	DAY	YEAR SEVEN	YEAR EIGHT
12 th Jan.	MON	English Literature 1 & 2	English Literature 1 & 2
13 th Jan.	TUE	English Language 1 & 2	English Language 1 & 2
14 th Jan.	WED	Science	Geography & French
15 th Jan.	THU	Moral Education	Rel. Stu./ Values Ed./ Ctz
16 th Jan	FRI	Arabic & Art	Maths Paper 1 & 2
19 th Jan.	MON	Geography & French	Moral Education & History
20 th Jan	TUE	History	Science
21 st Jan	WED	Rel. Stu./ Values Ed./ Ctz	UAE Social Studies
22 nd Jan	THU	Computing	Arabic
23 rd Jan	FRI	Maths & UAE SST	Computing & Art
26 th Jan	MON	Class Outing	Class Outing



FIRST TERM EXAMINATIONS – (YEARS 9 & 10) JANUARY 2026

DATE	DAY	YEAR NINE	YEAR TEN
12 th Jan.	MON	English Language 2 English Language 1	English Language 2 English Language 1
13 th Jan.	TUE	Rel. Stu./ Values Ed & English Lit2	Physics/ Business
14 th Jan.	WED	Chemistry/ Economics	Moral Education
15 th Jan.	THU	Moral Education & UAE SST	English Literature 1 / History1 / Art (before and after break)
16 th Jan	FRI	Biology /Accounting & Geography	Maths Cal and Non Cal
19 th Jan.	MON	Math Paper 1 & 2	Psychology & ICT/ Computer Science
20 th Jan	TUE	English Literature 1 / History/ Art(Art continues after break)	Biology /Accounting & English Lit 2 /History2
21 st Jan	WED	Psychology & Geography	Arabic & (Art -after break)
22 nd Jan	THU	ICT/ Computer Science	Chemistry/ Economics (Art -after break)
23 rd Jan	FRI	Physics/ Business	UAE SST
26 th Jan	MON	Arabic	Rel. Stu./ Values Ed



FIRST TERM EXAMINATIONS – (YEAR 11) JANUARY 2026

DATE	DAY	SESSION ONE	SESSION TWO
12 th Jan.	MON	Physics 1- 1h 15 min Business Studies 1-1h 45 min	Economics 1-1h 30 min Chemistry 1-1h 15 min
13 th Jan.	TUE	Mathematics (CAL P2)- 1h 30 min	Mathematics (CAL P3)- 1h 30 min
14 th Jan.	WED	English Language 2-2hrs 05 min	English Language 1-1h 45 min
15 th Jan.	THU	Physics 2-1h 15 min Business Studies 2-1h 45 min	English Literature 1-1h 45 min History 1 -1h 30 min
16 th Jan	FRI	Math (NC P1) – 1hr 30 min	Psychology 1- 1h 45 min
19 th Jan.	MON	Economics 2-1h 30 min Chemistry 2-1h 15 min	ICT-1h 30 min Computer Science- 2 hours
20 th Jan	TUE	Biology 1-1h 15 min Accounting 1-2hrs	Biology 2-1h 15 min Accounting 2-1h 15 min
21 st Jan	WED	Religious Studies 1- (Bible/ Islamic A & B)	Religious Studies 2- (Bible/ Islamic A & B)
22 nd Jan	THU	English Literature 2-2h 15 min History 2- 1h 30 min	Arabic (A) Arabic (NA)
23 rd Jan	FRI	Psychology 2-1h 20 min	-----
26 th Jan	MON	ART	ART
27 th Jan	TUE	Regular school day for year 11 students ; only ART students will continue their exam	Regular school day for year 11 students; only ART students will continue their exam



