



ST. MARY'S Catholic High School, Dubai



ANNUAL ATHLETIC MEET 2026-2027

EVENTS FOR BOYS'

YEARS 5 & 6	Born on or after 1-1-2015	100m	200m	400m	Long Jump	Shot put	4x100m Relay		
YEARS 7 & 8	Born on or after 1-1-2013	100m	200m	400m	800m	Long Jump	Shot put	4x100m Relay	
YEARS 9 , 10 and 11	Born on or after 1-1-2010	100m	200m	400m	800m	1500m	Long Jump	Shot put	4x100m Relay
YEARS 12 and 13	YEARS 12 and 13	100m	200m	400m	800m	1500m	Long Jump	Shot put	4x100m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding Relay. (Either two track & one field event or one track & two field events).
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for Relay team to represent their houses.
- Any overaged students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First (Gold), Second (Silver) & Third (Bronze)
 - ❖ Points will be awarded as follows

- First Place - 05
- Second Place - 03
- Third Place - 01

❖ For the Relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding Relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.

Mr. Christopher Chandra
HOD -P E



Mr. Paul Asir Joseph
Principal



ST. MARY'S Catholic High School, Dubai



ANNUAL ATHLETIC MEET 2026-2027 EVENTS FOR GIRLS'

YEARS 5 & 6	Born on or after 1-1-2015	100mts	200mts	400mts	Long Jump	Shot Put	4x100m Relay	
YEARS 7 & 8	Born on or after 1-1-2013	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4x100m Relay
YEARS 9, 10 and 11	Born on or after 1-1-2010	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4 x 100 m Relay
YEARS 12 and 13	YEARS 12 and 13	100mts	200mts	400mts	800mts	Long Jump	Shot Put	4 x 100 m Relay

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding Relay. (Either two track & one field event or one track & two field events).
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for Relay team to represent their houses.
- Any overaged students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First (Gold), Second (Silver) & Third (Bronze)

❖ Points will be awarded as follows

- First Place - 05
- Second Place - 03
- Third Place - 01

❖ For the Relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding Relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.



Mr. Christopher Chandra
HOD - P E





Mr. Paul Asir Joseph
Principal