



ST. MARY'S *Catholic High School, Dubai*

LESSON TIMINGS : ACADEMIC YEAR 2025 - 2026 (Effective 5th Jan 2026)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Assembly & Registration	7:10 - 7:25 AM	Assembly & Registration	7:10 - 7:25 AM	Assembly & Registration	7:10 - 7:25 AM	Assembly & Registration	7:10 - 7:30 AM	No Assembly Registration (National Anthem in class)	7:05 - 7:15 AM
Zero Lesson	7:25 - 8:05 AM	Zero Lesson	7:25 - 7:55 AM	Zero Lesson	7:25 - 8:05 AM				
First Lesson	8:05 - 8:45 AM	First Lesson	7:55 - 8:35 AM	First Lesson	8:05 - 8:45 AM	First Lesson	7:30 - 8:15 AM	First Lesson	7:15 - 7:55 AM
Second Lesson	8:45 - 9:25 AM	Second Lesson	8:35 - 9:15 AM	Second Lesson	8:45 - 9:25 AM	Second Lesson	8:15 - 9:00 AM	Second Lesson	7:55 - 8:35 AM
Third Lesson	9:25 - 10:05 AM	Third Lesson	9:15 - 9:55 AM	Third Lesson	9:25 - 10:05 AM	Third Lesson	9:00 - 9:45 AM	Third Lesson	8:35 - 9:10 AM
Fourth Lesson	10:05 - 10:45 AM	Fourth Lesson	9:55 - 10:35 AM	Fourth Lesson	10:05 - 10:45 AM	Fourth Lesson	9:45 - 10:25 AM	Fourth Lesson	9:10 - 9:45 AM
Break	10:45 - 11:10 AM	Break	10:35 - 11:05 AM	Break	10:45 - 11:10 AM	Break	10:25 - 10:50 AM	Break	9:45 - 9:55 AM
Fifth Lesson	11:10 - 11:50 AM	Fifth Lesson	11:05 - 11:45 AM	Fifth Lesson	11:10 - 11:50 AM	Fifth Lesson	10:50 - 11:35 AM	Fifth Lesson	9:55 - 10:35 AM
Sixth Lesson	11:50 AM - 12:30 PM	Sixth Lesson	11:45 AM - 12:25 PM	Sixth Lesson	11:50 AM - 12:30 PM	Sixth Lesson	11:35 AM - 12:15 PM	Sixth Lesson	10:35 - 11:15 AM
Seventh Lesson	12:30 - 1:10 PM	Seventh Lesson	12:25 - 1:05 PM	Seventh Lesson	12:30 - 1:10 PM	Seventh Lesson	12:15 - 1:05 PM		
Eighth Lesson	1:10 - 1:50 PM	Eighth Lesson	1:05 - 1:50 PM	Eighth Lesson	1:10 - 1:50 PM	Eighth Lesson	1:05 - 1:50 PM		

Note : The seventh lesson on Friday has moved to the zero lesson on Wednesday