FIRST TERM EXAMINATIONS – (YEAR 12) JANUARY 2026

DATE	DAY	SESSION ONE	SESSION TWO
12 th Jan.	MON	Physics 1- 2hrs	-----
13 th Jan.	TUE	Mathematics (Pure)- 2hrs	Arabic (A) 2hrs 30 min
14 th Jan.	WED	Biology 1-2hrs	English Literature 1-2hrs
15 th Jan.	THU	Psychology 1-2hrs	-----
16 th Jan	FRI	Economics 1-2hrs	Islamic Studies -2hrs
19 th Jan.	MON	Business Studies 1-2hrs	-----
20 th Jan	TUE	English Literature 2-2hrs	Mathematics (Statistics)- 1 hr
21 st Jan	WED	Accounting 1-3hrs	Chemistry 1- 2 hrs
22 nd Jan	THU	REGULAR LESSONS	REGULAR LESSONS
23 rd Jan	FRI	REGULAR LESSONS	REGULAR LESSONS
26 th Jan	MON	REGULAR LESSONS	REGULAR LESSONS



FIRST TERM EXAMINATIONS – (YEAR 13) JANUARY 2026

DATE	DAY	SESSION ONE	SESSION TWO
12 th Jan.	MON	Biology 1- 2hrs 15 min	Biology 2- 2hrs 15 min
13 th Jan.	TUE	Business 1-2hrs	Business 2-2hrs
14 th Jan.	WED	English Literature 3- 2 hrs & Islamic Studies – 2 hrs	English Literature 4-2hrs
15 th Jan.	THU	Mathematics Pure 1-2hrs	Mathematics Pure 2-2hrs
16 th Jan	FRI	Psychology 1- 2hrs	Psychology 2- 2hrs
19 th Jan.	MON	Physics 1-2hrs 15 min	Physics 2- 2 hours 15 min
20 th Jan	TUE	Chemistry 1-2hrs 15 min	Chemistry 2-2hrs 15 min
21 st Jan	WED	Economics 1-2hrs	Economics 2-2hrs
22 nd Jan	THU	Arabic A-2h 30 min	Mathematics 3 Mechanics & Statistics-2hrs
23 rd Jan	FRI	Accounting 2-3 hrs	-----
26 th Jan	MON	REGULAR LESSONS	REGULAR LESSONS

TOP TIPS TO REDUCE TEENAGE EXAM STRESS



TOP TIP TO BEAT EXAM ANXIETY AND STRESS

1

**CREATE A SUITABLE STUDY
SPACE FOR YOUR TEENAGER**

**ENCOURAGE A BALANCED
STUDY ROUTINE**

2

3

**REDUCE EXTERNAL STRESSORS
FOR YOUR TEENAGER**

**BOOST YOUR KIDS CONFIDENCE,
SELF-ESTEEM, SELF-WORTH**

4

5

**ENCOURAGE TIME OUT,
TIME FOR PLAY**

**REDUCE TECHNOLOGY
OVERLOAD, SWITCH OFF**

6

7

**TEACH THEM HOW TO
MEDITATE AND RELAX**

**HELP THEM GET DEEP
QUALITY SLEEP**

8

BEAT EXAM FEAR WITH THESE 7 TIPS

1. Believe you can do it.
2. Prepare well and be on time.
3. Do not compare yourself to others.
4. Ban negative thoughts from your mind.
Instead have a positive mantra and repeat that in your mind.
5. Ignore any previous negative exam experiences. You live in the present and that is what counts.
6. Have a good night sleep before the exams and eat healthily.
7. Do imagery exercises the days leading up to the exam seeing yourself succeeding.

Do you want more tips?



TIPS TO AVOID SLEEP WHILE STUDYING

LIFELONG PUBLISHING

- Study in a well-lit area. Bright light helps suppress melatonin, the sleep hormone.
- Keep the room cool but comfortable. A slightly cooler environment can improve alertness.
- Find a quiet place to study, silence your phone notifications, and avoid multitasking.
- Dehydration can lead to fatigue. Sip water throughout your study session.
- Choose brain-boosting snacks like nuts, fruits, or yogurt. Avoid sugary treats that can cause a crash.
- Get up and move around every 30-60 minutes. Do some stretches, jumping jacks, or take a walk outside for fresh air.
- Don't just passively read. Take notes, summarize key points, create flashcards, or explain concepts out loud.
- Alternate between different study tasks to keep things interesting.

BEAT EXAM STRESS



GET SOME SLEEP

If you go to bed feeling anxious, you'll find it harder to fall asleep. Avoid starting a new chapter of revision late in the day. Everything will still be there in the morning when your mind is fresh



DON'T AVOID TOPICS YOU DISLIKE

If a particular subject is causing issues, don't dwell on it for too long but don't forget about it completely. Changing your study environment or talking through it with someone can work wonders



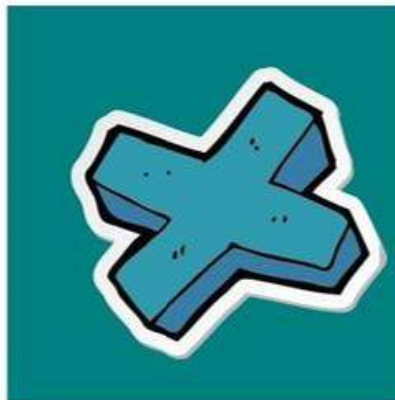
FUEL YOURSELF EFFECTIVELY

Snacking on junk food while revising is all too easy, but won't do you any good. Brain foods like blueberries, avocados and salmon aid memory function. Also, don't be tempted to overdo the caffeine- too much can have negative effects



FLEX YOUR MIND AND BODY

Any form of exercise is good during exam time. Yoga is particularly good at stimulating your brain to produce chemicals to control calmness. Deep, slow breathing techniques can aid relaxation. And even a few daily minutes of mindfulness can stop you feeling overwhelmed



AVOID NEGATIVE VIBES

Avoid being a sounding board for moans from your friends- a "who's more stressed?" contest will do neither of you any good. Tune your TV to a comedy series rather than a news bulletin



SCHEDULE IN A TREAT

Have something other than a single track focus on exam day. Book in a break away with friends that you can start looking forward to.



OUR REF :

TRN : 104153998000003

DATE: Friday, 10th October 2025**To: Parents of YEAR 12 STUDENTS****PREDICTED GRADES AND PREDICTED GRADE POLICY**

Dear Parents,

Greetings from St. Mary's. We are writing to you to discuss an important concept of predicted grades as your child is on the cusp of pre-university decisions.

Predicted grades estimate a student's likely final result based on their academic performance during their GCE / IAL programme of study, playing a pivotal role in university applications. While crucial for conditional offers in the UK, they hold less weight in the USA, where a holistic review approach is preferred. In Europe, the importance of predicted grades varies by country and institution.

At Saint Mary's Catholic High School, we follow a Predicted Grade Policy that is data based and reflects student's actual academic performance. The school does not deviate from this policy when applications for predicted grades are made by students.

We believe it is critical that every parent of our year 12 cohort takes time during this mid-term break to carefully read this policy with your child and if you wish to have any further clarification , we are always here to talk to you face-to-face.

Please fill in the acknowledgement slip below and send it back with your child to give to their class teacher.

Yours sincerely,

Mr. Paul Asir Joseph
(Principal)

**Please tick below:**

- ☐ **I have fully read and understood the Predicted Grade Policy.**
- ☐ **I wish to have an in-person meeting with a member of the leadership team to seek some clarifications.**

NAME OF CHILD : _____**NAME OF PARENT :** _____**PARENT MOBILE NUMBER :** _____**PARENT SIGNATURE :** _____ **DATE:** _____



ST. MARY'S Catholic High School, Dubai



ANNUAL ATHLETIC MEET 2025-2026

EVENTS FOR BOYS'

YEARS 5 & 6 Sub-Junior	Born on or After 1-1-2014	100m	200m	400m	Long Jump	Shot put	4x100m Relay		
YEARS 7 & 8 Junior	Born on or After 1-1-2012	100m	200m	400m	800m	Long Jump	Shot put	4x100m Relay	
YEARS 9 & 10 Senior	Born on or After 1-1-2010	100m	200m	400m	800m	1500m	Long jump	Shot put	4x100m Relay
YEARS 11,12&13 Super Senior	Born on or Before 31-12-2006	100m	200m	400m	800m	1500m	Long Jump	Shot put	4x100m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay. (Either two track & one field event or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
- Any overaged students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)

❖ Points will be awarded as follows

- First Place - 05
- Second Place - 03
- Third Place - 01

❖ For the relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.

Mr. Christopher Chandra
HOD -P E

Mr. Paul Asir Joseph
Principal



ST. MARY'S *Catholic High School, Dubai*

ANNUAL ATHLETIC MEET 2025-26

EVENT FOR BOYS'

DAY	DATE	EVENT	PERIOD	CLASS
MONDAY	27/10/2025	800M	BREAK	YR 11,12 & 13
TUESDAY	28/10/2025	800M	BREAK	YR 9 & 10 B, C, F
MONDAY	03/11/2025	LONG JUMP&SHOTPUT	BREAK	YR 11,12 & 13
TUESDAY	04/11/2025	LONG JUMP&SHOTPUT	BREAK	YR 9 & 10 B, C, F
MONDAY	10/11/2025	400M	BREAK	YR 11,12 & 13
TUESDAY	11/11/2025	400M	BREAK	YR 9 & 10 B, C, F
MONDAY	17/11/2025	800M	BREAK	YR 7 & 8 B, C, F
TUESDAY	18/11/2025	400M	BREAK	YR 7 & 8 B, C, F
MONDAY	24/11/2025	1500M	BREAK	YR 11,12 & 13
TUESDAY	25/11/2025	1500M	BREAK	YR 9 & 10 B, C, F
MONDAY	05/01/2026	200M	BREAK	YR 11,12 & 13
TUESDAY	06/01/2026	200M	BREAK	YR 9 & 10 B, C, F
MONDAY	12/01/2026	100M	BREAK	YR 11,12 & 13
TUESDAY	13/01/2026	100M	BREAK	YR 9 & 10 B, C, F

YEARS 5, 6, 7 & 8 EVENTS WILL BE CONDUCTED DURING SPORTS PERIOD



ST. MARY'S Catholic High School, Dubai



ANNUAL ATHLETIC MEET 2025-2026

EVENTS FOR GIRLS'

YEARS 5 & 6 Sub-Junior	Born on or After 1-1-2014	100mts	200mts	400mts	Long Jump	Shot Put	4x100m Relay	
YEARS 7 & 8 Junior	Born on or After 1-1-2012	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4x100m Relay
YEARS 9 & 10 Senior	Born on or After 1-1-2010	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4 x 100 m Relay
YEARS 11, 12 & 13 Super Senior	Born on or Before 31-12-2006	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4 x 100 m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay. (Either two track & one field event or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
- Any overaged students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)

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- First Place - 05
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❖ For the relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.



Mr. Christopher Chandra
HOD -P E





Mr. Paul Asir Joseph
Principal



ST. MARY'S *Catholic High School, Dubai*

ANNUAL ATHLETIC MEET 2025-26

EVENT FOR GIRLS'

DAY	DATE	EVENT	PERIOD	CLASS
WEDNESDAY	29/10/2025	800M	BREAK	YR. 7 & 8 A, D & E
THURSDAY	30/10/2025	400M	BREAK	YR 11, 12 &13
WEDNESDAY	05/11/2025	400M	BREAK	YR. 9 &10 A, D & E
THURSDAY	06/11/2025	400M	BREAK	YR. 7 & 8 A, D & E
WEDNESDAY	12/11/2025	200M	BREAK	YR 11, 12 &13
THURSDAY	13/11/2025	200M	BREAK	YR. 9 &10 A, D & E
WEDNESDAY	19/11/2025	200M	BREAK	YR. 7 & 8 A, D & E
THURSDAY	20/11/2025	LONG JUMP &SHOT PUT	BREAK	YR 11, 12 &13
WEDNESDAY	26/11/2025	800M	BREAK	YR. 9 &10 A, D & E
THURSDAY	27/11/2025	800M	BREAK	YR. 7 & 8 A, D & E
WEDNESDAY	07/01/2026	100M, LONG JUMP & SHOT PUT	BREAK	YR 11, 12 &13
THURSDAY	08/01/2026	100M, LONG JUMP & SHOT PUT	BREAK	YR. 9 &10 A, D & E

YEARS 5, 6, 7 & 8 EVENTS WILL BE CONDUCTED DURING SPORTS PERIOD



ST. MARY'S *Catholic High School, Dubai*

OCTOBER 2025 CALENDAR

(FOR PARENTS AND STUDENTS)

VERSION 2.0- 10th October 2025- updated

Wed, 1 st Oct	Mid-term assessments years 2-10 School team training -boys
Thu, 2 nd Oct	Mid-term assessments years 2-10 School team training -girls
Fri, 3 rd Oct	Building Our Future Stars
Sat, 4 th Oct	Year 13 Extra classes: BUSINESS STUDIES & ECONOMICS Building Our Future Stars
Sun, 5 th Oct	
Mon, 6 th Oct	Mid-term assessments years 2-10 School team training -boys
Tue, 7 th Oct	Mid-term assessments years 2-10 YEAR One outing to WADI AL HAMMAR School team training -girls
Wed, 8 th Oct	Mid-term assessments years 2-10 School team training -boys
Thu, 9 th Oct	Mid-term assessments years 2-10 School team training -girls BREAST CANCER AWARENESS SESSION –Girl's years 11-13 (9:00 -10:00 am MAIN HALL)

Fri, 10 th Oct	PINK DAY- BREAST CANCER AWARENESS DAY-COLOURED CLOTHES DAY Mid-term assessments years 2-10 TIMETABLES AND PORTIONS FOR THE FIRST TERM JANUARY 2026 EXAMS SENT TO PARENTS & STUDENTS Building Our Future Stars
Sat, 11 th Oct	START OF MID TERM BREAK-SCHOOL OFFICE CLOSED Building Our Future Stars
Sun, 12 th Oct	MID-TERM BREAK
Mon, 13 th Oct	MID-TERM BREAK
Tue, 14 th Oct	MID-TERM BREAK
Wed, 15 th Oct	MID-TERM BREAK
Thu, 16 th Oct	MID-TERM BREAK
Fri, 17 th Oct	Building Our Future Stars MID-TERM BREAK
Sat, 18 th Oct	Building Our Future Stars MID-TERM BREAK-SCHOOL OFFICE CLOSED
Sun, 19 th Oct	MID-TERM BREAK
Mon, 20 th Oct	SCHOOL RESUMES AFTER MID-TERM BREAK GL CAT-4 EXAMS - Years 4A, 4E, 10B, 10C, 10F-students in these classes to bring a fully charged laptop or tablet. COLOURED CLOTHES DAY Outdoor Assembly commences School team training -boys

Tue, 21 st Oct	YEAR Two outing to WADI AL HAMMAR YEAR Five outing to UNS FARMS GL CAT-4 EXAMS : Years 4D, 4F, 6B, 8A, 8B, 8F- students in these classes to bring a fully charged laptop or tablet. School team training -girls
Wed, 22 nd Oct	School team training –boys GL CAT-4 EXAMS : Years 4B, 4C,6D, 8C,- students in these classes to bring a fully charged laptop or tablet.
Thu, 23 rd Oct	School team training –girls GL CAT-4 EXAMS :Years 6A, 6C, 6F,8D-- students in these classes to bring a fully charged laptop or tablet. YEAR 4 FHC PARENT FORMATION SESSION-6:00-7:30 PM
Fri, 24 th Oct	GL CAT-4 EXAMS: Years 6E, 8E, 10A, 10D, 10E- students in these classes to bring a fully charged laptop or tablet. Building Our Future Stars
Sat,25 th Oct	Year 13 Extra classes: BIOLOGY & CHEMISTRY Building Our Future Stars SCHOOL OFFICE OPEN 8:00 am – 12:00 pm
Sun, 26 th Oct	
Mon, 27 th Oct	School team training -boys
Tue, 28 th Oct	School team training -girls
Wed, 29 th Oct	YEAR Six outing to UNS FARMS School team training -boys
Thu, 30 th Oct	School team training -girls
Fri, 31 st Oct	COLOURED CLOTHES DAY Building Our Future Stars



هيئة الصحة بدبي
DUBAI HEALTH AUTHORITY



Influenza



Fight Influenza,
it starts with you

What is seasonal influenza?

Seasonal influenza is an acute viral infection that spreads easily among humans in all age groups. It mainly affects the respiratory system, especially the nose, throat and lungs. It is transmitted by inhaling the droplets when coughing, sneezing or interacting with an infected person. It can also spread by touching surfaces or substances contaminated with the influenza virus and then touching the eyes, mouth or nose. The severity of infection ranges from mild to severe and can sometimes lead to death.

What are the symptoms of influenza?



Sudden rise in body temperature



Dry cough



Feeling tired and fatigue



Body ache and muscles pain



Runny or blocked nose



Sore throat



Headache



Vomiting or diarrhea, especially in children

What are the complications of influenza?

Most people with influenza recover within a few days to around two weeks, however, some people can develop complications such as:



Pneumonia & bronchitis or bronchiolitis



Inflammation of the ears or sinuses



Further deterioration in the health condition of people with chronic disease that could become critical

How can you protect yourself from influenza?

The best way to prevent influenza and avoid serious complications is to get the influenza vaccine every year, other preventive measures recommended to reduce the spread of infection are:

- Washing the hands frequently with soap and water for at least 20 seconds
- Covering the nose and mouth with a tissue when sneezing and coughing
- Cleaning and disinfecting surfaces regularly and avoiding touching the eyes or mouth immediately after touching contaminated surfaces
- Avoiding contact with infected people

What is the influenza vaccine?

It is a vaccine that contains an inactivated virus (Ineffective in causing disease) that is once taken, triggers the immune system to produce antibodies to the virus, this may take up to two weeks, after which the body acquires immunity to protect itself against the seasonal influenza virus infection.



When should you get the influenza vaccine?

It is advisable to take the influenza vaccine once a year before the winter season, between September and October, but it is also possible to take the vaccine at any time until March to avoid getting the influenza viruses still circulating in the community.

Why do you need to vaccinate against influenza every year?

The influenza viruses are constantly exposed to multiple mutations, causing the virus to change its shape every year, and emerging new strains that deceive the human immune system. Therefore in order to keep pace with these changes, influenza vaccines are developed annually to suit the strains that spread every winter.

Who can take the Influenza vaccine?

Vaccination can be given to anyone 6 months or older, but the following groups are more likely to have Influenza complications and should be vaccinated:

- Children aged 6 months to 5 years
- Adults over 65 years of age
- Pregnant women at any stage of pregnancy
- People with a weakened immune system due to diseases or medications (such as cancer patients, people with HIV / AIDS and those taking immune-suppressant treatment)
- People with chronic diseases such as asthma / heart disease / diabetes / kidney and liver diseases
- Healthcare workers
- Travelers to Hajj and Umrah

What are the contraindications for taking the Influenza vaccine?

- Infants under the age of 6 months
- People who are allergic to any component of the vaccine, or who have had an allergic reaction to it in the past
- People with severe or mild symptoms, with or without fever

Is the Influenza vaccine safe?

The Influenza vaccine is a safe vaccination with minor side effects that can include:

- Mild pain, redness or swelling at the injection site
- Mild fever
- Sore throat
- Mild body aches

Where can you get the Influenza vaccine?

The Influenza vaccine is provided at all DHA primary healthcare centres and private healthcare providers



READING BINGO

10/10/2025- 10/11/2025



Read while Eating something Frozen	Read a Fairytale 	Read a Shopping List 	 Read in a Public Library	 Read to your Sibling
Read in your Pajamas 	Read to your Pet 	 Read to your Toy	Read a Non-Fiction	Read a Set of Instructions for a Game
Read by the Pool 	Have Someone Read to You	Read a Book about a Animals	Have a Reading Party with your Family	 Read a Restaurant Menu
Read a Nature Book	 Read by the Window	Read in a Comfy Chair	Read a Poem	Read for an Hour
 Read Under a Tree	Read a Recipe	Read the Back of a Cereal Box 	Read while Eating	Read a Fiction

Reading Bingo Rules (Years 1-3)

- Reading Bingo is intended to foster the students' love for reading.
- Books read must be age appropriate.
- The challenge runs from 10th October, 2025- 10th November 2025.
- Students are required to read and complete one full row of challenges either vertically, or horizontally, or diagonally to gain entry into the leader board.
- Every time you read and finish a challenge, tick the box. One book applies to one box only.
- No academic books or books from our curriculum will be accepted.
- For the yellow box challenge you may read in hard copy (book) or soft copy (tablet, e-reader, PDF). However you will be required to bring it in (book or the digital link).
- For the blue box challenge parents need to send the photograph to their English teachers that clearly identifies with the challenge.
- You will be asked to share or talk or do a simple check about your reading so that the teachers can check your progress and enter your name in the leader board.
- Try to make a line by completing five boxes in a row – it would be good to see if you can complete two or more lines.
- The biggest challenge? A Full House! – finish every box on the bingo board.
- Read for fun, explore new kinds of books, and enjoy the journey while you aim for your lines!



ST. MARY'S CATHOLIC HIGH SCHOOL, DUBAI

READING BINGO

Read a Book with an Animal in the Title	Read a Poetry Collection	Read a Book Set in School	Read a Book with more than 100 Pages	Read a Graphic Novel
Read a Classic	Read a Book with a 4 Word Title	Read a Book Set in a Place You have Never Been to	Read a Book with a Mythical Creature	Read a Book that is a Part of a Series
Read a Science Fiction Novel	Read a Book with a Person's Name in the Title	Read a Book (Traditional Story) from a Different Culture	Read a Book your Friend Loves	Read a Book that you would Like to Re-Read
Read a book that has been adapted into a Movie	Read a Book based on a True Story	Read a Book about Friendship	Read a Book about Someone Famous	Read a Book your Parents read as Kids
Read a Fairy Tale	Read a Comic	Read a Book in which the Main Character has a Disability or Unique Ability	Read a Book Written by your Favourite Author	Read a Book on Adventure

Reading Bingo Rules (Years 4-6)

- Reading Bingo is intended to foster the students' love for reading.
- Books read must be age appropriate.
- The challenge runs from 10th October, 2025- 10th November 2025.
- Students are required to read and complete one full row of challenges either vertically, or horizontally, or diagonally to gain entry into the leader board.
- Every time you read and finish a challenge, colour in or tick the box. One book applies to one box only.
- No academic books or books from our curriculum will be accepted.
- You may read in hard copy (book) or soft copy (tablet, e-reader, PDF). However you will be required to bring it in (book or the digital link).
- You will be asked to share or talk or do a simple check about your reading so that the teachers can check your progress and enter your name in the leader board.
- Try to make a line by completing five boxes in a row – it would be good to see if you can complete two or more lines.
- The biggest challenge? A Full House! – finish every box on the bingo board.
- Read for fun, explore new kinds of books, and enjoy the journey while you aim for your lines!



Reading Bingo



10/10/2025- 10/11/2025

Read a Thriller/ Detective Novel	A Poetry Collection	Read a Book from the Best Seller List	Read a Book with more than 100 Pages	Read an Award Winning Book
Read a Classic	Read a book About Well-Being	Read a Book Set in a Place you have Never Been to	Read a Book with a Mythical Creature	Read a Book that is a Part of a Series
Read a Science Fiction Novel	Read a Book with a Person's Name in the Title	Read a Book that got Published this Year	A Book your Friend Loves	Read a Book that you would Like to Re-Read
Read a book that has been adapted into a Movie	Read a Book Based on a True Story	 Read a Dystopian Novel	Read a Biography	Read a Book your Parents read as Teenagers
Read a book by a Female Author	Read a Comic	Read a Book in which the Main character has a Disability or Unique Ability	Read a Book Written by your Favourite Author	Read a Book on Adventure

Reading Bingo Rules (Years 7–10)

- Reading Bingo is intended to foster the students' love for reading.
- Books read must be age appropriate.
- The challenge runs from 10th October, 2025- 10th November 2025.
- Students are required to read and complete one full row of challenges either vertically, or horizontally, or diagonally to gain entry into the leader board.
- Every time you read and finish a challenge, colour in or tick the box. One book applies to one box only.
- No academic books or books from our curriculum will be accepted.
- You may read in hard copy (book) or soft copy (tablet, e-reader, PDF). However you will be required to bring it in (book or the digital link).
- You will be asked to share or talk or do a simple check about your reading so that the teachers can check your progress and enter your name in the leader board.
- Try to make a line by completing five boxes in a row – it would be good to see if you can complete two or more lines.
- The biggest challenge? A Full House! – finish every box on the bingo board.
- Remember, the goal isn't just to complete the board, but to challenge yourself with new genres and deepen your reading experience!



ST. MARY'S *Catholic High School, Dubai*

GCSE GRADUATION CEREMONY **FOR THE CLASS OF 2024-2025**



The GCSE GRADUATION CEREMONY FOR THE CLASS OF 2024 - 2025 will be held on FRIDAY, 7th NOVEMBER 2025 at 5:00 PM in the MAIN HALL AT ST. MARY'S CATHOLIC HIGH SCHOOL DUBAI.

There will be a rehearsal on Wednesday, 29th October 2025 from 2:30 pm until 5:00 pm in the Main Hall. Students will receive their invitations and Graduation Gowns on the day of the rehearsal. The cost of AED 275/- for the hiring of the Graduation Gown as well as 1 Graduation USB with the photographs and videos, and other incidentals should be paid on the day of the Rehearsal. Please bring the exact amount. Only TWO adults per graduate can be accommodated in the Hall. No exceptions can be made due to space constraints.

ALL STUDENTS WHO WISH TO ATTEND THE GRADUATION CEREMONY MUST COME FOR THE REHEARSAL. STUDENTS WHO ARE NO LONGER IN SMCHS, DUBAI, WILL ONLY BE ALLOWED TO COLLECT THEIR GOWNS FROM 12:00 PM - 1:30 PM ON THE DAY OF THE REHEARSAL. STUDENTS IN YEAR 12 AT THE SCHOOL WILL BE GIVEN ANOTHER DATE TO COLLECT THE GOWNS. PLEASE NOTE THAT THE REHEARSAL WILL BEGIN AT 2:30 PM SHARP. STUDENTS WHO DO NOT ATTEND THE REHEARSAL WILL NOT BE PERMITTED TO ATTEND THE GRADUATION CEREMONY.

